



G Adventures

Our world deserves more you.

Active

Small Group Experiences

Hiking & Trekking • Cycling • Multisport



What you bring is much more than what you pack.

When you're experiencing all the incredible wonders the world offers, what you bring travels so much further than the destination itself. You bring who you are — your personality, your dreams, your stories — to the people you meet and the cultures you encounter. What you give is just as life changing as what you get back. To all of us, all over the world. So get out there and show our world what you're all about. We can't wait to see what you have to offer.





How will our world shape your story?

On our small group tours, you come home with so much more than photos and souvenirs — you bring back everything you discover from the places you visit and the people you meet. Whether it's swimming with white-tip reef sharks or hiking through the desert at night, these are the stories you'll carry with you for the rest of your life. And the ones you'll leave behind that will fondly linger in the minds of the people you met forever. Our world is full of stories from people like you who get out there and experience it. How can we help you write yours?

Share your story by tagging [@gadventures](#).







At Sasane's momo cooking class, mo' momos mean less problems, as far as we're concerned.

G for Good

From our company's leader to the people who lead our tours, the experiences we share not only impact our travellers, but the people, local communities, and places we visit as well.

G for Good is all of the social, moral, and ethical Good we create as a business. This includes the social enterprises developed by the Planeterra Foundation, the introduction of industry firsts like our Ripple Score and welfare guidelines, the initiation of our Plastics Partnership Project, and so much more.

G for Good is what makes us, us throughout our beautiful world each and every day. With your help, we can make travel the force for good we've known it can be since our company was established almost three decades ago.



Discover how local crafts are made at the Moshi Mamas Handicraft Cooperative in Tanzania.

Plastics Partnership Project

While G Adventures has been working to reduce our plastic footprint for years, the greatest impact will happen with the support of our travellers, our suppliers, and our employees. This year, we're introducing our Plastics Partnership Project to engage as many of our partners as we can to eliminate as much single-use plastic as possible. Currently, 80% of our global accommodations provide safe drinking water for refillable bottles — which prevents millions of unnecessary small plastic bottles from going to landfills. It's a good start, but only the beginning, and just one example of how much more impactful we can be when we work together.

Child Welfare

G Adventures actively works to ensure children are protected and respected in the places you visit. With Child Safe Movement, we've created Global Good Practices Guidelines. And we have used these guidelines to shape our own internal Child Welfare Policy,

G Values Fund

Our CEOs are the best tour leaders the world has to offer. The G Values Fund helps them further provide amazing experiences to our travellers with low interest loans that bring their travel business ideas to life.

Planeterra Social Enterprises

Planeterra is our non-profit partner dedicated to ensuring that people touched by tourism benefit from its opportunities. It helps develop community and conserve cultures with a focus on rural tourism enterprises, Indigenous people, women, at-risk youth, and the environment.

Project 100

In 2015, Planeterra and G Adventures introduced our 50 in 5 campaign to create 50 social enterprises in five years. Having successfully completed this ambitious goal a year early, our new aim is to launch 100 community-owned and run small businesses worldwide by the end of 2020.

Ripple Score

Travel can be the greatest form of wealth distribution the world has ever seen. This score measures how well we're living up to our word. It lets you see the money spent locally by us on all the services it takes to run your tour. Look for it on your trip.

Responsible Travel with Indigenous People

Connecting travellers with Indigenous communities is an essential part of what we do. So is respecting the rights, history, and cultures of Indigenous people. That's why we're aiming to raise the bar for the entire travel industry with practical global guidelines and our own internal policy.

Animal Welfare

G Adventures recognizes the importance of animal welfare. That's why we put together a leading-edge animal welfare policy building from guidelines developed by the Association of British Travel Agents (ABTA) and with the support of World Animal Protection, the World Cetacean Alliance, and The Jane Goodall Institute. Our vision is to ensure that all animals encountered on our tours are treated humanely.



Low-interest loans through the G Values Fund help businesses like Kitchen With A Cause in India bring tasty meals to life.

Our 2020 vision.



Crossing borders and making connections at the Panauti Community Homestay in Nepal.



Salaam Baalak Trust City Walk, a social enterprise in New Delhi.

**The year 2020 will be big for us. A new decade.
A milestone anniversary. A next chapter.**

Years like these can be the crossroads of our lives. They give us pause to look left and right, peer into the rearview mirror, and then shift forward toward a purposeful tomorrow.

It was 1990 when I had a radical idea (for the time) that our vacations could be our way of giving back. I felt we could learn more, do more, and share more of ourselves with the world, while helping make it a more equitable and empathetic place.

Thirty years later, people are crossing borders with more frequency than any time in history. We are co-mingling, blending cultures, and witnessing tectonic shifts in how we communicate and exchange commerce. Tourism is becoming a main driver of GDP, while giving economic opportunities to women, youth and Indigenous communities who were previously locked out.

Some say we are more polarized, distrustful and divided than at any time in our memory; fearful of the unknown and dispassionate to people we perceive as others. But I see something different: signs of an emerging curiosity between cultures about the ways each of us lives, eats, works and plays. I see communities building across tables and beyond borders.

I've long said that we are born explorers, but society makes us tourists.

If the shifting tides of globalism can teach us anything, it is that we should share more of ourselves with people outside our comfort zones and build a tourism community that honors the economic and social benefits of community tourism. And we should prepare our children to do the same.

This year, our new National Geographic Family Journeys tours will help families step out into the world as explorers together and in the process, strengthen our bonds, stretch our worldviews.

Today, more than ever, I believe tourism can be a force for good if we approach it in a responsible, sustainable and inclusive way.

Even now, we continue learning, improving and making travel better.

We've helped our accommodation partners become as free from single-use plastics as possible. We've scrutinized our suppliers to measure the ripple effect of our tours and gauge local impact. We have also pushed back the finish line on our 50 in 5 corporate challenge, toward an even bolder 'Project 100' that will see 100 new, local, social enterprises embedded into our tour experiences by the end of 2020.

At G Adventures, we say: Our world deserves more you. Because in partnership with you, we are the change makers. Together, we can spread wealth, build empathy and open doors between nations.

Community tourism is gaining momentum, and we all are key to its life-changing potential.

Here's to the journey ahead.

Bruce

Your Moments



Simmons's Discover Moment, catching a wave in Costa Rica.



Ali's G for Good Moment, visiting Amba Estate's organic tea plantation.



Renée's Hands-On Moment, learning traditional mosaic making.



Peter's Foodie Moment, cooking traditional Myanmar (Burmese) food.

On-tour experiences that connect you to our world, moment by moment.

Make hand-pulled noodles in Hanoi. Step into a hot spring in rural Iceland. Sleep beneath the stars at a Bedouin camp in Jordan. Your Moments are on every tour to bring you closer to our world.

Your Welcome Moment

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards.

Your G for Good Moment

See how G for Good runs through everything we do, like community enterprise visits or small businesses kick-started by the G Values Fund.

Your Foodie Moment

Connect to the flavours and ingredients behind local food and culinary traditions.

Your Discover Moment

Independent free time in cities where there's lots to do and see.

Your Local Living Moment

A taste of what it's like to live locally through a visit to a community member's home.

Your Hands-On Moment

Take a chance to learn a new hands-on skill.

Your Wellness Moment

A personal pause, a moment to relax and rejuvenate during your travels.

Your First Night Out Moment

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

Your Big Night Out Moment

A big night to party with your newest friends. Only available on 18-to-Thirtysomethings tours.

Your Journeys Highlight Moment

Behind-the-scenes access to local experts and unique experiences in extraordinary locations. Only available on National Geographic Journeys tours.

Your Family Journeys Moment

Discover the world together with unique family experiences for both kids and adults. Only available on National Geographic Family Journeys.

The G Difference



Tired but happy smiles atop Kili.



Pedal to the metal (well, gravel actually) along New Zealand's Otago Central Rail Trail.

Ideas that redefine travel.

As small group adventure travel pioneers, we've always done things a little bit differently. To us, there's no such thing as "outside-the-box" thinking because we don't believe in boxes. Check out a few of the ways *la différence* is vive'd daily around here.



100% Guaranteed Departures

Every G Adventures departure is guaranteed to run, meaning once you've booked and paid, you're going. Your trip won't be cancelled by us for any reason (beyond harsh weather or safety issues).

Lifetime Deposits™

Our Lifetime Deposit policy protects you from any unexpected events that may cause you to cancel or delay your trip. You can use it again for the same trip, transfer it to a different one, donate it to our non-profit partner Planeterra, pass it on to a friend, or just hold onto it for now.



Time seems to suspend as you're crossing the Tengboche Bridge in Nepal.

24/7 service

When your business covers the whole world like ours does, you have to be available and accountable all the time. If you've got a question about anything at all, we're here to help. Always.

No single supplements

We treat single travellers to the same benefits as the rest of the group, which is why we don't charge single supplements on small group tours. We'll even partner you up with a same-sex roommate to ensure you pay the same as everyone else.

Choice

We offer the widest variety of destinations, departure dates, Travel Styles, and Service Levels in the business. No matter where, when, how, or why you want to travel, we've got the trip of a lifetime for you.

Value

What you saw and did should be the most memorable part of your trip, not the price you paid for it. We offer unforgettable travel experiences at the most competitive prices you'll find anywhere.

Satisfaction

We're pretty proud of our customer satisfaction record. 99% of our travellers report satisfaction with the service we offered them on their trip. We achieve that by listening to them. It's just one of the many ways we lead with service.

Global network

With over two dozen sales and operations offices worldwide, you're never far from one. And with a fleet of exclusive boats, lodges, and vehicles at our disposal, we can deliver a consistent G Adventures experience from start to finish.

Private Groups

Sometimes you just want to keep your tour experience between family and friends. We'll happily arrange a tour of your choosing for your small group. Ask our Private Groups team for a complete list of options.



We have lift-off in Cappadocia, Turkey!



After hiking all the way up here, your body might want to wave the white flag.

Faster. Higher. Stronger. Funner.



Straight ahead in the Golden Circle.

What's an Active trip like?

There are plenty of great places to take things slow on this amazing planet of ours, but what if you want to go a little faster? Take an Active trip. We've hunted high and low in search of adventures that engage the muscles as much as the mind and heart. Biking, hiking, whitewater-rafting, zip lining, and loads of other activities that end in "-ing." We provide the equipment, the experts, and the opportunity; you provide the energy. On your mark. Get set. Go Active.



Regional cuisine

Depending on where you are in the world, there's a whole lot of food to try. We try to include some meals in the price of trips while leaving space to taste some local fare. The location of some Active trips means that a fair amount of meals are included. We want to be sure that you have enough fuel for what each day will throw at you.

Global groups

Active groups average about 12 travellers per departure, often a mix of solo travellers, friends adventuring together, and couples — all of varying ages and from all over the world. Small group travel is especially valuable on Active trips because it provides the physical support and some pretty great bonding moments for everyone in the group.

Skilled CEOs

Each tour comes with an expert CEO (Chief Experience Officer) responsible for offering local insight, pursuing great experiences as they happen, and adding a unique personal perspective to every adventure. CEOs on Active tours are often qualified International Mountain Leaders (IMLs), cycle guides, or activity experts, depending on local requirements for the tour. What matters most to your CEO is making your tour the best it can be.

Diverse transport

Active tours are designed to make the most of your own self-propulsion. Be it on foot, by pedal, or paddle, a lot of the transport can be under your own steam. For longer journeys we try to use local transport although there might be nicer rides too, such as planes or air-conditioned buses.

Character-rich accommodations

The activities available on each Active tour make the most of their settings, and the accommodations are no different. Depending on your tour's service level, you'll return at the end of the day to unique, locally-styled lodgings, like mountain refuges in the Alps or a camping tent on Kilimanjaro under the Tanzanian stars.

SEE TOUR PAGE REFERENCE ON BACK FOLDOUT

- › Is This Tour for Me? › My Own Room
- › Tour Types › Maps & Route
- › Physical Rating › Service Levels

GET SOCIAL

Follow us on Facebook, Twitter, Instagram, and YouTube for smart tips, incredible photos, inspiring thoughts, our latest travel deals, and all sorts of useful info about travelling in this world. And when you're on your tour, be sure to share photos, videos, and stories using #gadventures so the whole G Adventures community can see them.



G ADVENTURES BLOG

Looking for more travel inspiration? Check out our blog, where you'll find helpful tips, amazing photos, fascinating facts, and great stories about G Adventures destinations from experienced travellers. gadventures.com/blog

Expert assistance

For activities in which your CEO is not already a qualified guide, you'll be joined by an additional guide on some days who will lead you in the day's physical activity. Each guide is experienced in their area of expertise, so you can push your personal limits in the knowledge that you're always in safe hands.

Freedom & flexibility

It's hard to embrace that feeling of freedom if you're moving more slowly or more quickly than you wanted. Active tours are always customized for the abilities and adventurousness of the members of any group. We try to include as much flexibility as we can so you get as much out of any tour as you could possibly want.

Costa Rica will zip line its way to your heart.



Hiking & Trekking



One foot in front of the other — the unofficial mantra of Mount Fitz Roy.

Because it's there.



Full stomp ahead on a forest trekking tour through Pang Mai Dang in Chiang Mai.

Opportunities for challenging hikes and pleasant strolls are scattered all over this planet; you just need to know where to find them. We do. Kilimanjaro, Everest Base Camp, Mont Blanc, Patagonia, and the Inca Trail are out there, waiting for you to walk all over them. We're proud of our record of successful ascents (over 93% of our travellers make it to the top of Kili, depending on the route), but it's our Chief Experience Officers and local guides that make the journey itself as memorable as the summit. And if you're not into big climbs, don't sweat it; we've got loads of lower-impact walks and iconic treks you'll love, too.



Exploring Abel Tasman National Park on foot.

Will the altitude affect me?

The air at the top of tall peaks is thinner than you would normally find in the atmosphere at sea level, where many of us live. Although everyone will experience the altitude differently and to varying degrees, slow and steady is always the order of the day. The more time you give yourself to acclimatize, the easier your climb will be.

What will I eat?

To get to the top you'll need lots of energy, and our cooks make sure that there's plenty of healthy, quality food on hand. Our team carries the supplies where necessary, although sometimes a helping hand with chopping may be required. Meals consist of local and international cuisine, and while special requests can almost always be accommodated, it is wise to inform us in advance.

Where will I sleep?

It depends! Some treks involve full-service camping experiences where all the equipment is provided, including sleeping mats (all you need to bring is your sleeping bag and pillow). Tents are always of high quality and vary according to the specific environmental conditions of your chosen trek. Other treks involve mountain huts or tea houses with single beds.

Will I have to share my hut?

Yes, you'll be bunking with someone else. Space on the mountains is at a premium, so be prepared to share your lodgings with trekkers who aren't travelling with your group and possibly members of the opposite sex. Mountain accommodations usually feature shared toilets and washing facilities.

Who carries the gear?

You're going to need all the energy you have to get to the end of your journey. Our expert staff carries all the supplies and equipment where necessary, and hearty, delicious meals are provided for you. There may be destinations where you have to carry all of your personal gear, but the focus remains on getting to the summit.

Who's leading the way?

Our guides have all hiked their respective hills for years, and they're well-versed in all the tricks you need to master them.

What else will I do?

Few experiences open up the heart, lungs, and mind quite like hiking in a new place. When you go with us you'll meet the people who live on and around the mountains and come away with a greater sense of mountain life.

I've never trekked before.

Is that a problem?

For these tours you don't have to be an elite endurance athlete, just someone who's in good, healthy shape. Many itineraries are built for the first-time active traveller and offer a more relaxed (but still active) experience. If you're unsure whether a trek is right for you, simply ask.

The view over Namche Bazar in Nepal never gets old.



Where can you go?

TANZANIA

At 5,895m (19,341 ft) — the world's tallest free-standing mountain — Kilimanjaro is a sight to behold from the bottom. But the view from up top is positively spellbinding. Choose the Rongai, Marangu, Lemosho, or Machame route, and see for yourself.

NEPAL

Our trek to Everest Base Camp will give you an incredible sense of the region through its gorgeous alpine forests, hardy Sherpa villages, rugged foothills, and glacial moraines, not to mention a healthy respect for those who go all the way to the top.

PATAGONIA

It's hardly surprising that Patagonia was one of the last places to be conquered by humans. The spires of Torres del Paine scrape the sky, massive ice fields dominate the flatlands, and the canyons stretch on forever. Prepare to be gobsmacked.

PERU

Nothing can prepare you for the moment you set eyes on Machu Picchu. Explore the Sacred Valley on the Lares Trek or tackle the Peruvian Andes along the Salkantay trail, there's more than one trail; to challenge you in Peru; if you're up for it.

EUROPE

Mont Blanc is one of Europe's best climbs. Once you've hiked its mountain trails, experienced its quaint, tucked-away towns and sampled the cuisine, you'll wonder exactly what kept you away from it for so long.

MOROCCO

Standing 4,167m (13,671 ft) tall, Jebel Toubkal stands out against the Moroccan sky — a beacon for mountaineers. Our hike gives you the bonus of meeting the Berbers who live here. Trust us: The only thing warmer than the climate is the welcome you'll get when you arrive.

NORTH AMERICA

The best way to experience this continent's epic national parks is to hike through them. Stand in awe of giant trees in Sequoia National Park, wade through a river canyon in Zion National Park, and to top it all off, camp under the stars of California's Sierra Nevada Mountain Range.



We'll never tire of cycling in Otago, New Zealand.

Cycling



Happiness is adventuring on two wheels.

Tour de Everywhere.

Travelling and the bicycle have been in a serious committed relationship for centuries, and it's not hard to understand why. Cycling through your destination brings you closer to the land and its people than just about any other style of travel. Almost every environment, from desert to mountain to rolling prairie, is accessible with a trusty bike, and the world is always eager to offer options aplenty for leisurely pedallers and hardcore asphalt-eaters alike. And since you control the pace, you're free to stop at a friendly café or roadside market whenever you like, or turn that rolling field you just passed into an impromptu picnic spot.



What's the pace like?

What you get out of a cycling trip all depends on how much you want to put in. Low-key trips in more relaxed destinations are perfect for pleasure-seekers, while the more demanding routes across the harsher environments will give competitively minded cyclists all they can handle.

Who's leading the way?

Wherever you go, your group will be led by your Chief Experience Officer (CEO) and, in some regions, local guides with expert knowledge of the region's landscape and trails. Most routes feature a variety of ways to get from point to point, and can be customized on the fly to the whims of the group.

A jaw-dropping view of Yangshuo's famous limestone karst formations.



Where can you go?

EUROPE

Europe feels tailor-made for cycling with a blend of challenging hill climbs, easy-going countryside routes with access to quaint villages, delicious food, and iconic historical sites. The châteaux-dotted Loire Valley and the impossibly beautiful Tuscan countryside are some of the world's best places to bike.

ASIA

Just about everybody gets around on a bike in Asia, so why not join in the fun? Many of our cycling trips here cross borders, allowing for greater cultural interaction and discovery. Picture yourself pedalling amidst Angkor Wat's temples in the early morning light or gliding up along the gorgeous Vietnamese coast. Now stop picturing it and go do it for real.

Do I need to bring my own bike?

We provide you with a bike, so you won't need to worry about packing all of your gear. Each piece of equipment is thoroughly inspected by experts before each trip to ensure it's up to snuff. But if you'd prefer to use your own stuff, by all means bring it along! We'll make sure it goes wherever you do.

What about my luggage?

Some people might enjoy the challenge of strapping their belongings to their bikes and riding on to the next town. Those people are crazy. While you bike, your main luggage travels separately to your next destination and is waiting for you when you arrive, while your personal belongings come with you, either in panniers or your daypack.

How can I tell if a trip is right for my skill level?

Each cycling trip has its own physical grading designation, which tells you how far, how high up, and what sort of terrain you'll encounter. The higher the grade number, the more difficult the trip will be.

Multisport



Cross whitewater rafting off your bucket list with a thrilling paddle in Thailand.

**Don't skip leg day.
Or arm day. Or any day.**

There are as many ways to get around on this great big planet of ours as there are travellers willing to take them, and our multisport program gives you the chance to try enough once-in-a-lifetime experiences to fill several lifetimes. Each multisport trip is designed to take advantage of the unique characteristics of the surrounding landscape, delivering an active experience beyond mere hiking or biking. Sharing unusual activities like canyoneering in Costa Rica, whitewater-rafting the rushing rivers of Argentina, and kayaking in Vietnam really bond group members together, too. It doesn't matter how you get where you're going, just so long as you have a great time along the way.



Don't go chasing waterfalls — rappel down them when you're in Costa Rica.

What will I be doing?

We challenged our trip designers to come up with atypical experiences, and they didn't disappoint. Some multisport trip activities are so out-there that you still won't believe you did 'em until well after you've done 'em.

Is there time to explore on my own?

While the amount of possible activities will surely keep you busy, we've built in plenty of time for less adrenalized pursuits, too. Seek out a spa where you can unwind with a massage, or try some new flavours at a local market. You have time to recharge, your way.

Who's leading the way?

Our local guides know every pebble and grain of sand on their territories' routes, and are able to adjust the trip in response to conditions and traveller demand. Your Chief Experience Officer (CEO) takes care of the route, safety concerns, and all of the arrangements — a nice plus you don't get by travelling on your own.

What if I've never done this stuff before? Is that a problem?

Never whitewater-rafterd or spelunked before? No problem. Each of the activities included in your trip is geared to people of all skill-levels, and your CEO makes sure you're always in safe, competent hands.

What are the groups like?

Most of the time, the active components of your trip will be undertaken as a group. Nothing builds camaraderie among travellers quite like accomplishing a challenge together. Plus, more friends means more buddies to celebrate your achievements with at the end of the day.

Where can you go?

COSTA RICA

There aren't many places in the world that can top Costa Rica for active variety. The options are dizzying: kayak and stand-up paddleboard in La Fortuna, whitewater raft the mighty Pacuare River, surf the Pacific Coast, zipline through a cloud forest, or bike around imposing Arenal Volcano. The best part? We've only just begun.

GALÁPAGOS

There's more to the Galápagos Islands than just the wildlife. Well, maybe not more, but there's a different way to see it. Snorkel among marine life, kayak on turquoise waters, and hike on volcanoes in this diverse landscape. It's a natural playground just waiting to be explored.

CHINA

China is incomprehensibly vast, so it shouldn't come as a surprise that its active options are plenty. Why just stare at the Great Wall when you can hike it? Or merely visit Xi'an when you could bike around its wall? And Yangshuo's country roads? A bike's the best way to go. And when you've had enough, encounters with acrobatic Shaolin monks will keep the tempo up while you rest up for tomorrow.

BALI AND JAVA

Beaches aren't just for lounging, which the Indonesian islands of Bali and Java sufficiently demonstrate. Go whitewater rafting in Ubud, trek among rice paddies and do yoga in Bungaya, and embark on a midnight hike around the Ijen Volcano in search of blue fire.



Before you hang ten in Sydney, we'll hook you up with a sweet surfing lesson.

South America



Meet your underwater zoo with a snorkelling session in the Galápagos.



The trail mix of the southern hemisphere.

A land awash in ancient history, mind-boggling landscapes, entrancing culture, and non-stop fun, there's a side of South America that's perfect for every traveller — including you. The colossal peaks of Patagonia and the Andes beg to be climbed, while the enveloping rainforests that surround the mighty Amazon seem designed to be explored. Along the way, reminders of the Inca, the conquistadors, and others who came before dot the landscape, and the intoxicating pull of vibrant cities is never far away. The time of your life awaits down here. All you have to do is find it.





Your camera might be the only thing working harder than you while trekking through South America.



There's more than one trek in Peru — meet Lares.

SOUTH AMERICA UNCOVERED

Cotopaxi • Ecuador

Worshipped as a sacred rainmaker by the Andean people for centuries, this massive stratovolcano is one of the tallest in the world. You could gaze up to enjoy the view, but it's even better from the mountain-biking trails nearby.

Torres del Paine • Chile

Giant jagged monoliths forged by centuries of glaciation, the three granite fingers of Torres del Paine reach out to scratch the heavens themselves. Impressive from a distance, we'll get you closer to them than you'd ever imagined.

Lake Titicaca • Peru

South America's largest lake by volume, Lake Titicaca is as gorgeous as it is deep and wide. Its position way up high in the Andes makes it an ideal spot for water-based activities in the none-more-fresh mountain air.



Finding yourself between a rock and a hard place isn't necessarily a bad thing when you're climbing Patagonia's Mt Fitz Roy.



The scenery of Machu Picchu is Picchu-perfect.

Inca Trail & Peru Trekking



Climbing up Machu Picchu is one gratifying way to get your 10,000 steps in.

In the footsteps of the Inca.

Follow the footpaths of the Inca to the roof of the Andes, passing ancient tambo ruins and breathing in pure mountain air by the lungful. There are plenty of memories to be made on the Inca Trail's four-day trek, but none compare to the instant you walk through the Sun Gate and catch your first glimpse of the forgotten city of Machu Picchu. It's not just an accomplishment; it's a transformative moment.



We look after our porters so they can focus on looking after you.



Named Best Inca Trail Tour Operator by the Regional Direction of Foreign Trade and Tourism of Cusco (RDFTTC) in Peru.



Take your pick of a few different routes to Machu Picchu, like the picturesque Lares Trek.

The G Difference

Trekking the Inca Trail is a once-in-a-lifetime experience for travellers, and we approach each one of our departures with that perspective in mind. Here's how:

THE BEST OF EVERYTHING

Meals are healthy and prepared from fresh, locally sourced ingredients. Tents and camping gear are set up and maintained by support staff, freeing you up to enjoy the experience.

EMBEDDED EXPERTS

All tours are led by skilled staff, recruited from local communities and employed directly by us. Every trip is managed and equipped from our dedicated operations base in Cusco.

LOCAL COMMITMENT

All of our guides, porters, support staff, and cooks work under the region's best employment conditions, and are fairly compensated for their efforts.

EXCLUSIVE DEPARTURES

Other companies pool different travellers together to maximize profits. All of our departures are exclusive; everyone in your group will be one of our travellers.

UNMATCHED EXPERIENCE

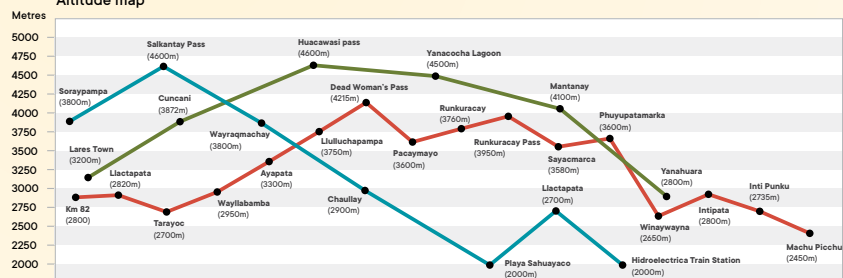
We are the world's largest Inca Trail tour operator, bringing well over 10,000 travellers here every year.

VISIT THE WOMEN'S WEAVING CO-OP

Meet the women of the Sacred Valley and learn about the stages of the weaving process that's been handed down to them through generations, then try it out for yourself.



Altitude map



The Inca Trail and Lares Trek

- ● ● ● Start / End points
- — — — The Inca Trail – 45km (28 mi)
- The Lares Trek – 34km (21 mi)
- The Salkantay Trek – 44km (27 mi)
- 1 Day Inca Trail
- ▲ ▲ ▲ ▲ Camping site
- ⚙ ⚙ ⚙ ⚙ Archaeological site
- + + + + Railway line
- ∞ ∞ ∞ ∞ G for Good project

FAQ: Inca Trail & Peru trekking

Many travellers interested in trekking the Inca Trail have asked us questions about the experience and the permit process. We asked our Peru Operations Manager to address a few of them here.



Peru Sacred Valley G Adventures-supported Parwa Community Restaurant.

Why is the Inca Trail popular?

The Inca Trail, rediscovered just over a hundred years ago, is one of our most popular trips, ideal for travellers eager to combine a cultural excursion with one of the world's most memorable hikes. The stretch referred to as the "Inca Trail" is, in fact, merely the final, dramatic stretch of the Incan road to Machu Picchu. It's a challenging, four-day trek across high mountain passes and through cloud forest and lush jungle. While physically demanding, the 45km (28 mi) hike remains within the reach of most reasonably fit travellers. The end is nicknamed the Sun Gate, where mist-shrouded views of Machu Picchu justify the challenges of getting here.

How long has G Adventures been trekking here?

We've been bringing travellers to the Inca Trail for over 15 years. We run our treks with our own staff and equipment, meaning we can ensure our porters are treated fairly and that the quality of our food and gear is always top-notch. Our groups enjoy the greatest adventure possible and are afforded plenty of time before and after their trek.

How are permits secured?

As the world's largest Inca Trail operator, G Adventures has an established set of protocols to effectively secure the permit you'll need in order to hike the Inca Trail. With years of experience, our Cusco-based team is on hand to book and collect your permit in person.



Hands-on learning: A traveller picks up some age-old techniques at the Ccaccacollo Women's Weaving Co-op.

Why do I need a permit?

Before permits were introduced, there were no regulations. Trekkers camped where they pleased, used the ruins as latrines, and made a mess of the place. Regulations were introduced in 2002 to protect the site and surrounding ecosystem. They restrict the number of annual visitors and prevent undocumented trekkers from hiking.

Can I obtain a permit myself?

Only recognized tour operators can acquire permits to hike the Inca Trail. Tour operators are subject to thorough annual inspections by Peruvian government agencies that govern the Inca Trail.

Inca Trail one-day option

If our four-day trek isn't in the cards for you, check out our one-day option, and take on the final stretch of the trail to Machu Picchu in a single day. Numbers are limited, so early booking is essential. Ask a GCO or your travel agent for more information.



G FOR GOOD

Esencia Andina

Biodegradable Products • Cusco, Peru

Around 500 people begin the Inca Trail Trek every day, potentially leaving behind non-biodegradable soaps and materials that pollute the land and water. Planeterra kickstarted this small business owned by women who produce biodegradable soaps, detergents, and natural products for use by travellers, porters, and cooks on the Inca Trail, Lares, and Salkantay treks. G Adventures purchases provide this small business with sustainable income while lessening the environmental impact of Inca Trail travel.

Ccaccacollo Women's Weaving Co-op

Handicraft Experience • Sacred Valley, Peru

Despite their close proximity to Cusco and Machu Picchu, surrounding areas benefit very little from the thousands of tourists that visit these sites each year. Since 2005, G Adventures has worked with the Ccaccacollo community to develop a women's weaving co-operative where women of the Sacred Valley can work. Most G Adventures groups have the chance to visit this community and purchase high-quality textiles directly from the co-operative's 60 members, keeping travel dollars within the community and the Inca traditions alive.

Parwa Community Restaurant

Local Meal • Sacred Valley, Peru

For years, Huchuy Qosqo residents, seeing Cusco's success, looked for a way to benefit from the area's tourism boom. Through our initiative with the Multilateral Investment fund (MIF), G Adventures developed a community-operated restaurant, owned by the local Huchuy Qosqo Association. For the first time, this small community of 65 families can benefit from sustainable tourism, with all income from the restaurant invested back into the community. G Adventures travellers receive a delicious homemade lunch made from local ingredients, a meal that helps benefit the community.

Lares Community Campsite

Community-Run Campsite • Lares Valley, Peru

Stay a night at the Lares Community campsite, owned and managed by the 71 families that belong to the Cuncani community. The earnings from the campsite are allocated for investment in social projects such as health, education, food and nutrition, and infrastructure improvements to water and electricity. The campsite features flush toilets, solar showers, and a solid-waste management system that is the first of its kind in the region, helping G Adventures travellers protect the pristine environment and support the community.

How will you trek the Inca Trail?

Introducing new four- and five-day treks.

Named the Best Inca Trail Tour Operator in Peru, we offer several award-winning trekking routes — including new lower-priced options — designed to help you challenge yourself with an experience unmatched by any other. These unique adventures allow you to explore the ruins of the Sacred Valley or conquer the Inca Trail on your way to Machu Picchu, all while supporting hundreds of local cooks, guides, porters, and other staff along the way.



We don't just keep our travellers well-fed on a Machu Picchu trek — our guides and porters get fuelled-up too.

HERE'S HOW TO BE READY.

Time to acclimatize

Everyone needs time to acclimatize to the altitude before hiking the Inca Trail — even if you're a regular at the gym. If you opt for a shorter tour, you'll need to allow time beforehand to be physically ready. On our full seven-day tour, we offer you the chance to acclimatize while supporting local communities by visiting two G for Good projects and checking out some ruins.



That's three more travellers that can cross Machu Picchu off their bucket list.



Go beyond the usual souvenirs and learn how they're made at a women's weaving co-op in the Sacred Valley.

Before the trek

On our shortest option, the trek starts the morning of the first day. So you will need to arrive by at least the day before and book a hotel.

We can help with the details

Need help booking your whole trip? You can book your flights to and from Lima through us as well as any other international flights. We can also help you book a place to stay before and after the trek.



See Machu Picchu without a permit.

There are other great treks you can take that don't require a permit. Try these on for size.

THE LARES TREK

An amazing three-day trek through the mountains and communities surrounding the Sacred Valley with views of the snow-capped Cordillera de Vilcanota range and ending with a spectacular train ride and guided tour of Machu Picchu. **See SPLT on page 32.**

CHOQUEQUIRAO TO MACHU PICCHU TREKKING

Get your Machu Picchu fix with a little (well, a lot) of something extra along the way with this eight-day trek. Begin in Cusco and hike to the ruins of Choquequirao, an expansive mountaintop fortress with lots of wow factor but less tourists. **See SPCM on page 35.**

CHOQUEQUIRAO TO MACHU PICCHU EXPRESS

This shorter trek is perfect if you're looking for an adventure that's as challenging as it is rewarding. Explore the ruins of Choquequirao, a remote lost city. Then hop aboard a train for a visit to nearby Machu Picchu. **See SPCQ on 35.**

SALKANTAY TREK TO MACHU PICCHU

A three-day guided trek along the Salkantay route through spectacular mountain scenery and breathtaking vistas. Descend from the high Andes to the cloud forest around Machu Picchu. **See SPST on page 34.**

Find the tour that's right for you.

	Trekking the Inca Trail (SPTO)	Trekking the Inca Trail (SP5T)	The Inca Trail (SPIT)
Tour length	4 days and 3 nights	5 days and 4 nights	7 days and 6 nights
Acclimatization time	No additional time included within this tour	One day included to acclimatize	Two days included to acclimatize
Trek start day	First day of tour	Second day of tour	Third day of tour
Nights at hotel	None included	One night included	Three nights included
Included activities	No activities as part of this tour	No activities as part of this tour	› Visit to Ccaccacolco Women's Weaving Co-op › Lunch at Parwa Community Restaurant › Visit to a local pottery making community where you'll enjoy views of Pisac ruins › Spend a night in Ollantaytambo in the Sacred Valley and get a view of the ruins
Price from	FROM \$689 See SPTO online.	FROM \$799 See SP5T online.	FROM \$1079 See SPIT on page 28.

TOP
SELLER

The Inca Trail

Highlights

- > Explore ruins in the Sacred Valley
- > Learn about traditional ways of life and visit local markets
- > Conquer the Inca Trail to Machu Picchu

What's Included

Your Moments: G for Good: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo. Parwa Community Restaurant the Sacred Valley, Lamay. Handmade Biodegradable Soap Products. [\(To learn more, see page 8\)](#)

Sacred Valley guided tour. Pottery-making demonstration. Inca Trail guided hike with cooks and porters (4 days). Guided tour of Machu Picchu. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (3 nts), camping (3 nts). **TRANSPORT** Train, private van, hiking. **GROUP LEADER** G Adventures Representative in Cusco, specialist Inca Trail CEO (Chief Experience Officer) on hike. **MEALS** 6 breakfasts, 4 lunches, 3 dinners. Allow USD115-150 for meals not included.

ITINERARY

We'll admit it, no one does the Inca Trail quite like us. We combine the cultural highlights of the Sacred Valley with the challenge of one of the world's best-known hikes. The four-day Inca Trail trek passes through a stunning combination of the region's ruins, mountainscapes, and cloud forests. Once you catch your first glimpse of Machu Picchu in the early morning light, you'll know it was all worthwhile. Best of all, since we run our own treks, we can ensure the fair treatment of our porters and the quality of food and equipment, so you can relax and enjoy the beauty of the region.

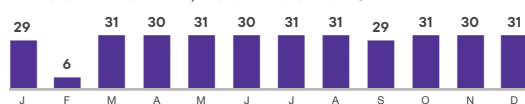
DAY 1 CUSCO Arrive at any time. **DAY 2 SACRED VALLEY/**

OLLANTAYTAMBO Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op before visiting a

local pottery-making community. Break for lunch at the G Adventures-supported Parwa Community Restaurant in Huchuy Qosqo. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar). (1B, 1L) **DAYS 3-6 INCA TRAIL/MACHU PICCHU** Depart Ollantaytambo by van to km 82 where the hike begins. Start to climb the long steep path to Warmiwañusca, better known as Dead Woman's Pass and the highest point of the trek at 4,198m (13,769 ft). Enjoy the spectacular views of the Urubamba Valley. At 3,650m (11,972 ft), reach the ruins of Phuyupatamarca, the "town above the clouds." The final day of the hike starts pre-dawn to reach the Sun Gate first thing. Catch the first views of the breathtaking ruins of Machu Picchu on a clear day. Hike down to Machu Picchu for a guided tour of the site and free time to explore. Opt to visit the Inca Bridge, if time allows. Eat and relax before the train ride back to Cusco in the afternoon. (4B, 3L, 3D) **DAY 7 CUSCO** Depart at any time. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING



WE'RE HERE 24/7

As a global adventure travel company, we realize that questions can come up anywhere and at any time. Our commitment to top-level service means that our GCOs are on standby 24/7.



7 DAYS — CUSCO TO CUSCO

FROM
\$1079

Valid for Nov 1, 2020 departure.

OPTIONAL MY OWN ROOM: \$139

TOUR CODE: SPIT

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

99



TREKKING



TOP
SELLER

Inca Discovery

TREKKING

Highlights

- > Sample seafood in Lima
- > Soak in the views and culture of the Sacred Valley
- > Conquer the Inca Trail to Machu Picchu
- > Learn ancient traditions at the G Adventures-supported women's weaving co-op

What's Included

Your Moments: G for Good: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo. Parwa Community Restaurant the Sacred Valley, Lamay. Handmade Biodegradable Soap Products. **Discover:** Free time in Cusco. *(To learn more, see page 8)*

Sacred Valley guided tour. Pottery making demonstration. Inca Trail guided hike with cooks and porters (4 days). Guided tour of Machu Picchu. Internal flight. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (4 nts), camping (3 nts). **TRANSPORT** Plane, train, private van, hiking. **GROUP LEADER** G Representatives in Lima and Cusco, specialist Inca Trail CEO (Chief Experience Officer) on hike. **MEALS** 7 breakfasts, 4 lunches, 3 dinners. Allow USD140-185 for meals not included.

ITINERARY

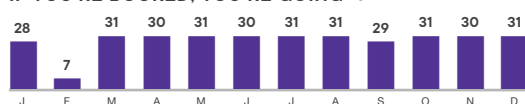
Perfect for those looking to experience the region's archaeological and cultural treasures in a short amount of time, this adventure includes a four-day trek along the Inca Trail. This is one of the world's best-known hikes and will reward those willing to break a sweat with a stunning combination of mountainscapes, cloud forests, and jungles. We run our own treks, which ensures the fair treatment of our porters and quality equipment.

DAY 1 LIMA Arrive at any time. **DAY 2 CUSCO** Early flight to Cusco. Free day for shopping and exploring the city. Optional city tour. (1B) **DAY 3 SACRED VALLEY/OLLANTAYTAMBO** Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op before visiting a local pottery-making community. Break for lunch at the G Adventures-supported Parwa community restaurant in Huchuy Qosqo. (1B, 1L) **DAYS 4-7 INCA TRAIL/MACHU PICCHU** Start the four-day guided Inca Trail hike with visit to Machu Picchu. Begin at km 82 and follow the trail to the highest point at Warmiwañusca, better known as Dead Woman's Pass at 4,198m (13,769 ft). Continue through Inca ruins and varied ecosystems before arriving at Machu Picchu early on the final day of the hike. Opt to visit the Inca Bridge before returning to Cusco. (4B, 3L, 3D) **DAY 8 CUSCO** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

LIMA COOKING CLASS: Visit local markets and learn how to prepare a Peruvian meal with a former CEO. See **Personalize your tour** on page 33.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



8 DAYS — LIMA TO CUSCO

FROM
\$1329

Valid for Nov 1, 2020 departure.

OPTIONAL MY OWN ROOM: \$219

TOUR CODE: PID

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

99



Inca Discovery Plus

TREKKING

Highlights

- › Sample seafood in Lima
- › Marvel at the Sacred Valley
- › Enjoy a traditional meal at Parwa Community Restaurant
- › Learn about traditional weaving at a women's weaving co-op
- › Conquer the Inca Trail to Machu Picchu

What's Included

Your Moments: G for Good: Ccaccaccollo Community and Women's Weaving Co-op visit, Ccaccaccollo. Parwa Community Restaurant the Sacred Valley, Lamay. Handmade Biodegradable Soap Products. **Discover:** Free time in Cusco. *(To learn more, see page 8)*

Sacred Valley guided tour. Pottery making demonstration. Inca Trail guided hike with cooks and porters (4 days). Machu Picchu Guided Tour. Internal flights. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (5 nts), camping (3 nts). **TRANSPORT** Plane, train, private van, hiking. **GROUP LEADER** G Representatives in Lima and Cusco, specialist Inca Trail CEO (Chief Experience Officer) on hike. **MEALS** 8 breakfasts, 4 lunches, 3 dinners. Allow USD170-225 for meals not included.

ITINERARY

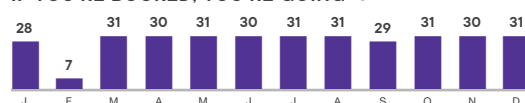
Like our Inca Discovery tour but with a flight back to Lima, this trip offers a fascinating combination of the region's archaeological and cultural treasures. Retrace the steps of the Inca on a four-day trek along the Inca Trail to Machu Picchu. One of the world's best-known hikes, it will reward those willing to break a sweat with stunning views of ruins and cloud forests. We run our own treks, which ensures fair treatment of our porters and quality equipment.

DAY 1 LIMA Arrive at any time. **DAY 2 CUSCO** Early flight to Cusco. Free day for shopping and exploring the city. Optional city tour. (1B) **DAY 3 SACRED VALLEY/OLLANTAYTAMBO** Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op before exploring the Pisac ruins. Break for lunch at the G Adventures-supported Parwa community restaurant in Huchuy Qosqo. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar). (1B, 1L) **DAYS 4-7 INCA TRAIL/MACHU PICCHU** Start the four-day guided Inca Trail hike with visit to Machu Picchu. Begin at km 82 and follow the trail to the highest point at Warmiwañusca, better known as Dead Woman's Pass at 4,198m (13,769 ft). Continue through Inca ruins and varied ecosystems before arriving at Machu Picchu early on the final day of the hike. Enjoy a full-service camping experience while hiking. Opt to visit the Inca Bridge before returning to Cusco. (4B, 3L, 3D) **DAY 8 LIMA** In the morning, fly back to Lima and enjoy the last night in the city. (1B) **DAY 9 LIMA** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

LIMA COOKING CLASS: Visit local markets and learn how to prepare a Peruvian meal with a former CEO. See **Personalize your tour** on page 33.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



9 DAYS — LIMA TO LIMA

FROM

\$1479

Valid for Nov 1, 2020 departure.

OPTIONAL MY OWN ROOM: \$299

TOUR CODE: PIM

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

99



The Lares Trek

Highlights

- › Soak in the views and culture of the Sacred Valley
- › Trek through local communities and beautiful Andean scenery
- › Conquer the Lares trek and visit Machu Picchu

What's Included

Your Moments: G for Good: Ccaccaccollo Community and Women's Weaving Co-op visit, Ccaccaccollo, Parwa Community Restaurant the Sacred Valley, Lamay, Handmade Biodegradable Soap Products, Cuncani Community Campsite, Cuncani. *(To learn more, see page 8)*

Sacred Valley guided tour. Pottery making demonstration. Guided Lares trek hike (3 days). Aguas Calientes stay. Machu Picchu guided tour. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (4 nts), camping (2 nts). **TRANSPORT** Train, private van, hiking. **GROUP LEADER** G Adventures Representative in Cusco, specialist Lares trek CEO (Chief Experience Officer) on hike. **MEALS** 6 breakfasts, 4 lunches, 2 dinners. Allow USD130-170 for meals not included.

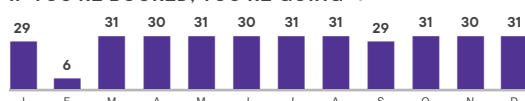
ITINERARY

There's more than one way to earn your Peru hiking stripes. On the Lares trek, you'll get three days of trekking through the mountains around the Sacred Valley, passing by remote communities, farms, and friendly faces. Forget just taking in the view — unique experiences are waiting for you at a G Adventures-supported women's weaving co-op and local pottery community. And, since you're this close already, we'll get to you to Machu Picchu with a scenic train ride.

DAY 1 CUSCO Arrive at any time. **DAY 2 SACRED VALLEY/ OLLANTAYTAMBO** Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op before visiting a local pottery-making community. Break for lunch at the G Adventures-supported Parwa Community Restaurant in Huchuy Qosqo. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar). (1B, 1L) **DAYS 3-5 LARES TREK** Depart Ollantaytambo by van to Lares town where the hike begins. Spend the first night at a G Adventures-supported campsite in Cuncani. The next day, start early to hike from the foothills of Sicllaccasa Mountain to its high pass (4,750m/15,583 ft), providing scenic views of lagoons and the snow-capped Chicon Mountain. Celebrate after reaching the highest point by making an offering of coca leaves to the Andean gods. After the morning hike, stop to rest and take in the amazing view. Continue hiking downhill to our second campsite near the stream for the night. Enjoy the last few hours of hiking the next day, before travelling by van to Ollantaytambo and train to Aguas Calientes. Spend some time relaxing in town or visiting the nearby hot springs. (3B, 3L, 2D) **DAY 6 MACHU PICCHU** Enjoy a guided visit to Machu Picchu. Use some free time to explore the ruins on your own. Later, travel back to Cusco. (1B) **DAY 7 CUSCO** Depart at any time. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING



7 DAYS — CUSCO TO CUSCO

FROM
\$1079

Valid for Nov 1, 2020 departure.

OPTIONAL MY OWN ROOM: \$179

TOUR CODE: SPLT

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

99



TREKKING



Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here are some optional add-ons you can book in advance, for those days on your tour that have free time built in.

RAINBOW MOUNTAIN HIKE

Hike up over colourful Andean mountains striped with maroon, turquoise, lavender, and gold. The sediment and elevation here have created a rainbow-like landscape. Get started early to drive to the departure point of this challenging, yet rewarding full-day hike that reaches 5,029m (16,500 ft).

FROM
\$50

Cusco
Full day

LIMA COOKING CLASS

Get a taste of Peruvian cuisine by visiting local markets to sample exotic fruit and select ingredients. Then, try your hand at preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan. This activity is supported by the G Values Fund to help CEOs start their own businesses.

FROM
\$79

Lima
Half-day

CUSCO COOKING CLASS

Channel your inner chef and get a taste of Peruvian cuisine. Visit a local market to sample and select ingredients. Then take part in preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan.

FROM
\$46

Cusco
Half-day

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.





Salkantay Trek & Machu Picchu

TREKKING

Highlights

- > Conquer the Salkantay Trek in the Andes
- > Explore Inca ruins and Machu Picchu
- > Trek through beautiful Andean scenery

What's Included

Your Moments: G for Good: Handmade Biodegradable Soap Products. [\(To learn more, see page 8\)](#)

Trek on the Salkantay route to Machu Picchu with a local guide, cooks, and porters (3 days). Guided tour of Machu Picchu. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (2 nts), camping (2 nts). **TRANSPORT** Private van, hiking, train. **GROUP LEADER** G Adventures Representative in Cusco, specialist Salkantay guide on hike. **MEALS** 4 breakfasts, 3 lunches, 2 dinners. Allow USD85-110 for meals not included.

ITINERARY

Salkantay has been dubbed the most spectacular peak in the Peruvian Andes. On this trip, you'll trek in the shadows of this impressive mountain, interact with its inhabitants, and explore its forgotten ruins. Catch the train to Aguas Calientes for an early-morning visit to Machu Picchu.

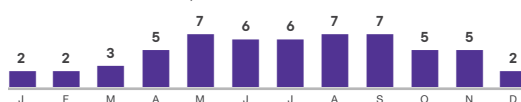
DAY 1 CUSCO Arrive at any time. **DAYS 2-4 SALKANTAY TREK** Transfer to the start of the trail and begin the Salkantay Trek. Stunning views and Inca ruins fill the days as you hike with views of the striking snow-

capped mountains of Vilcabamba mountain range. Traverse high passes, with the highest point reaching 4,600m (15,092 ft), before descending into valleys nestled in the mountains. Enjoy the spectacular mountain scenery and breathtaking views as the trek descends from the heights of the Andes to the lush subtropics surrounding Machu Picchu. At the end of the trek, catch the train to Aguas Calientes. (3B, 3L, 2D) **DAY 5 MACHU PICCHU/CUSCO** Enjoy a guided tour of Machu Picchu. Opt to visit the Inca Bridge and return to Cusco in the evening where the tour ends upon arrival. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



GO TO GIVE BACK

By choosing sustainable travel, you can live the adventure of a lifetime without worrying about burning up karma. The money you spend on your tour benefits the people of the communities we visit.



5 DAYS — CUSCO TO CUSCO

FROM

\$749

Valid for Jan 5, 2020 departure.

OPTIONAL MY OWN ROOM: \$99

TOUR CODE: SPST

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 6

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

100



Choquequirao to Machu Picchu Express

TREKKING

Highlights

- > Explore Choquequirao away from the crowds
- > Witness the mountain beauty of the Andes
- > Marvel at Machu Picchu

What's Included

Your Moments: G for Good: Handmade Biodegradable Soap Products. [\(To learn more, see page 8\)](#)

Trek to Choquequirao with local guide, cooks, and porters (4 days). 2 guided tours of Choquequirao archaeological site. Guided tour of Machu Picchu. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (2 nts), camping (3 nts). **TRANSPORT** Private van, train, and hiking. **GROUP LEADER** G Adventures Representative in Cusco, specialist Choquequirao CEO (Chief Experience Officer) on hike. **MEALS** 5 breakfasts, 4 lunches, 3 dinners. Allow USD85-110 for meals not included.

6 DAYS — CUSCO TO CUSCO

FROM
\$859

Valid for Apr 20, 2020 departure.

OPTIONAL MY OWN ROOM: \$79**TOUR CODE: SPCQ****IS THIS TOUR FOR ME?** See back foldout.**TRAVEL STYLE:** ACTIVE**TYPE:** SMALL GROUP — MAX 16, AVG 8**SERVICE LEVEL:** STANDARD**PHYSICAL RATING:** 5 — CHALLENGING

Ripple Score

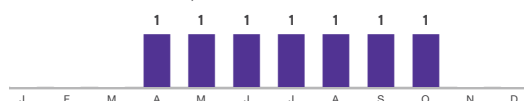
100

ITINERARY

This shorter trek is perfect if you're looking for an adventure that's as challenging as it is rewarding. Explore the ruins of Choquequirao, the lost city that's even more remote than nearby Machu Picchu, but you'll see that too. Because of its difficult-to-reach location, the site sees relatively few visitors. This means you'll get to experience Incan history in near-solitude, surrounded by nothing but ancient architecture and spanning forests. Spectacular views of the Andes are all along the trek to Choquequirao, a journey filled with lush wilderness, breathtaking vistas, and a visit to Machu Picchu.

DAY 1 CUSCO Arrive at any time. **DAY 2 PLAYA ROSALINDA** Transfer to Cachora and embark on the hike to the lost Incan city of Choquequirao. Surrounded by breathtaking views of the Apurimac River and sweeping mountain scenery at every turn. (1B, 1L, 1D) **DAY 3 PLAYA ROSALINDA/CHOQUEQUIRAO** Continue trekking through the Apurimac River canyon on the way to Choquequirao. Spot condors as you make your way up into the cloud forest, where you'll camp for the night. In the afternoon, take a guided tour of the ruins and marvel at your historical surroundings. (1B, 1L, 1D) **DAY 4 CHOQUEQUIRAO/SAN IGNACIO** Explore the ancient ruins of Choquequirao further on your morning guided tour. Comparable only to Machu Picchu in its beauty, grandeur, and architectural accomplishment. Enjoy lunch near Choquequirao before the hike down to San Ignacio, the camp for the night. (1B, 1L, 1D) **DAY 5 AGUAS CALIENTES** Leave early in the morning to make the way to Villa Carmen. Enjoy lunch before transferring to Ollantaytambo to catch the train to Aguas Calientes. (1B, 1L) **DAY 6 CUSCO** Wake up early to visit the breathtaking Machu Picchu. Enjoy a guided tour of the site and free time to explore until noon as permitted by the tourist ticket. Enjoy the train back to Cusco in the afternoon where the trip will end upon arrival. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.

Choquequirao to Machu Picchu Trekking

TREKKING

Highlights

- > Trek the strikingly beautiful Andes
- > Explore the fortress of Choquequirao
- > Discover the spectacular Inca ruins of Machu Picchu

What's Included

Your Moments: G for Good: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo. Parwa Community Restaurant the Sacred Valley, Lamay. Handmade Biodegradable Soap Products. [\(To learn more, see page 8\)](#)

Sacred Valley guided tour. Pottery making demonstration. Trek to Choquequirao ruins with local guide, cooks, and porters (8 days). Guided tour of Choquequirao archaeological site. Aguas Calientes stay. Guided tour of Machu Picchu. All transport between destinations and to/from included activities.

ACCOMMODATIONS Hotels (4 nts), camping (7 nts). **TRANSPORT** Private van, hiking, train. **GROUP LEADER** G Adventures Representative in Cusco, specialist Choquequirao CEO (Chief Experience Officer) on hike. **MEALS** 11 breakfasts, 9 lunches, 7 dinners. Allow USD130-170 for meals not included.

ITINERARY

The ultimate adventure for altitude junkies with a love of history, this challenging 12-day journey snakes its way between the most incredible Inca sites in Peru. Conquer a mind-blowing trek to the mountaintop fortress of Choquequirao — free of tourist throngs — before continuing onto Santa Teresa, the backdoor to Machu Picchu. With guided tours of the Sacred Valley, Choquequirao and Machu Picchu, you'll gain a greater appreciation of the Inca Empire. And because we operate our own treks in this region, we can ensure the fair treatment of our porters and the quality of food and equipment.

DAY 1 CUSCO Arrive at any time. **DAY 2 SACRED VALLEY/CUSCO** Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op before visiting a local pottery-making community. Break for lunch at the G Adventures-supported Parwa Community Restaurant in Huchuy Qosqo. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar) before returning to Cusco for the night. (1B, 1L) **DAYS 3-5 CHOQUEQUIRAO** Transfer to Cachora and embark on the trek to the fortress of Choquequirao, supported by expert guides and cooks. Explore the ruins and learn about the rich history and ancient culture. (3B, 3L, 3D) **DAYS 6-10 YANAMA/AGUAS CALIENTES** Continue trekking past Choquequirao with the team of guides, herdsmen, and cooks following Inca pathways. Pass through local communities and stunning Andean vistas. Transfer to Aguas Calientes by train. (5B, 5L, 4D) **DAY 11 MACHU PICCHU/CUSCO** Enjoy a guided tour of Machu Picchu and opt to visit the Inca Bridge before returning to Cusco. (1B) **DAY 12 CUSCO** Depart at any time. (1B)

12 DAYS — CUSCO TO CUSCO

FROM

\$1899

Valid for Apr 26, 2020 departure.

OPTIONAL MY OWN ROOM: \$199**TOUR CODE: SPCM****IS THIS TOUR FOR ME?** See back foldout.**TRAVEL STYLE:** ACTIVE**TYPE:** SMALL GROUP — MAX 16, AVG 8**SERVICE LEVEL:** STANDARD**PHYSICAL RATING:** 5 — CHALLENGINGTHIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Trekking the Huayhuash Circuit

TREKKING

Highlights

- › Take in the glacial alpine scenery along the Huayhuash circuit
- › Challenge yourself and conquer high-altitude mountain passes
- › Sleep in tents under the stars in the remote wilderness

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Trek the Huayhuash circuit with a local guide (7 days). All transport between destinations and to/from included activities.

ACCOMMODATIONS Hotels (5 nts), camping (7 nts).

TRANSPORT Public bus, private van, hiking. **GROUP LEADER** G Adventures Representative in Lima, specialist Huayhuash guide on hike. **MEALS** 10 breakfasts, 8 lunches, 8 dinners. Allow USD170-225 for meals not included.

ITINERARY

Comparable to the Himalayas and the Rockies in terms of snow-capped alpine beauty, Peru's Cordillera Huayhuash is a mountain climber's dream come true. Located in one of the most remote sections of the Andes, our abbreviated version of the circuit asks a lot from those who trek it. Rest assured that your mountain guide has all the expertise, equipment, and encouragement needed to get the most out of these majestic peaks. Great on its own, this trip gets even better when paired with a Machu Picchu trek or any other Peru-based adventure.

DAY 1 LIMA Arrive at any time. **DAYS 2-3 HUARAZ** In the morning, travel by bus to Huaraz. Enjoy a free day to acclimatize to the altitude. Opt to explore the city, go horseback riding, or biking. (1B) **DAY 4 CUARTELHUAIN** Travel by private vehicle into Huascaran National Park, gaze out the window and enjoy the Andean scenery passing by. Arrive at Cuartelhuain, the camp for the night. (1L, 1D) **DAYS 5-11 HUAYHUASH CIRCUIT** Seven days of trekking with an expert mountain guide along the challenging and spectacular Huayhuash circuit. The days are spent in remote, high-altitude wilderness, surrounded by alpine scenery, including snow-capped peaks, immense glaciers, emerald glacial lagoons, and mountain vegetation. Nights are spent camping under the stars. Traverse several very high altitude passes, for the ultimate reward of unmatched and remote mountain scenery, unlike anywhere else on Earth. (7B, 7L, 7D) **DAY 12 CHIQUIAN** After breakfast, transfer by private vehicle back to Lima for the night and for some well-deserved rest and a hot shower. (1B) **DAY 13 LIMA** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

This tour has four special departures.

June 13 - June 25 • July 18 - July 30 • Aug 15 - Aug 27 •
Sept 19 - Oct 01

13 DAYS — LIMA TO LIMA

FROM

\$2249

Valid for Jun 13, 2020 departure.

OPTIONAL MY OWN ROOM: \$439

TOUR CODE: SPHH

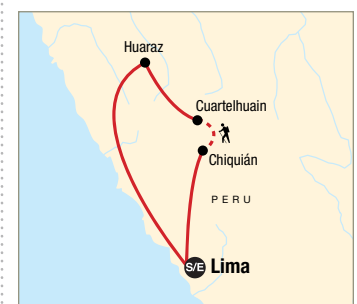
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 8

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 5 — CHALLENGING



Ripple Score

100



Peru Multisport

MULTISPORT

Highlights

- › Soak in the views on a bike in the Sacred Valley
- › Climb the Inca Trail to Machu Picchu
- › Kayak Lake Titicaca
- › Mingle with the locals and learn about traditional life
- › Savour the Altiplano scenery
- › Devour seafood in Lima

What's Included

Your Moments: G for Good: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo. Parwa Community Restaurant the Sacred Valley, Lamay. Handmade Biodegradable Soap Products. **Welcome:** Meet Your CEO and Group. **Local Living:** Lake Titicaca Homestay, Lake Titicaca. **Discover:** Free time in Cusco. *(To learn more, see page 8)*

Biking excursions in the Sacred Valley (2 days). Inca Trail guided hike with cooks and porters (4 days). Guided tour of Machu Picchu. Kayaking excursion on Lake Titicaca with visits to Taquile, Amantani, and the Uros Islands (2 days). Internal flights. Transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (10 nts), camping (3 nts), homestay (1 nt). **TRANSPORT** Public bus, plane, biking, train, boat, kayak, hiking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, specialist Inca Trail CEO on hike. **MEALS** 14 breakfasts, 5 lunches, 4 dinners. Allow USD315-410 for meals not included.

ITINERARY

How do you improve a trip that already includes the Sacred Valley, the Inca Trail, and Lake Titicaca? Throw in some bikes, a few kayaks, and loads of high-energy thrills, that's how! Peru Multisport connects immersive cultural interaction and classic Peruvian landmarks with challenging physical activities tailored specifically for adrenaline junkies and fitness freaks. Climb and bike your way from small villages to astounding monuments, then explore Lake Titicaca from a kayak; a perspective few visitors ever get the chance to see. Need more? Consult your CEO; they'll keep your zest for adventure satisfied.

DAY 1 LIMA Arrive at any time. **DAY 2 CUSCO** Early flight to Cusco. Free day for shopping and to explore the city. Optional city tour. (1B) **DAYS 3-4 SACRED VALLEY/OLLANTAYTAMBO** Two days of guided biking excursions through the Sacred Valley, in the Maras, Moray, and Pisac areas, using Ollantaytambo as a base. Visit the G Adventures-supported Community Restaurant in Huchuy Qosqo, an Indigenous village, for lunch. (2B, 2L) **DAY 5 OLLANTAYTAMBO** Free day in Ollantaytambo for optional activities like visiting the ruins, horseback riding, or relaxing before embarking on the Inca Trail. (1B) **DAYS 6-9 INCA TRAIL/MACHU PICCHU** Four-day guided Inca Trail hike with visit to Machu Picchu. Begin at km 82 and follow the trail to the highest point at Warmiwañusca, better known as Dead Woman's Pass at 4,198m (13,769 ft). Continue through Inca ruins and varied ecosystems before arriving at Machu Picchu early on the final day of the hike. Optional visit to the Inca Bridge before returning to Cusco. (4B, 3L, 3D) **DAY 10 CUSCO** Free day to explore Cusco or relax. Active options include whitewater rafting, horseback riding, and mountain biking. (1B) **DAY 11 CUSCO/PUNO** Spend the day travelling from Cusco to Puno by bus. (1B) **DAYS 12-13 LAKE TITICACA** Two-day kayaking excursion on Lake Titicaca, visiting Uros, Taquile, and Amantani islands, including a homestay in a small village. Optional visit to Sillustani burial site. (2B, 1D) **DAY 14 LIMA** Fly back to Lima and enjoy a free evening for exploring or sampling some local seafood. (1B) **DAY 15 LIMA** Depart at any time. (1B)

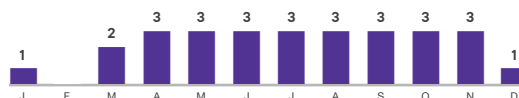
PERSONALIZE YOUR TOUR

LIMA COOKING CLASS: Visit local markets and learn how to prepare a Peruvian meal with a former CEO. See **Personalize your tour** on page 33.

RAINBOW MOUNTAIN HIKE: Hike up 5,029m (16,500 ft) to the top of colourful Andean mountains, where sediment and elevation create a rainbow-like landscape. See **Personalize your tour** on page 33.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



15 DAYS — LIMA TO LIMA

FROM

\$2749

Valid for Jan 18, 2020 departure.

OPTIONAL MY OWN ROOM: \$399

TOUR CODE: SPHK

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Peaks pique our interest in El Chalten Glacier National Park.

Patagonia Trekking combos

Combo tours combine two or more of our tours to create one in-depth experience. Get just what you're looking for, with only one booking. Convenient, flexible, and, affordable. Check the map to see how the trips join together.

1. Argentina & Chile Multisport | MULTISPORT

Highlights

- › Enjoy a wine tasting as you cycle through Mendoza's wineries
- › Take a thrilling whitewater rafting ride
- › Marvel at Mt Fitz Roy and Perito Moreno Glacier
- › Hike the famous W Trek
- › Let loose in bustling Buenos Aires

ITINERARY

Looking for some restorative downtime kicking back in the Southern Cone? Then this 20-day active adventure is absolutely NOT FOR YOU! Imagine almost three weeks packed with every activity you can think of and then some! Trek through perfectly picturesque Patagonia, wake up early for whitewater rafting, hike through crisp mountain landscapes on Torres del Paine's renowned W Trek, and bike, raft, and smile to your heart's content. Your adrenaline reserves

20 DAYS — BUENOS AIRES
TO BUENOS AIRES

FROM

\$5899

Valid for Jan 5, 2020 departure.

OPTIONAL MY OWN ROOM: **\$1219**

TOUR CODE: SAHB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING

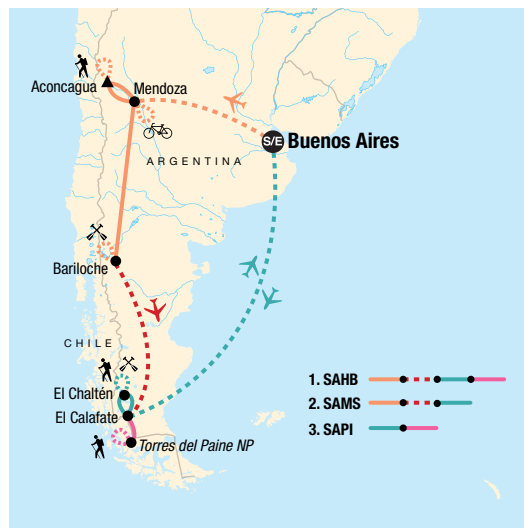
Ripple Score



100



Ambitious adventurer, meet one of the most stunning peaks in the Americas.



The G Difference

Patagonia is an out-of-this-world place, and our on-trip support services are suitably otherworldly. In a land as wild and free as this one, it's best to go with those in the know. Here's why.

OPTIONS GALORE

Exciting optional activities like exploring the Perito Moreno glacier by boat, time at a penguin colony, mountain biking, and horseback riding are available for travellers looking to add a little something extra.

UNMATCHED EXPERIENCE

We've been running tours in Patagonia for years, and as a result we have an extensive network of expert local mountain guides to draw upon.

BREATHTAKING SCENERY

Enjoy treks and adventures in both Argentina and Chile, with the most options available for Patagonia.

2. Argentina Multisport

MULTISPORT

Highlights

- › Cycle through Mendoza's wineries and enjoy a tasting
- › Get your adrenaline pumping while rafting
- › Catch a glimpse of Mt Fitz Roy
- › View the impressive Perito Moreno Glacier
- › Savour the scenery in Patagonia
- › Enjoy the hustle and bustle of Buenos Aires

ITINERARY

Combining two super-fun itineraries, this 15-day adventure was made for the modern-day explorer looking to roam this region at a variety of paces. Start your journey in gorgeous Buenos Aires before cycling through the country's celebrated wine region. Explore the charming city of Mendoza and hike through Glacier National Park to marvel at the sheer presence of Perito Moreno Glacier. Sign up and lace up for the Active adventure of your travelling years.

15 DAYS — BUENOS AIRES
TO BUENOS AIRES

FROM

\$4499

Valid for Jan 5, 2020 departure.

OPTIONAL MY OWN ROOM: \$1179

TOUR CODE: SAMS

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING

Ripple Score



3. Hike Patagonia In Depth

TREKKING

Highlights

- › Catch a glimpse of Mt Fitz Roy
- › Marvel at Perito Moreno Glacier
- › Savour the scenery in Patagonia
- › Hike the spectacular W Trek
- › Snap a photo of the famous three peaks of Torres
- › Enjoy the vibrant city of Buenos Aires

ITINERARY

For those looking to explore a corner of the world that is well off the tourist track (in addition to some incredible highlights), this two weeks of hiking through some very remote areas of Patagonia is your opportunity to roam wild and free, my friend. With snow-capped mountains and blue skies as your backdrop, you'll hike through otherworldly Torres del Paine National Park, staggering El Chaltén,

14 DAYS — BUENOS AIRES
TO BUENOS AIRES

FROM

\$4199

Valid for Mar 7, 2020 departure.

OPTIONAL MY OWN ROOM: \$759

TOUR CODE: SAPI

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING

Ripple Score





Mendoza & Bariloche Multisport

MULTISPORT

Highlights

- > Cycle through Mendoza's wineries
- > Enjoy the scenery of Bariloche year-round
- > Get your adrenaline fix while rafting
- > Enjoy the hustle and bustle of Buenos Aires

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. **Foodie:** Mendoza Cycling Wine Tour, Mendoza. *(To learn more, see page 8)*

Aconcagua National Park permit. Full-day hike to Aconcagua first camp (Mendoza). Full-day rafting excursion and barbecue lunch (Bariloche). Internal flights. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (7 nts), overnight bus (1 nt). **TRANSPORT** Public bus, van, plane. **GROUP LEADER** G Adventures Representative in Buenos Aires, CEO (Chief Experience Officer), local guides. **MEALS** 7 breakfasts, 2 lunches. Allow USD345-450 for meals not included.

ITINERARY

Sure, active adventures in Argentina sound pretty amazing, but when you really think about where they're taking place, they become nothing less than mind-blowing. This nine-day journey through some of the greatest landscapes in Argentina sure will remind you you're somewhere exceptional. Start with a wine cycle (two words that go together beautifully) tour of gorgeous Mendoza before then heading on toward Aconcagua for a full-day trek to its scenic base. Later in Bariloche, opt to go whitewater rafting for an exhilarating way to wrap up a thrilling week away from the everyday.

DAY 1 BUENOS AIRES Arrive at any time. **DAYS 2-3 BUENOS AIRES/ MENDOZA** Leave the bustling city of Buenos Aires and fly to Mendoza. Head out early and drive into the mountains; trek to Aconcagua's first camp taking in views of the largest mountain in the Americas en route. (2B, 1L) **DAYS 4-5 MENDOZA** Spend the day cycling through vineyards and stop at wineries en route to sample the world-famous Malbec. In the evening, take an overnight bus to Bariloche. The next day is free to explore Bariloche, an outdoor enthusiast's dream come true, in the Lake District of Argentina. (2B) **DAYS 6-7 BARILOCHE** Picturesque Bariloche is located in the Lake District and surrounded by snow-capped mountains. Depart early for whitewater rafting. Enjoy the thrilling ride while following the river to the Chilean border. Stop for a barbecue lunch before returning to Bariloche. The next day, explore the area, go for a hike along the Bella Vista trail, relax by Nahuel Huapi Lake, or wander the streets and look at the artisanal shops. (1B, 1L) **DAY 8 BARILOCHE/BUENOS AIRES** Take a flight back to Buenos Aires and enjoy the evening in this vibrant city. (1B) **DAY 9 BUENOS AIRES** Depart at any time. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING



9 DAYS — BUENOS AIRES TO BUENOS AIRES

FROM

\$2099

Valid for Jan 5, 2020 departure.

OPTIONAL MY OWN ROOM: \$619

TOUR CODE: SAMB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

100



Patagonia Hiking

TREKKING

Highlights

- › Catch a glimpse of Mt Fitz Roy
- › Marvel at Perito Moreno Glacier
- › Savour the scenery in Patagonia
- › Enjoy the vibrant city of Buenos Aires

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Laguna de los Tres full-day guided hike (El Chaltén). Class III rafting. Perito Moreno Glacier guided tour (El Calafate). Internal flights. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (8 nts). **TRANSPORT** Public bus, van, plane. **GROUP LEADER** G Adventures Representative in Buenos Aires, CEO (Chief Experience Officer), local guides. **MEALS** 8 breakfasts. Allow USD360-470 for meals not included.

ITINERARY

As a destination for active travellers, Patagonia is nothing short of iconic. The very best way to do this South American region justice is to hike all over it. Trek through the crisp air of El Chaltén (with its crazy beautiful Cerro Torre mountain) and then to the area near the imposing Perito Moreno Glacier. In between, marvel at the giant sky, vast views, and big city appeal of Buenos Aires while you revel in a sense of personal triumph. Patagonia's ready and waiting for you.

DAY 1 BUENOS AIRES Arrive at any time. **DAYS 2-4 EL CHALTÉN** Fly to El Calafate and continue by bus to El Chaltén and Los Glaciares National Park. On the way, marvel at the towering Andes.

Jump into a raft and navigate through Glacier NP. Watch the mountains fade into the distance and continue to paddle down Class III rapids. The next day, take a full-day guided hike to Laguna de los Tres and (if you're lucky) get a clear view of the Fitz Roy peaks. Watch the terrain change from tree-covered trails to exposed landscapes with snow-covered mountains. (3B) **DAYS 5-6 EL CALAFATE** Explore one of El Chaltén's many trekking routes. Opt to explore the Laguna Torre trail to spot the dramatic Cerro Torre, hike to Laguna Capri, or head up to the Condor Mirador to enjoy great views of the town. Later, head to the quaint little town of El Calafate, and opt for a hearty dinner to refuel. Travel to Perito Moreno Glacier for an included guided tour. Opt to take a boat ride on the lake to get a different view of the stunning landscape and marvel at how large the glacier is up close. (2B) **DAYS 7-8 EL CALAFATE/BUENOS AIRES** Enjoy free time, take a leisurely hike to Laguna Nimez or explore the souvenir shops and restaurants in town. Opt to take a boat ride on the lake and get a different view of the stunning landscape. Marvel at how large the glacier actually is up close. Fly back to the vibrant city of Buenos Aires. (2B) **DAY 9 BUENOS AIRES** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



9 DAYS — BUENOS AIRES TO BUENOS AIRES

FROM

\$2699

Valid for Jan 4, 2020 departure.

OPTIONAL MY OWN ROOM: \$719

TOUR CODE: SACC

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score





Torres del Paine—The W Trek

TREKKING

Highlights

- > Trek the spectacular W Trek
- > Snap a photo of the famous three peaks of Torres
- > Marvel at the lakes and glaciers en route

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Torres del Paine National Park camping excursion with porters (3 nts). W Trek. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (2 nts), camping (3 nts). **TRANSPORT** Van, ferry, hiking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, specialist mountain guides in Torres del Paine NP, local guides. **MEALS** 5 breakfasts, 4 lunches, 3 dinners. Allow USD80-105 for meals not included.

ITINERARY

Here's a quick six-day trip that's simply perfect as an add-on to other Patagonian adventures. Torres del Paine's W Trek is celebrated by active travellers globally as one of the most scenic treks anywhere. Spend four days walking through stunning landscapes surrounding Grey Glacier, French Valley, and the imposing three towers. While the trek alone is challenging enough, the real contest comes in needing to take your camera out so frequently.

DAY 1 PUERTO NATALES Arrive at any time. **DAY 2 TORRES DEL PAINE NP/W TREK** Embark on a four-day excursion within Torres del Paine National Park, hiking the celebrated W Trek. Start the 62km (38.5 mi) route by trekking to the base of Las Torres to see the dramatic three towers and turquoise lagoon below. (1B, 1L, 1D) **DAYS 3-4 W TREK** Wake up surrounded by breathtaking landscapes. Enjoy a scenic drive and a picturesque ferry ride on Lake Pehoé. Hike to Grey Lake and the lookout point for Grey Glacier to admire the scale of this immense glacier. Hike to the French Valley lookout and take in the awe-inspiring views of the mountain range spreading across the national park. Marvel at the dramatic, contrasting greens and greys of the landscape. (2B, 2L, 2D) **DAY 5 W TREK/PUERTO NATALES** Enjoy the final day of the W Trek. Wake up to the amazing views of the Cuernos del Paine (the Horns of Paine) and continue trekking to Las Torres Campsite. Finish by snapping a photo of the mountains reflecting in Lake Nordenskjöld and enjoy the sense of accomplishment. (1B, 1L) **DAY 6 PUERTO NATALES** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



6 DAYS — PUERTO NATALES TO PUERTO NATALES

FROM
\$1699

Valid for Mar 7, 2020 departure.

OPTIONAL MY OWN ROOM: \$99

TOUR CODE: SCWT

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP – MAX 16, AVG 12

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 4 – DEMANDING



Ripple Score 100

Torres del Paine — Full Circuit Trek

TREKKING

Highlights

- > Soak up the stunning scenery of Torres del Paine National Park
- > Watch the ice floes of the Grey Glacier
- > Trek through incredibly diverse scenery

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Camping and hiking excursion of the full circuit through Torres del Paine National Park with porters (9 days). All transport between destinations and to/from included activities.

ACCOMMODATIONS Hotels (2 nts), camping (8 nts). **TRANSPORT** Van, boat, hiking. **GROUP LEADER** Specialist mountain guides in Torres del Paine National Park. **MEALS** 10 breakfasts, 9 lunches, 8 dinners. Allow USD80-105 for meals not included.

ITINERARY

Gazing upon the towering, steeple-like peaks of Patagonia's Cordillera del Paine for the first time, you'd swear they were lifted straight from The Lord of the Rings movie. But these massive rock formations are very real. Built for physically-active travellers, not hardcore mountaineers, this trip brings you to remote, lesser-visited sections of the Torres del Paine National Park and the truly unimaginable scenery to be found here. With top-notch mountain guides at your side, you'll be able to concentrate on spotting condors in flight instead of staring blankly at a map.

DAY 1 PUERTO NATALES Arrive at any time. **DAY 2 PUERTO NATALES/TORRES DEL PAINE NP**

Embark on a nine-day excursion within Torres del Paine National Park, hiking the O circuit or the full circuit. Start the 130km (80.7 mi) route by trekking to the base of Las Torres to see the dramatic three towers and turquoise lagoon below. (1B, 1L, 1D) **DAYS 3-4 SERRON CAMPSITE/DICKSON CAMP** Hike on relatively flat terrain, enjoying the towering mountains to the left while following the river along the trail to Camp Serron. Enjoy the surrounding grassy plains while keeping an eye out for wildlife. Arrive at camp in mid-afternoon along the north side of the national park (towards the mountains) and continue to follow the river to Lake Dickson. In the evening, relax and walk along the pebble beach, admiring the crystal clear glacier water. (2B, 2L, 2D) **DAYS 5-7 LOS PERROS CAMPSITE/GRAY CAMP** Continue along the north side of the park and hike to an incredible lookout point of Lake Dickson and the surrounding valley. Follow the trail through the tall forest to another lookout point for Perros Glacier. The next day is the toughest day of the O Circuit, starting with an uphill climb for two to three hours and passing over the highest point. Take in the first view of Grey Glacier and gaze into the distance as it spreads 270km² (104 mi²). Conquer a fear of heights while climbing a few vertical ladders and passing a suspension bridge en route to Grey Camp. Enjoy the next day exploring Grey Lake and Grey Glacier. A highlight of the trek is its scenery, with a snow-capped mountain backdrop and floating pieces of piercing blue glacier. (3B, 3L, 3D) **DAYS 8-9 PAINE GRANDE CAMP/CUERNOS CAMP** Hike along Lake Grey, checking out different viewpoints of the glacier en route. Today the hike joins the famous W Trek and ends at Lake Pehoé. Relax at Paine Grande Camp and share trekking stories with the other hikers. Hike the French Valley lookout point the next day and see the mountain range spread across the national park, taking in the contrasting greens and greys of the landscape. (2B, 2L, 2D) **DAY 10 TORRES DEL PAINE NATIONAL PARK/PUERTO NATALES** The concluding day of the O Circuit continues along Lake Nordenskjöld. Take in the final views of Torres del Paine, reflect on the last nine days and relish in the sense of accomplishment before heading back to Puerto Natales. (1B, 1L) **DAY 11 PUERTO NATALES** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



11 DAYS — PUERTO NATALES TO PUERTO NATALES

FROM
\$3549

Valid for Mar 7, 2020 departure.

OPTIONAL MY OWN ROOM: \$179

TOUR CODE: SCFT

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP – MAX 16, AVG 12

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 – CHALLENGING



Ripple Score 100



Colombia Multisport & Lost City Trek

MULTISPORT

Highlights

- > Trek to the Lost City of Teyuna
- > Get a glimpse into daily life in remote communities
- > Challenge yourself with steep inclines
- > Experience city life in Medellín and Cartagena

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

Chingaza National Park hike (Bogotá). Camino Real (Barichara). Suarez Canyon whitewater rafting. Medellín orientation walk. Trek to the Lost City with an Indigenous guide (5 days). Guided tour of the Lost City. Internal flights. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (12 nts), camping (4 nts hammocks/rustic bunks). **TRANSPORT** Plane, private vehicle, 4x4, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 16 breakfasts, 5 lunches, 4 dinners. Allow USD350-455 for meals not included.

ITINERARY

Earn another stamp in your passport on this thrilling 17-day tour that takes you through challenging terrain, remote villages, and incredible natural landscapes. After visiting some of Colombia's vibrant cities, you'll continue to the highlight of this trip: a multi-day trek to the Lost City of Teyuna through farmlands, the deep jungle, and small Kogi communities. By the end, you'll have gained a new appreciation for all that Colombia has to offer.

DAY 1 BOGOTÁ Arrive at any time. **DAY 2 BOGOTÁ** Head out of the city to Chingaza National Park. Enjoy a hike through this unique landscape, passing by palms and succulents on the way to crystal clear lagoons. (1B) **DAYS 3-6 BOGOTÁ/BARICHARA** Enjoy the ride to Barichara, breaking up the journey with a stop in Villa de Leyva. The next day, get your adrenaline pumping while whitewater rafting in Suarez Canyon. Enjoy a free day in Barichara. Opt to go mountain biking, hike to a waterfall, or explore nearby San Gil. Hike El Camino Real, a 9km (5.6 mi) walk along cobblestone pathways to the colonial town of Guane. (4B) **DAY 7 BARICHARA/MEDÉLLIN** Get an early start to catch a flight to Medellín, dubbed one of the world's most innovative cities. (1B) **DAYS 8-9 MEDÉLLIN** Enjoy a free day to explore the city. Opt to hike up Nutibara Hill, learn about the city's past on

a neighbourhood tour, or explore the many museums. (2B) **DAY 10 MEDÉLLIN/CARTAGENA** Hop on a morning flight to Cartagena and arrive in time to spend the afternoon exploring the old walled city, a UNESCO World Heritage Site. Opt for dinner and a night out in this lively town. (1B) **DAY 11 CARTAGENA/SANTA MARTA** Travel to Santa Marta, the starting off point for the Lost City trek. Pick up any essentials you require for the trek ahead. (1B) **DAYS 12-15 LOST CITY TREK** Transfer to Machete Pelao, where the trek begins to the Lost City of Teyuna. Trek for five to ten hours each day through farmland, steamy jungle, and rural communities. Get a glimpse into the local way of life in the remote river valleys of the Sierra Nevada Mountains. Continue trekking along the route to Ciudad Perdida — expect tough portions of the trek with a lot of steep inclines, with opportunities to rest and take in the beautiful views. Get started early to climb the 1,200 steps up to the Lost City. Explore the Lost City and learn what is known of its origins from the Indigenous guide, before making the descent back to Wiwa Camp for the night. Follow the path back through the deep jungle, wind through banana trees, cacao plants, and small Kogi communities on the way to Ricardito Camp. The nickname for this camp is Vista Hermosa, or beautiful views, so sit back and soak them in. (4B, 4L, 4D) **DAY 16 SANTA MARTA** In the morning, take in your last views of the jungle as you trek back to Machete Pelao. Transfer to Santa Marta where the rest of the day is yours to relax. (1B, 1L) **DAY 17 SANTA MARTA** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



SHORT ON TIME?

Get your multisport fix amongst Colombia's beautiful scenery with time for whitewater rafting and the chance to hike a stretch of El Camino Real.

Colombia Multisport
11 Days | Tour Code: SMCM

FROM
\$2199
Valid for Sept 19, 2019 departure.

17 DAYS — BOGOTÁ TO SANTA MARTA

FROM
\$2979

Valid for Sep 10, 2020 departure.

OPTIONAL MY OWN ROOM: \$719

TOUR CODE: SMCA

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 5 — CHALLENGING





Colombia — Lost City Trekking

Highlights

- > Climb 1,200 steps to reach the Lost City of Teyuna
- > Enjoy spectacular jungle scenery along the trek
- > Swim in the cool Buritaca River
- > Watch hummingbirds in the trees from the comfort of a hammock

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group, Santa Marta. *(To learn more, see page 8)*

Trek to the Lost City with an Indigenous guide (5 days). Guided tour of the Lost City. Transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (2 nts), camping (4 nts hammocks/rustic bunks). **TRANSPORT** 4x4, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, Indigenous Kogi or Wiwa local guides. **MEALS** 6 breakfasts, 5 lunches, 4 dinners. Allow USD65-85 for meals not included.

ITINERARY

Everyone wants to visit an undiscovered region before it becomes a hotbed of tourism. Trek the Ciudad Perdida (Lost City) at Teyuna, and have that wish come true. Get firsthand knowledge of the area's unique culture with an Indigenous guide and an English-speaking CEO accompanying you the entire way. Trek through lush jungles and across streams. Arrive at Teyuna and explore the uncrowded ruins at leisure, marvelling at what would have been here in years gone by. Say you got here first and had the Lost City all to yourself.

DAY 1 SANTA MARTA

Arrive at any time. **DAYS 2-5 MACHETE PELAO/LOST CITY** Transfer to Machete Pelao, where the trek begins to the Lost City of Teyuna. Trek for five to seven hours each day through farmland, steamy jungle, and rural communities. Get a glimpse into the local way of life in the remote river valleys of the Sierra Nevada Mountains. Continue trekking along the route to Ciudad Perdida — expect tough portions of the trek with a lot of steep inclines, with opportunities to rest and take in the beautiful views. Get started early to climb the 1,200 steps up to the Lost City. Explore the Lost City and learn what is known of its origins from the Indigenous guide, before making the descent back to Wiwa Camp for the night. Follow the path back through the deep jungle, wind through banana trees, cacao plants, and small Kogi communities on the way to Ricardito Camp. The nickname for this camp is Vista Hermosa, or beautiful views, so sit back and soak them in. (4B, 4L, 4D) **DAY 6 RICARDITO CAMP/ SANTA MARTA** Head across grassy hills and gentle streams on the final leg of the trek back to Machete Pelao. After lunch return to Santa Marta for a final evening on the town. (1B, 1L) **DAY 7 SANTA MARTA** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



7 DAYS — SANTA MARTA TO SANTA MARTA

FROM

\$799

Valid for Sep 20, 2020 departure.

OPTIONAL MY OWN ROOM: \$89

TOUR CODE: SMLC

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 10

SERVICE LEVEL: BASIC

PHYSICAL RATING: 5 — CHALLENGING



Ripple Score

100



TREKKING



TOP
SELLER

Galápagos Multisport with Quito

MULTISPORT

Highlights

- > Encounter incredible wildlife
- > Snorkel and swim with sea turtles and manta rays
- > Cycle around Isabela Island
- > Hike the Sierra Negra volcano
- > Visit the Charles Darwin Research Station

What's Included

Your Moments: G for Good: Floreana Community Restaurants, Floreana Island. Floreana Community Guesthouse, Floreana Island. *(To learn more, see page 8)*

Visit to the Charles Darwin Research Station (Santa Cruz Island). Highlands and wild tortoise excursion. Kayak and snorkel excursion. Snorkelling at Black Beach and Loberia (Floreana Island). Biking excursion (Isabela Island). Sierra Negra Volcano hike. Giant Tortoise Breeding Centre visit. Isabela Municipal Tax. Internal flights. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (7 nts), G Adventures-supported community guesthouses (2 nts). **TRANSPORT** Plane, speed boat, van, pickup truck, local bus, panga. **GROUP LEADER** CEO (Chief Experience Officer)/Naturalist Guide while in the Galápagos Islands (certified by the Galápagos National Park Authority), local G Adventures Rep in Quito. **MEALS** 9 breakfasts, 5 lunches, 2 dinners. Allow USD170-225 for meals not included.

ITINERARY

This adventure is perfect for those who want to experience the incredible wildlife and scenery of the Galápagos Islands but prefer to sleep on shore. Go ashore at the lesser-visited island of Isabela and spend your days with playful sea lions, giant manta rays, and the Galápagos giant tortoise. This adventure offers a great balance of guided excursions and free time, with optional activities abound.

DAY 1 QUITO Arrive at any time. **DAY 2 SANTA CRUZ ISLAND** Fly to Santa Cruz and visit the Charles Darwin Research Station. (1B, 1L) **DAY 3 SANTA CRUZ ISLAND** Visit the highlands of Santa Cruz to see

the giant tortoises' natural habitat. In the afternoon, kayak the Itabaca Canal and explore the lively underwater world with a mask and snorkel. (1B, 1L) **DAY 4 SANTA CRUZ/FLOREANA ISLAND** Spend a free morning enjoying Santa Cruz before crossing by speedboat to Floreana Island. Get settled at the G Adventures-supported community guesthouse, enjoy an excursion to the highlands and opt to swim or snorkel at Black Beach. (1B, 1D) **DAY 5 FLOREANA ISLAND** Enjoy a visit to Loberia, where there are opportunities to swim and snorkel. Opt to explore the area around Black Beach. (1B, 1L, 1D) **DAY 6 FLOREANA ISLAND/ISABELA ISLAND** Take a morning speedboat journey to Isabela Island. Enjoy a kayak excursion near Tintoreras and then jump in for a snorkel nearby. (1B, 1L) **DAY 7 ISABELA ISLAND** Hike to Sierra Negra volcano to see the second-largest crater in the world and enjoy a bike excursion. Visit the Giant Tortoise Breeding Centre on the way back to town. Opt to take surfing lessons on the nearby beach. (1B, 1L) **DAY 8 ISABELA ISLAND/SANTA CRUZ** Free day to enjoy a variety of activities available on Isabela Island. Choose from a number of activities, such as snorkelling or surfing, before returning to Santa Cruz by speedboat. (1B) **DAY 9 SANTA CRUZ ISLAND/QUITO** Transfer across Santa Cruz Island to Baltra. Fly back to Quito. (1B) **DAY 10 QUITO** Depart at any time. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING



GALÁPAGOS MULTISPORT

Want more time in Galapagos? Choose this option without flights included.
8 Days | Tour Code: SEGA

FROM
\$2499

Valid for Jan 5, 2019 departure.

10 DAYS — QUITO TO QUITO

FROM

\$2999

Valid for Jan 4, 2020 departure.

OPTIONAL MY OWN ROOM: \$699

TOUR CODE: SEGL

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

97



Ecuador Multisport

MULTISPORT

Highlights

- > Go whitewater rafting in the Amazon
- > Marvel at an active volcano
- > Soak in mountain hot springs
- > Explore the trails around Cotopaxi
- Volcano by mountain bike

What's Included

Your Moments: Welcome: Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Whitewater rafting excursion on the Jatunyaku River in the Amazon Jungle (full-day). Trekking in Llanganates National Park. Mountain bike excursion. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (7 nts), camping (1 nt). **TRANSPORT** Public bus, private vehicle, hiking, biking, rafting. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 4 breakfasts, 3 lunches, 1 dinner. Allow USD210-275 for meals not included.

ITINERARY

Speed is the watchword for this high-adrenaline active tour around Ecuador. Across nine action-packed days, you'll bike or horseback ride near Cotopaxi (an Andean stratovolcano), raft down rushing rivers, trek the lush foothills of Baños, and much, much more. Best of all, you'll always travel with an experienced and passionate Chief Experience Officer (CEO) who knows the quickest and most scenic routes to wherever you're headed. Remember, you're here for a great time, not a long time; slather on that sunscreen, strap on your helmet, and hit the ground running!

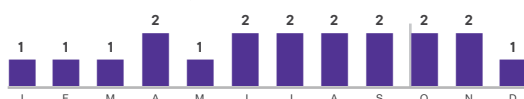
DAY 1 QUITO Arrive at any time. **DAYS 2-3 TENA/AMAZON JUNGLE** Travel by bus into the Amazon Basin at Tena. Enjoy an included full-day whitewater rafting excursion on the Jatunyaku River before returning to Tena for the night. (1B, 1L) **DAY 4 BAÑOS** Travel by bus to Baños. Free afternoon for optional activities like canyoning, visiting local waterfalls, or exploring the town on foot. **DAYS 5-6 LLANGANATES NP** Transfer to the start point of the trek and hike into Llanganates National Park, enjoying spectacular views of Tungurahua volcano. Following a night of camping, continue to the volcano's hiker refuge before returning to Baños in the afternoon. Opt to visit to the local hot springs. (1B, 1L, 1D) **DAY 7 BAÑOS/COTOPAXI** Depart early from Baños and travel by bus to a hacienda near Cotopaxi Volcano. Later, take part in a horseback riding or biking excursion. **DAY 8 COTOPAXI/QUITO** In the morning, head into Cotopaxi National Park for a guided tour and spectacular views. After lunch at Limpiopungo Lagoon return to Quito for a final night in the city. (1B, 1L) **DAY 9 QUITO** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

BAÑOS CANYONING ADVENTURE: Jump, slide, rappel, swim, and float down the Rio Blanco on this canyoning adventure into Llanganates National Park. See [Personalize your tour](#) on page 47. **BAÑOS ZIPLINING ADVENTURE BUNDLE:** Get that adrenaline pumping! Cross a suspension bridge, rock climb, and zip past stunning scenery suspended 850m (2,788 ft) above the canyon below. See [Personalize your tour](#) on page 47.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



For all dates, pricing, availability, booking, and detailed itineraries, consult your travel agent or check online.



G FOR GOOD

Floreana Ecotours

Community Guesthouse & Restaurants • Floreana Island, Galápagos

Since the 1970s, thousands of visitors have come to the Galápagos to explore its stunning ecosystem and environment. However, the residents of Floreana Island struggled to benefit from this, with many of the community's youth leaving the island to study and rarely returning. Along with our local partners, Planeterra funded a large-scale training program where residents can manage all aspects of tourism on their island. It is the archipelago's first community-based tourism program, benefiting the 150 island residents for years to come.

Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here are some optional add-ons you can book in advance, for those days on your tour that have free time built in.

BAÑOS ZIPLINING ADVENTURE BUNDLE

Buckle up your harness, put on your helmet, and prepare to launch. Glide along a zipline suspended 850m (2,788 ft) above the canyon below. Forget your fear as you cross the Tibetano Suspension Bridge. Rock climb up to a second zipline and zip past stunning scenery to finish off this adrenaline-filled adventure.

FROM
\$25
Baños
Half-day

BAÑOS CANYONING ADVENTURE

Jump, slide, rappel, swim, and float your way down the Rio Blanco on this canyoning adventure. Make your way downstream and enjoy the stunning scenery as you head into the heart of Llanganates National Park.

FROM
\$30
Baños
Half-day

QUITO CITY TOUR AND EQUATOR

Enjoy a city tour of Quito to visit the Old Town (a UNESCO World Heritage Site), La Compañía Church, Plaza Grande, and a towering statue of the virgin of Quito. Drive 25km (16 mi) north to the Middle of the World, latitude 0°, and stand with one foot in each hemisphere.

FROM
\$50
Quito
Half-day

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.

Combine Peru & the Galápagos.

Mix 'n' match, South American-style.

The Galápagos Islands and the Inca Trail: so close, and yet, so far! We hear it from travellers all the time: "We'd love to do both, but we just don't have the time to take two tours back-to-back." There's no worse feeling than returning home from an adventure knowing you missed out on something great. Oh, if only some enterprising little travel company were to combine these two destinations into a single tour...

FREE FLIGHT BETWEEN PERU & GALÁPAGOS

Combine any small-group Peru itinerary with a Galápagos tour and we'll pick up the flight between Lima and Quito. Strike both Machu Picchu and the Galápagos off your list. Talk to a Global Connections Officer or travel agent to learn more.

Galápagos Central Islands & Inca Discovery

MULTISPORT

Highlights

- > Cruise the Galápagos for four nights aboard the Xavier III
- > Snorkel with sea lions and discover spectacular marine life in protected bays
- > Visit El Chato Reserve to spot giant tortoises in their natural environment
- > Soak in the views and culture of the Sacred Valley
- > Climb the Inca Trail to Machu Picchu

ITINERARY

From the unique wildlife of the Galápagos to the towering peaks of Peru, discover two of South America's iconic highlights in one comprehensive adventure — explore the Galápagos aboard the Xavier III before flying into the Andean highlands. As one of the larger tour operators in the Galápagos, our exclusively operated fleet of yachts offers great value and in Peru we run our own treks, ensuring the fair treatment of our porters and the quality of food and equipment as you follow the Inca Trail to Machu Picchu. Experience the intense variety and striking beauty of two of South America's most dramatic regions.

14 DAYS — QUITO TO CUSCO

FROM

\$4549

Valid for Jan 14, 2020 departure.

TOUR CODE: SED07MB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: CLASSIC

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score



100

Amazon to the Andes & Galápagos South & Central Islands

MULTISPORT

Highlights

- > Cruise the Galápagos for seven nights aboard the Xavier III
- > Explore the Sacred Valley
- > Trek the Inca Trail to Machu Picchu
- > Spot wildlife in the Amazon
- > Hike along cliffs and spot exotic birds and sunning marine iguanas
- > Snorkel in the deep-blue waters packed with tropical fish and curious sea lions

ITINERARY

Experience the iconic highlights of South America in one incredible adventure. Hike the Inca Trail to the Lost City of Machu Picchu, explore the steamy Amazon from the comfort of our intimate G Lodge Amazon, spend seven nights exploring the Galápagos aboard the Xavier III and snorkel the waters of the Galápagos. Our exclusively operated fleet of yachts offers great value and in Peru, we run our own treks, ensuring the fair treatment of our porters and the quality of food and equipment as you follow the Inca Trail to majestic Machu Picchu.

21 DAYS — LIMA TO QUITO

FROM

\$7249

Valid for Jan 7, 2020 departure.

TOUR CODE: SPA10MA

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: CLASSIC

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score



100



Even our professional photos can't compare to seeing Machu Picchu firsthand. And they're, like, professional and stuff.

Absolute Peru & Galápagos Central Islands

MULTISPORT

Highlights

- › Cruise the Galápagos for four nights aboard the Xavier III
- › Snorkel with sea lions
- › Spot rare birds in secluded lagoons
- › Find land iguanas feeding in the cactus forests on South Plaza Island
- › Visit Lake Titicaca and opt to fly over the Nazca Lines
- › Trek the Inca Trail to Machu Picchu
- › Encounter wildlife in the Amazon Jungle

ITINERARY

Explore Peru's southern coast, its Incan Highlands and the Galápagos Islands. From the soaring heights of the Inca Trail to the steamy jungle stay at the exclusive G Lodge

Amazon, this epic journey includes an all-encompassing tour of Peru and four nights exploring the Galápagos. As one of the biggest tour operators in the region, our exclusive fleet of yachts offers great value, and in Peru, we run our own treks, ensuring the fair treatment of our porters and the quality of food and equipment as you follow the Inca Trail to majestic Machu Picchu.

27 DAYS — LIMA TO QUITO

FROM

\$6999

Valid for Jan 8, 2020 departure.

TOUR CODE: SPH07MB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: CLASSIC

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score



100



Seal-ing the deal in the Galápagos.

Hiking through Peru.





Baby shark, do-do-do-do-do-do.



Central America

Where every adventure is centrally-located.

A skinny belt of countries and islands connecting two much larger continents, Central America and the Caribbean don't look like much on the map. But looks have never been more deceiving: enveloping rainforests teeming with all manner of wildlife, cloud-shrouded volcanoes, charming colonial towns, mysterious Mayan ruins, and mile upon glorious mile of white-sand beaches await travellers curious enough to come looking for them. And as much fun as they are to explore by day, these lands truly come alive at night — often to the beat of salsa, calypso, or reggae. Central America may be unfamiliar, but now's the best time to get introduced.

CENTRAL AMERICA UNCOVERED

Diamante Verde • Costa Rica

Costa Rica certainly has its share of thick jungles to trek through. But if you're in the market for something a little more immersive, get to Diamante Verde. Here, you'll get all the incredible jungle scenery you can handle all day, then bunk in a fully equipped cave homestay for the night.

Tortuguero • Costa Rica

Yes, Tortuguero translates to "Land of the Turtles," but what goes on around these parts when the reptiles are out of town? All kinds of stuff, actually. Tag along with us as we explore this quirky, always-surprising little Costa Rican town and the thick jungles that envelop it.

La Fortuna • Costa Rica

Once infamous for releasing bright, molten lava on a daily basis, the Arenal Volcano has been inactive since 2010. Its near-perfect conical shape now provides a beautiful backdrop to the town of La Fortuna.



Hold on tight! Or just hang loose because your zipline harness will safely keep you soaring through the Monteverde cloud forest.



Paddle to paradise through Costa Rica's Tortuguero River.



Adventures await you in the raniforests of Costa Rica.

Experience Central America



We'll show you the ropes of canyoneering in La Fortuna, Costa Rica.



Keep alert with fresh Costa Rican coffee

Get excited for life's ups and downs.

Geographically vast and astonishingly dense with things to see and do, this part of the world is perfect for travellers eager to cram a lot of life-changing stuff into a short period of time. Life unfolds at a leisurely pace in the Caribbean's mellow little towns (at least until the sun goes down and the band picks up), while the lush jungles of Costa Rica hide opportunities to hike up volcanoes, rappel down waterfalls, and zip line through the canopy. Check out a few of our favourite active things to do down here.



Keep your eyes peeled for wildlife in Costa Rica's Rincon de la Vieja National Park.



Kayak Tortuguero • Costa Rica

Slip into a kayak and glide through the secluded canals of Tortuguero National Park in search of monkeys and sloths amid the impossibly thick jungle greenery. Blissful and active all at once, this offers the best of both worlds and some staggering scenery. See trip **CRKA** on page 57.



Cruising through Tortuguero by boat.

Trek Costa Rica • Costa Rica

Head deep into the Piedras Blancas to discover how the locals live, then try your hand at waterfall rappelling before slowing things down in the kitchen where you'll learn how to make traditional baked goods with an expert. See trip **CRAC** on page 58.

Diamante Verde • Costa Rica

Costa Rica certainly has its share of thick jungles to trek through. But if you're in the market for something a little more immersive, get to Diamante Verde. Here, you'll get all the incredible jungle scenery you can handle all day, then bunk in a fully equipped cave homestay for the night. See trip **CRAC** on page 58.

Zoom right in on the wildlife of Manuel Antonio National Park.



TOP
SELLER

Costa Rica Active Adventure

Highlights

- > Paddle through world-class rapids on the Pacuare River
- > Mountain bike in the shadow of Arenal Volcano
- > Chill out to the sounds of crashing Caribbean waves
- > Stand up on a surfboard in Puerto Viejo

What's Included

Your Moments: Welcome: Meet Your CEO and Group. **Hands-on:** Surfing Lesson, Puerto Viejo de Talamanca. **Discover:** Free time in La Fortuna, Puerto Viejo de Talamanca. *(To learn more, see page 8)*

Overnight Pacuare River rafting trip. Guided hike (Pacuare River). Guided cycling excursion (La Fortuna). All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (10 nts), jungle lodge (2 nts). **TRANSPORT** Public bus, private vehicle, bicycle, boat, raft, hiking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 3 breakfasts, 3 lunches, 2 dinners. Allow USD460-600 for meals not included.

ITINERARY

Trekking, biking, horseback riding, kayaking, ziplining. Costa Rica really is the "Adventure Capital of the Americas." Thrill-seekers will find more than enough to keep themselves busy over this trip's 13 action-packed days. After landing in San José, embark on four days of exploration around Monteverde and Arenal Volcano. Raft down the mighty Pacuare River before crossing over to our remote rainforest lodge, surrounded on all sides by the thick, enveloping jungle. End the journey by heading down to the beach at Puerto Viejo. Phew! Tired yet? No? Time to book!

DAY 1 SAN JOSÉ Arrive at any time. **DAYS 2-3 MONTEVERDE** Drive through Costa Rica's beautiful countryside to Monteverde to explore the verdant cloud forest and enjoy the surrounding area. Enjoy a free

day for optional activities in and around Monteverde, like ziplining, horseback riding, or touring the cloud forest. **DAY 4 LA FORTUNA/ ARENAL** Travel through rolling hills and across a lake to La Fortuna, where there is free time to explore. **DAY 5 LA FORTUNA/ ARENAL** Enjoy a free day in La Fortuna. Opt to go whitewater rafting, waterfall rappelling, canyoning, or paddleboarding and kayaking with Arenal Volcano as the backdrop. **DAY 6 LA FORTUNA/ ARENAL** Cycle the area around La Fortuna on a guided half-day biking tour. At night, opt to soak in hot springs at the base of Arenal Volcano. **DAYS 7-8 PACUARE RIVER** Enjoy a two-day guided rafting expedition along the Pacuare River, stopping at times to explore on foot. Overnight in rustic cabins built along the river. (2B, 2L, 2D) **DAY 9 PACUARE/ PUERTO VIEJO** Continue downriver to the take-out point, then travel to the Caribbean coastal town of Puerto Viejo. (1B, 1L) **DAYS 10-11 PUERTO VIEJO** The Caribbean is famous for its sun, sand, and surf. Pull on a rash guard, grab a big board, and get ready to hang ten like a local with an included surf lesson. Enjoy free time for more surfing, swimming, wildlife spotting, or a yoga class. **DAY 12 SAN JOSÉ** Return to San José and take advantage of a final day to shop for souvenirs (coffee anyone?). **DAY 13 SAN JOSÉ** Depart at any time.

PERSONALIZE YOUR TOUR

COSTA RICA ADRENALINE BUNDLE: Get all your thrills covered with a half-day of canyoneering in Arenal and another half-day of ziplining in Monteverde. See **Personalize your tour** on page 55.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



13 DAYS — SAN JOSÉ TO SAN JOSÉ

FROM

\$1729

Valid for May 2, 2020 departure.

OPTIONAL MY OWN ROOM: \$739

TOUR CODE: CRSM

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



Ripple Score

100



MULTISPORT



G FOR GOOD

Life Monteverde

Organic Farm • Monteverde, Costa Rica

A dozen families have come together to create a union dedicated to sustainable coffee production, agriculture, and farming. At Life Monteverde, you'll enjoy a tour and coffee tasting, which helps to benefit not only the families involved but the neighbouring farms that participate in the union's coffee production. Life Monteverde helps spread knowledge about sustainable farming and conservation, as well as running free school programs and training for Costa Ricans.



Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here are some optional add-ons you can book in advance, for those days on your tour that have free time built in.

COSTA RICA ADRENALINE BUNDLE

Get a true bird's-eye view of the rainforest canopy as you soar through the trees on a Tarzan swing, a giant rappel, and a 137-meter-high (450-foot) zipline.

FROM
\$149
La Fortuna
& Monteverde
Half-day

PACUARE RIVER WHITEWATER RAFTING

Hailed as the best river in Costa Rica for rafting, get your adrenaline pumping as you navigate the twists, turns, and rapids of the Pacuare River. Learn the tips and tricks from a professional local guide before beginning your journey down stream. One thing we can guarantee – you will get wet!

FROM
\$105
Pacuare
Full day

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.



TOP
SELLER

Costa Rica Volcanoes & Surfing

MULTISPORT

Highlights

- > Surf the waves at one of the best breaks in the country
- > Feel the adrenaline of white water rafting on the Sarapiquí River
- > Catch views of Arenal Volcano on a lakeside paddleboarding and kayaking excursion
- > Watch the sunset over the Pacific

What's Included

Your Moments: G for Good: Life Monteverde Experience, Monteverde. **Welcome:** Meet Your CEO and Group. **Hands-on:** Stand-Up Paddle and Kayak Combo, Arenal. Surfing Lesson, Santa Teresa. **Discover:** Free time in La Fortuna, Monteverde. *(To learn more, see page 8)*

Sarapiquí River Rafting. Guided cloud forest night walk (Monteverde). Beach time in Santa Teresa. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (8 nts). **TRANSPORT** Public bus, private vehicle, boat. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides, surf instructors. **MEALS** 2 breakfasts. Allow USD380-495 for meals not included.

ITINERARY

White water raft the rapids on the Sarapiquí River. Kayak and stand up paddleboard along Lake Arenal with breathtaking volcanic views and catch a wave on this action-packed nine-day tour of Costa Rica. Get your adrenaline pumping with optional extreme sports like waterfall rappelling, and ziplining through the lush jungle canopy. Learn to surf the famous Pacific breaks at Playa Santa Teresa and enjoy plenty of time to relax on tropical beaches. Throw in the opportunity to see incredible rainforest wildlife and you've got a unique adventure you'll be talking about for years.

DAY 1 SAN JOSÉ

Arrive at any time. **DAYS 2-3 LA FORTUNA/ARENAL** Get up early to start your adventure with class II and III rapids on the Sarapiquí River. Continue on to La Fortuna for the night, and enjoy an entire free day full of optional activities to get the most out of this adventure capital. **DAYS 4-5 MONTEVERDE** Enjoy both stand-up paddleboarding and kayaking on Lake Arenal this morning before travelling to Monteverde. Enjoy a G for Good farm experience and coffee tour. Take an included guided night walk to learn about nocturnal life in the jungle firsthand. Enjoy a free day to explore the cloud forest region of Costa Rica. Opt to fly across canopy ziplines, tour a coffee plantation, or go horseback riding in the hills. **DAYS 6-7 PLAYA SANTA TERESA** Enjoy the best of Costa Rica's Pacific coast. With two included surf lessons, try it for the first time or fine-tune skills. Spend the rest of the time enjoying this beach paradise. (1B) **DAY 8 SAN JOSÉ** Enjoy a morning at the beach, then transfer back to the capital. (1B) **DAY 9 SAN JOSÉ** Depart at any time.

PERSONALIZE YOUR TOUR

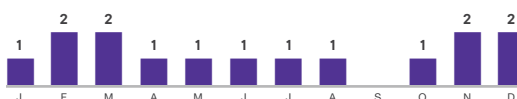
PACUARE RIVER WHITEWATER RAFTING: Get your adrenaline pumping as you navigate the Pacuare River's rapids with twists, turns, and few (or many) refreshing splashes. See **Personalize your tour** on page 55.

COSTA RICA ADRENALINE BUNDLE: Get all your thrills covered with a half-day of canyoneering in Arenal and another half-day of zip lining in Monteverde. See **Personalize your tour** on page 55.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



9 DAYS — SAN JOSÉ TO SAN JOSÉ

FROM

\$1499

Valid for May 16, 2020 departure.

OPTIONAL MY OWN ROOM: \$379

TOUR CODE: CRVS

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE


THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Costa Rica Kayaking Adventure

MULTISPORT

Highlights

- > Glide through the canals of Tortuguero by kayak
- > Search for wildlife in the dense green forest canopy
- > View the beautiful vistas from your kayak on Lake Arenal
- > Try your hand at stand-up paddleboarding

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. **Hands-on:** Stand-Up Paddle and Kayak Combo, Arenal. Guided River Kayak Excursion, Sarapiquí. Guided Kayak Excursion, Tortuguero. **Discover:** Free time in La Fortuna. *(To learn more, see page 8)*

Guided kayaking on Cuarto River (Sarapiquí). Guided kayaking and wildlife viewing through the canals of Tortuguero. Visit to the town of Tortuguero. Free time in La Fortuna. Transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (5 nts), cottages (1 nt, multi-share), jungle lodge (2 nts). **TRANSPORT** Public bus, private vehicle, boat, kayak, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 3 breakfasts, 4 lunches, 3 dinners. Allow USD250-325 for meals not included.

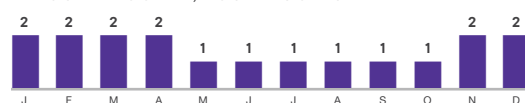
ITINERARY

Glide straight into the core of the Costa Rican experience and hit three of the country's hot spots in a kayak. Beginners and more experienced kayakers are welcome — for the nature lover, the scenery's the point, not the sweat! Get really wild at Lake Arenal, the centre of adventure

sports like paddleboarding, then cruise through the canals of Tortuguero in search of monkeys and sloths. Experience lush greenery and Caribbean flavour from a whole different level when you kayak Costa Rica.

DAY 1 SAN JOSÉ Arrive at any time. **DAYS 2-4 LA FORTUNA** Travel from San José to La Fortuna, and opt to swim at the base of a waterfall in the afternoon. The next day, enjoy an included combo kayaking and stand-up paddle board session on Lake Arenal. Enjoy a free afternoon and the entire following day for adrenaline-fueled optionals. Opt to go whitewater rafting on Class III and IV rapids, waterfall rappelling, mountain biking, or take a dip in therapeutic hot springs. **DAY 5 SARAPIQUÍ** Travel to Sarapiquí and to the tranquil Cuarto River. Hop into kayaks and cruise downstream. The calm waters are perfect for birdwatching and wildlife spotting in the forest canopy. (1L, 1D) **DAYS 6-7 TORTUGUERO** Enjoy a guided kayaking excursion through the canals of Tortuguero National Park. Opt to visit the seasonal nesting grounds of green and leatherback turtles. (2B, 2L, 2D) **DAY 8 SAN JOSÉ** Return to San José for an optional final night out with the group. (1B, 1L) **DAY 9 SAN JOSÉ** Depart at any time.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



9 DAYS — SAN JOSÉ TO SAN JOSÉ

FROM
\$1099

Valid for May 16, 2020 departure.

OPTIONAL MY OWN ROOM: \$339

TOUR CODE: CRKA

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



Ripple Score





Trek Hidden Costa Rica

Highlights

- › Trek into a remote community to live with the locals
- › Sleep in a cave behind twin waterfalls
- › Make your own sugarcane candy
- › Rappel down hidden waterfalls
- › Whitewater raft on the Savegre River

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. **Foodie:** Bread Making, Piedras Blancas. Chocolate Making, Piedras Blancas. **(To learn more, see page 8)**

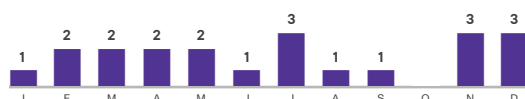
Hiking excursion to Piedras Blancas (4 days). Overnight hiking excursion to Diamante Verde Cave. Waterfall rappelling. Whitewater rafting on the Savegre River. Trapiche demonstration. Ballena Marine National Park visit. Free time in Dominical and Uvita. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (5 nts twin-share, 2 nts triple-share), jungle homestay (3 nts, multi-share), cave camping (1 nt, sleeping bags, no electricity). **TRANSPORT** Local bus, pickup truck, private vehicle, raft, hiking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 4 breakfasts, 5 lunches, 4 dinners. Allow USD270-355 for meals not included.

ITINERARY

Think you know Costa Rica? Trade in the same old settings for the real deal. Trek into the heart of the jungle to live with three families in a remote village. Discover the emerald core of a diverse land while bunking down behind a massive waterfall in a hidden cave. Learn about the medicinal plants native to these parts and how to make sugarcane candy. This is a spectacular country with opportunities for waterfall rappelling, surfing, and whitewater rafting. This is what adventure is all about.

DAY 1 SAN JOSÉ Arrive at any time. **DAY 2 SAN ISIDRO DE EL GENERAL** Travel by local bus over the highest mountain pass in the country. Arrive in the valley of San Isidro de El General with time to visit some shops and stock up before the next day's trek into the jungle. **DAY 3 PIEDRAS BLANCAS/LOPEZ HOME** Travel in the back of a pickup truck through lush green landscapes. Enjoy a four-hour hike to a jungle homestay while spotting tropical fauna and plenty of wildlife along the way. (1L, 1D) **DAY 4 PIEDRAS BLANCAS/GRANADOS HOME** Experience life in a remote community. Make sugarcane candy and cool off in the river that flows right by the house. Before dinner, learn how to make traditional baked goods. (1B, 1L, 1D) **DAY 5 PIEDRAS BLANCAS/FONSECA HOME** Zipline across the Savegre River to the next homestay with an included medicinal plant walk. (1B, 1L, 1D) **DAYS 6-7 SAVEGRE RIVER/DOMINICAL** Raft the Savegre River and relax at the end of the day by stretching out on the beach. Try the local seafood at an optional group dinner. The next day, enjoy free time in beautiful Dominical. Opt to take a surf lesson, hike to a local waterfall for a swim, go on a whale-watching cruise, or kick back and relax. (1B, 1L) **DAY 8 DIAMANTE VERDE** Trek to a unique fully equipped cave with twin 26m (85 ft) waterfalls. Go swimming in three natural pools and explore surrounding trails. (1L, 1D) **DAYS 9-10 UVITA** Enjoy a morning of waterfall rappelling before trekking out of the jungle and travelling to beautiful seaside Uvita. Opt to surf, whale-watch, horseback-ride, or kick back and relax. The following day, enjoy an included visit to Ballena Marine National Park before free time to explore Uvita. (1B) **DAY 11 SAN JOSÉ** Transfer back to the capital for a final evening with the group. **DAY 12 SAN JOSÉ** Depart at any time.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



12 DAYS — SAN JOSÉ TO SAN JOSÉ

FROM

\$1699

Valid for May 9, 2020 departure.

TOUR CODE: CRAC

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 10

SERVICE LEVEL: BASIC

PHYSICAL RATING: 4 — DEMANDING





MULTISPORT



North America



Red rock to rival Mars (well, kind of) at Utah's Bryce Canyon National Park.

The greatest outdoors.

Head to North America's epic national parks and you'll witness scenes worthy of postcards and postage stamps. These sweeping mountain ranges, crisp evergreen forests, and sparkling alpine lakes beckon for further exploration with a trek, kayak, or camping adventure that gets you close to the land and Mother Nature at her best. Whether it's adrenaline-pumping experiences in the day or the vast night skies blanketed with twinkling stars, this continent will take your breath away.



Not all bridges are man-made, as the Sandstone Bridge in Arches National Park shows.



You'll want to have your camera ready when you're hiking through Yosemite National Park.

NORTH AMERICA UNCOVERED

Capitol Reef National Park • Utah

Utah's natural beauty is best experienced on foot. In Capitol Reef National Park, you can hike through the Waterpocket Fold and Cassidy Arch, and explore a stunning warp in the Earth's Surface that is almost glowing in radiant colour. At night, gaze upwards to the stars with the requisite view of this designated gold-tier International Dark Sky Park.

Zion National Park • Utah

Take on a hike worthy of a proper mountaineer, climbing a series of switchbacks before shimmying along the side of a cliff holding on to a chain bolted into the mountain. This epic journey takes you to Angels Landing, where you'll enjoy sweeping views of the park and the canyon below from this almighty perch in the sky.

Yosemite National Park • California

Perhaps the most renowned national park in North America — if not the world — come see natural beauty that continues to beckon so many. A hike along the Mist Trail will refresh you with a few splashes from Nevada and Vernal Falls, while views of granite domes and the expansive glacier carved valley will leave your spirits rejuvenated. You can then channel John Muir as you descend on a portion of his namesake trail back to the valley floor.



You'll find some of the tallest trees on the planet here in Sequoia National Park.

NEW
TOUR

Hiking the Best of the West's National Parks

TREKKING

Highlights

- › Explore the geologic wonders of Capitol Reef National Park
- › See sunrise from the Delicate Arch View Point
- › Go on the Narrows river hike in Zion National Park
- › Hike to the world's largest tree in Sequoia National Park
- › Get sprayed by the waters of Nevada and Vernal Fall in Yosemite National Park
- › Challenge yourself to complete the strenuous Snow Creek Trail

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

Petroglyphs at Capitol Reef National Park. Stargazing in a Dark Sky Park. Capitol Reef National Park Visit. Waterpocket Fold to Cassidy Arch Hike. Dead Horse Point State Park Sunset. Newspaper Rock State Historical Monument Visit. Canyonlands National Park Visit. Joint Trail and Chesler Park Hike. Arches National Park Visit. Devils Garden Hike. Lower Calf Creek Falls Hike. Bryce Canyon National Park Visit. Queen's Garden and Navajo Loop Hike. Zion National Park Visit. Angels Landing Hike. Observation Point Hike. The Narrows Hike. Sequoia Stargazing. Sequoia National Park Visit. General Sherman Giant Forest Hike. Buena Vista Peak Hike. Kings Canyon National Park Visit. Mist Falls Hike. Little Baldy Hike. Grizzly Giant Loop Hike. Yosemite National Park Visit. Mist Trail Hike. Snow Creek Trail Hike. Entrance fees to all national parks and monuments with hiking and walking excursions. Self-inflating mattresses and dome tents. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotel (2 nts), participation camping (13 nts). **TRANSPORT** Air-conditioned private vehicle, hiking, walking. **GROUP LEADER** 1 CEO (Chief Experience Officer) throughout. **MEALS** 13 breakfasts, 11 lunches, 11 dinners. Allow USD190-250 for meals not included.

ITINERARY

On a mission to visit as many of the west coast's stunning national parks as you can? This 16-day tour will get you most of the way there with plenty of challenging but rewarding hikes along the way. Embark on a steep climb out of the valley on the Mist Trail (with incredible views for your efforts) and embark on a jaw-dropping narrow climb to the top of Angels Landing. You'll have plenty of time to catch your breath in between, whether it's star gazing in Capitol Reef's designated gold-tier International Dark Sky Park or enjoying some evening s'mores at Bryce Canyon National Park to recharge for the next adventure.

DAY 1 LAS VEGAS Arrive at any time. **DAYS 2-3 CAPITOL REEF NATIONAL PARK/MOAB** Travel to Capitol Reef National Park. After dark, search the sky for stars. In the morning hike through the Waterpocket Fold before continuing to Dead Horse State Park for sunset. (1B, 1L, 2D) **DAY 4 CANYONLANDS NATIONAL PARK** Travel to the Needles District of Canyonlands National Park. Stop at Newspaper Rock State Historical Monument and then hike on the Joint Trail to Chesler Park. Return to Moab for the night. (1B, 1L) **DAY 5 ARCHES NATIONAL PARK** Watch sunrise from Delicate Arch Viewpoint. Take a hike through Devils Garden to Landscape Arch before passing by other impressive rock formations. (1B, 1L, 1D) **DAY 6 GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT/BRYCE NATIONAL PARK** Travel to the Grand Staircase-Escalante National Monument. Set off on a hike and opt to swim in a natural pool. Continue to Bryce Canyon National Park. (1B, 1L, 1D) **DAYS 7-8 BRYCE CANYON NATIONAL PARK/ZION NATIONAL PARK** Hike the Navajo Loop in Bryce Canyon to walk amongst the hoodoos. Then continue to Zion National Park, to the trailhead for Angels Landing, and begin the climb to Scout Landing. Spend the next day hiking to Observation Point before enjoying a trek through the Narrows. (2B, 2L, 1D) **DAY 9 LAS VEGAS** Drive from Zion to Las Vegas. Upon arrival, enjoy free time in Las Vegas. (1B) **DAYS 10-11 LAS VEGAS/SEQUOIA NATIONAL PARK** Travel to Sequoia and Kings Canyon National Parks. Enjoy the next day in Sequoia National Park. Hike down to the world's largest tree. Eat a picnic lunch before traveling to Buena Vista Peak trailhead to continue exploring. (1B, 1L, 2D) **DAY 12 KINGS CANYON NATIONAL PARK** Check out Big Stump Grove before taking the iconic drive from Grant Grove to Cedar Grove. Travel through one of the deepest canyons in the U.S. before hiking to a 30m (100ft) waterfall. (1B, 1L, 1D) **DAY 13 SEQUOIA NATIONAL PARK/YOSEMITE NATIONAL PARK** Embark on a final hike in Sequoia before traveling north to Yosemite National Park and Mariposa Grove. Stop at Tunnel View for iconic sights like, Half Dome and El Capitan. (1B, 1L, 1D) **DAYS 14-15 YOSEMITE NATIONAL PARK** Hike alongside the Merced River to the Mist Trail. Enjoy lunch and spend free time in the park. The next day hike to Mirror Lake and explore the park at your leisure. (2B, 2L, 2D) **DAY 16 YOSEMITE NATIONAL PARK/SAN FRANCISCO** Drive from Yosemite to the San Francisco Bay. Tour ends on arrival. Onward travel should be booked no earlier than 5pm. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

This tour has five special departures.

May 09 - May 24 • Sept 19 - Oct 04 • Oct 10 - Oct 25 •
Oct 31 - Nov 15 • Nov 21 - Dec 06

16 DAYS — LAS VEGAS TO SAN FRAN

FROM
\$3249

Valid for May 9, 2020 departure.

OPTIONAL MY OWN ROOM: \$219

TOUR CODE: NUSW

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 4 — DEMANDING  FREE • WI-FI



NEW
TOUR

Hiking Utah's Big 5

TREKKING

Highlights

- Go stargazing in Capitol Reef National Park
- See the largest known collection of petroglyphs in the Southwest
- Stand in awe of over 2,000 sandstone arches in Arches National Park
- See the sunrise over Bryce Canyon's hoodoos
- Trek through the Narrows river hike in Zion National Park

What's Included

Your Moments: Welcome: Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Petroglyphs at Capitol Reef National Park. Stargazing in a Dark Sky Park. Capitol Reef National Park Visit. Waterpocket Fold to Cassidy Arch Hike. Dead Horse Point State Park Sunset. Newspaper Rock State Historical Monument Visit. Canyonlands National Park Visit. Joint Trail and Chesler Park Hike. Arches National Park Visit. Devils Garden Hike. Lower Calf Creek Falls Hike. Bryce Canyon National Park Visit. Queen's Garden and Navajo Loop Hike. Zion National Park Visit. Angels Landing Hike. Observation Point Hike. The Narrows Hike. Entrance fees to all national parks and monuments with hiking and walking excursions. Self-inflating mattresses and dome tents. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotel (1 nt), participation camping (7 nts). **TRANSPORT** Air-conditioned private vehicle, hiking, walking. **GROUP LEADER** 1 CEO (Chief Experience Officer) throughout. **MEALS** 7 breakfasts, 6 lunches, 5 dinners. Allow USD140-185 for meals not included.

ITINERARY

Utah is home to five of America's most compelling national parks. This nine-day tour will take you through Utah's Big 5, as they're affectionately called, with incredible experiences in each. Boulder over rocks to reach pinnacle views in Arches National Park, discover prehistoric petroglyphs, take a dip in waterfalls that end in a natural swimming pool and scale the side of a cliff at Angels Landing (with chain links for support, of course). If that all doesn't take your breath away, the stunning views certainly will.

DAY 1 LAS VEGAS Arrive at any time. **DAYS 2-3 CAPITOL REEF NATIONAL PARK/MOAB** Travel to Capitol Reef National Park. Look up in this "International Dark Sky Park". In the morning, hike through the Waterpocket Fold before continuing to Dead Horse State Park for sunset. (1B, 1L, 2D) **DAY 4 CANYONLANDS NATIONAL PARK** Travel to the Needles District of Canyonlands National Park. Stop at Newspaper Rock State Historical Monument and then hike on the Joint Trail to Chesler Park. (1B, 1L) **DAY 5 ARCHES NATIONAL PARK** Watch sunrise from Delicate Arch Viewpoint. Hike through Devils Garden to Landscape Arch before passing by other impressive rock formations. (1B, 1L, 1D) **DAY 6 GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT/BRYCE NATIONAL PARK** Travel to the Grand Staircase-Escalante National Monument. Hike to Calf Creek Falls and opt to swim. Continue to Bryce Canyon National Park. (1B, 1L, 1D) **DAYS 7-8 BRYCE CANYON NATIONAL PARK/ZION NATIONAL PARK** Hike the Navajo Loop in Bryce Canyon to walk amongst the hoodoos. Then continue to Zion National Park, to the trailhead for Angels Landing, and begin the climb to Scout Landing. Spend the next day hiking to Observation Point before enjoying a trek through the Narrows. (2B, 2L, 1D) **DAY 9 ZION NATIONAL PARK/LAS VEGAS** Drive from Zion to Las Vegas. Tour ends on arrival. Onward travel should be booked no earlier than 3pm. (1B)

Guaranteed Departures
IF YOU'RE BOOKED, YOU'RE GOING

This tour has five
special departures.

May 09 - May 17 • Sept 19 - Sept 27 • Oct 10 - Oct 18 •
Oct 31 - Nov 08 • Nov 21 - Nov 29

For all dates, pricing, availability, booking, and detailed itineraries, consult your travel agent or check online.

NEW
TOUR

Hiking Sequoia, Kings Canyon, & Yosemite

TREKKING

Highlights

- Stand in awe of giant trees in Sequoia National Park
- Hike past granite cliffs and cascading rivers in Kings Canyon National Park
- Watch climbers ascend the sheer rockface of El Capitan in Yosemite National Park
- Hike up challenging switchbacks for stunning views

What's Included

Your Moments: Welcome: Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Sequoia Stargazing. Sequoia National Park Visit. General Sherman Giant Forest Hike. Buena Vista Peak Hike. Kings Canyon National Park Visit. Mist Falls Hike. Little Baldy Hike. Grizzly Giant Loop Hike. Yosemite National Park Visit. Mist Trail Hike. Snow Creek Trail Hike. Entrance fees to all

national parks with hiking and walking excursions. Self-inflating mattresses and dome tents. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotel (1 nt), participation camping (6 nts). **TRANSPORT** Air-conditioned private vehicle, walking. **GROUP LEADER** 1 CEO (Chief Experience Officer) throughout. **MEALS** 6 breakfasts, 5 lunches, 6 dinners. Allow USD100-130 for meals not included.

ITINERARY

Endless incredible views await you on this eight-day hiking trip through the national parks of the Sierra Nevadas in California. Colossal trees greet you in Sequoia, Kings Canyon, and Yosemite National Parks, along with a stunning 360-degree view over the high Sierra and the valley below. In Yosemite National Park you'll get plenty of opportunities to admire the iconic geological sights of Half Dome, El Capitan, and Bridalveil Fall. With elevation gains of up to 2,000 ft (609m), this tour will have you reaching new heights.

DAY 1 LAS VEGAS Arrive at any time. **DAYS 2-3 SEQUOIA NATIONAL PARK** Travel to Sequoia National Park for some stargazing and s'mores. The next day, hike to the world's largest tree and explore the grove. Eat a picnic lunch before hiking up Buena Vista Peak. (1B, 1L, 2D) **DAY 4 KINGS CANYON NATIONAL PARK** Check out Big Stump Grove before taking the iconic drive from Grant Grove to Cedar Grove. Travel through one of the deepest canyons in the U.S. before hiking to a 30m (100ft) waterfall. (1B, 1L, 1D) **DAY 5 SEQUOIA NATIONAL PARK/YOSEMITE NATIONAL PARK** Embark on a final hike in Sequoia before traveling north to Yosemite National Park and Mariposa Grove. Stop at Tunnel View for iconic sights like, Half Dome and El Capitan. (1B, 1L, 1D) **DAYS 6-7 YOSEMITE NATIONAL PARK** Hike the Mist Trail to Vernal and Nevada Fall. Take in the views of the High Sierra before taking the John Muir Trail down. The next day hike to Mirror Lake and Snow Creek Trail. (2B, 2L, 2D) **DAY 8 YOSEMITE NATIONAL PARK/SAN FRANCISCO** Drive from Yosemite to the San Francisco Bay. Tour ends on arrival. Onward travel should be booked no earlier than 5pm. (1B)

Guaranteed Departures
IF YOU'RE BOOKED, YOU'RE GOING

This tour has five
special departures.

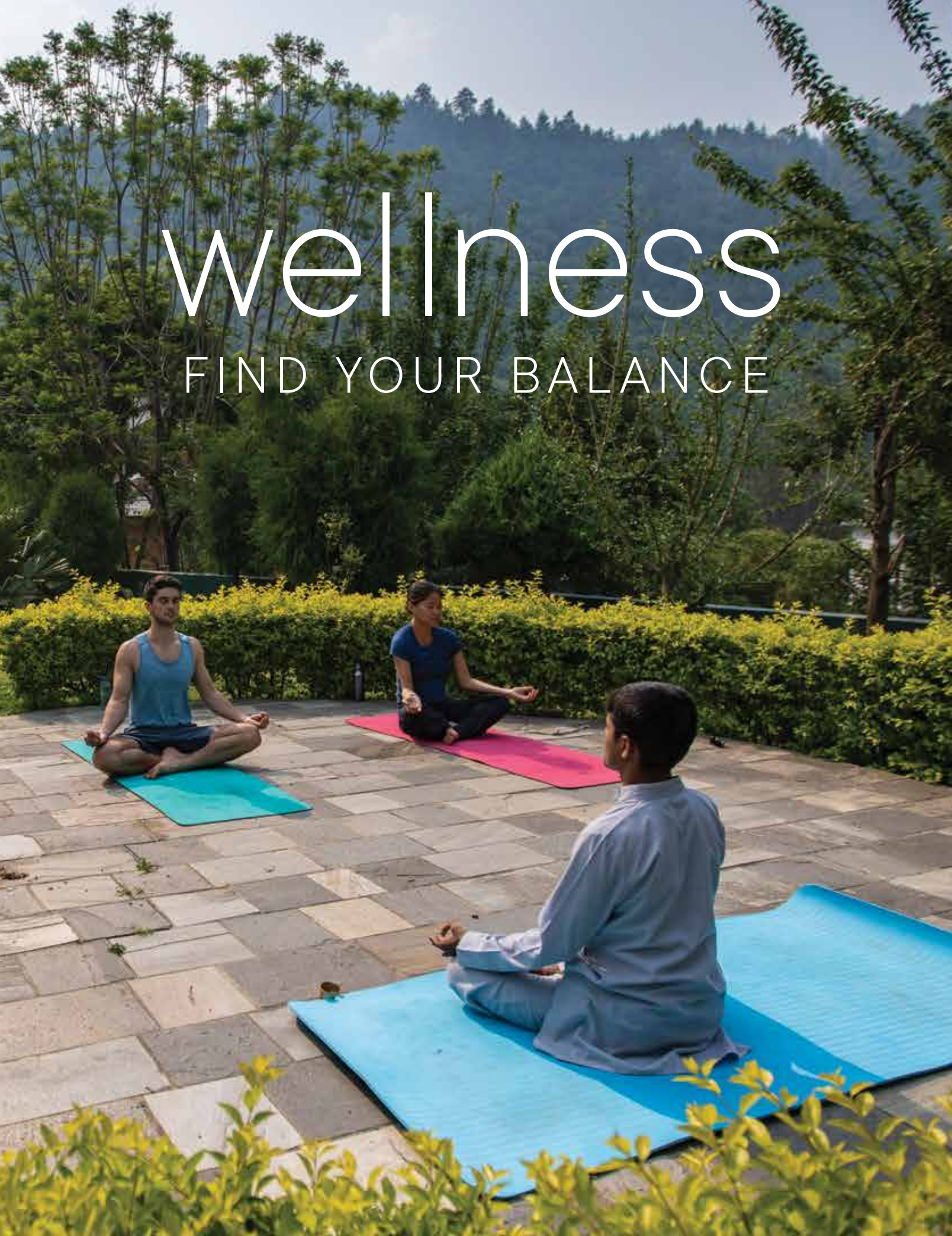
May 17 - May 24 • Sept 27 - Oct 04 • Oct 18 - Oct 25 •
Nov 08 - Nov 15 • Nov 29 - Dec 06

For all dates, pricing, availability, booking, and detailed itineraries, consult your travel agent or check online.



wellness

FIND YOUR BALANCE







Connect with our world and yourself.

Travel connects us — to our planet, to its people, and to ourselves. Created to recharge the body and nourish the mind, our new Wellness tours offer the perfect balance of awe-inspiring destinations, rejuvenating activities, and healthy food experiences, helping you return home feeling even better than when you left.

Balanced travel on every level.





Movement. Mindfulness. Nourishment.

A true getaway starts with the intention to be present — in a place that just happens to be one of the most beautiful parts of the world. With our perfectly balanced Wellness tours, you can leave the deadlines and distractions at home while absorbing the experience at your own pace.

Start your process of growth with an intention setting ceremony upon your arrival. Recentre yourself with optional yoga and meditation sessions led by expert instructors ready to teach all levels of abilities. Refresh your physical side with fun, adventurous activities in picturesque natural settings. Savour local flavour with healthy food options you don't have to specially request. Then unwind at the end of the day, or every hour within it, thanks to the upgraded accommodations and service. You'll head home with a newfound sense of connection with our world — not to mention yourself.

Thailand

Find inner peace in the land of calm.

From the moment you first feel the warmth of Thailand's golden sun, you can't help but take in the positive vibes. This nine-day tour immerses you in ancient restorative practices, yoga sessions, and healthy food that will leave your smile beaming and your soul stirring. Soak in the country's culture of kindness with a dip in Pai's hot springs and a visit to the birthplace of traditional Thai massage at the Wat Po Buddhist temple. Then you can kick the energy up a notch with an optional round of Muay Thai. Your journey ends in Koh Samui, where you'll reflect inward while nestling your toes in the sand as the sun sets over the glittering ocean.

Highlights

- › Thai massage class in Wat Po
- › Challenge yourself with stand up paddleboarding
- › Climb 300 steps to Wat Phra That Doi Suthep
- › Relax in jungle accommodations with private hot springs
- › Practice sun salutations with yoga at sunrise
- › Enjoy tasty thai street food
- › Stay in a traditional family-run guesthouse

9 days • Bangkok to Ko Samui • ATBSW

From (Valid for Jan 05, 2020 departure.)

\$1799





Bali

The best place to better yourself.

Enter the tropical wonderland of Bali, long a beacon to travellers in search of uncovering their spiritual side. Start your journey inward with Canang in Ubud, a traditional offering given at Hindu temples, before immersing yourself in nine days of rejuvenating activities, healthy food, and captivating sights. From daily yoga practices to traditional Balinese healing ceremonies to stops at serene beaches (Pemuteran, Sanur), you will be entranced by Bali's natural calming spirit that continues to lure people from all over the world seeking a deeper connection.

Highlights

- › Take in the inspiring Munduk waterfalls
- › Soak in a holy bath at Tirta Empul
- › Centre yourself with yoga overlooking the ocean
- › See the unique floating Ulun Danu Temple
- › Cycle the UNESCO-protected Jatiluwih Rice Terraces
- › Discover a traditional healing ceremony in Tabanan

9 days • Ubud to Sanur • AEUSW

From (Valid for Jan 12, 2020 departure)

\$1549





India

Your destination for self-discovery.

Imagine yourself awakening from a 5,000-year-long slumber. Your soul will feel similarly revitalized after uncovering the history of all things wellness in India. This 11-day tour covers some of the country's most hallowed spiritual ground while also ensuring you catch the iconic sites of Northern India. Upon your arrival in Delhi, you'll be introduced to the incredible diversity within India's culture. Continue your discovery with a three-night stay at an ashram in Rishikesh where you'll learn the history of yoga and meditation, before reaching Dharamshala, home of the Dalai Lama. As your eyes open on the final morning of your journey, you'll see the world — and yourself — with a newfound warmth.

Highlights

- › Stay in an Ashram on the banks of the Holy Ganges River
- › Participate in a Hindu Aarti ceremony
- › Learn about Tibetan culture and the Dalai Lama
- › Taste traditional Indian cuisine
- › Zone out with optional meditation sessions

11 days • Delhi to Delhi • AHDEW

From (Valid for Mar 29, 2020 departure.)

\$1799



Nepal

Centre yourself in the birthplace of the Buddha.

Seeking to attain inner peace? Mindful travellers come blissfully close on this 13-day tour of Nepal that envelops you in local culture and Buddhist history. Your adventure inward starts in Kathmandu with a calming visit to Boudhanath Stupa, one of the world's largest Buddhist shrines. From there, dive deeper into self-reflection mode with a two-night monastery stay that includes the option of meditation sessions with long-practicing monks. Then bring your newfound zen-ness to Buddha's birthplace in Lumbini for an illuminating visit. Return to Kathmandu for one final night to reflect on everything you've learned about the country and yourself.

Highlights

- › Balance yourself with yoga throughout
- › Hike Pokhara's hills with the backdrop of the Himalayas
- › Enjoy healthy meals prepared locally
- › Visit G for Good-supported Sisterhood of Survivors
- › Meet locals at Barauli Community Homestay
- › Learn local recipes at cooking demos

13 days • Kathmandu to Kathmandu • ANKKW

From (Valid for Jan 11, 2020 departure.)

\$2999





Iceland

Be awestruck upon arrival.

The otherworldly landscapes of Iceland offer perhaps the closest thing one can have to an out-of-body travel experience. Equal parts rugged and tranquil, the country's beauty offers the perfect sanctuary from daily distractions back home. Your soothing journey across the country's southern coast starts with a hike up Öskjuhlíð Hill overlooking the mosaic-like architecture of Reykjavík. Private transportation offers you the luxury of time to see the iconic sights of the Golden Circle and stunning black sand beaches before heading to Thingvellir National Park for a unique yoga session. And, of course, a visit to Iceland wouldn't be complete without a stop at the Blue Lagoon, a naturally-heated hotspot for travellers willing to halfway around the world to unwind.

Highlights

- › Meditate atop the volcanic slopes of Mt Hengill
- › Learn to cook bread in a geothermal bakery
- › Marvel at the majestic manes of Icelandic horses
- › Hike behind the towering Seljandsfoss waterfall
- › Practice yoga on Reyinsfjara's black sand beach
- › Suit up with a pickaxe to hike Sólheimajökull Glacier

7 days • Reykjavík to Reykjavík • ELRRW

From (Valid for May 24, 2020 departure.)

\$2999



Italy

Italian delights for the soul.

If serenity has a palpable form, surely it can be found under the Tuscan sun. This seven-day tour of Italy will have you second-guessing your departure date from the moment you land in Rome. After a morning yoga session and a leisurely day on the grounds of Palatine Hill and the Colosseum, your path will take you to lush landscapes of Tuscany. There, you'll have ample time to saunter through welcoming villages, taste exceptional local food and wine, and cycle your way through the Tuscan hills. A dip in healing thermal waters will leave a rejuvenating warmth radiating through both body and mind long past your final stop in Florence.

Highlights

- › Practice yoga in Villa Borghese
- › Opt to gaze upon Vatican City
- › Visit famous thermal bath city Chianciano Terme
- › Dig into a traditional Tuscan farm to table cooking class
- › Stroll through Lucca on a guided tour
- › Expand your palette with wine tasting in Tuscany

7 days • Rome to Florence • EIRRW

From (Valid for May 31, 2020 departure.)

\$1999





Costa Rica

Find inner peace in outer paradise.

Simply say “Costa Rica” and vivid images of paradise instantly flood the imagination. This eight-day tour makes those dreams a reality while letting you connect with the country’s charming people. Your spirits will be lifted with a visit to Mi Cafecito Community Coffee Plantation, a G for Good project supporting 200 local farmers, before carrying on to the outdoor utopia that is La Fortuna. There you’ll be treated to yoga sessions overlooking the Arenal Volcano and a rejuvenating trip to thermal hot springs. A final stop in Playa Carrillo, home to a beach devoid of buildings, hotels, and restaurants, will give your mind a sense of clarity you may have previously thought impossible.

Highlights

- › Wake up with stand-up paddleboard yoga on Lake Arenal
- › Breathe in pure rainforest air hiking near La Fortuna
- › Escape the city in Rincón de la Vieja National Park
- › Bask in a rejuvenating volcanic mud exfoliation
- › Balance yourself with a well-paced surf lesson

8 days • San José to San José • CRSSW

From (Valid for Apr 18, 2020 departure.)

\$1749





Colombia

Where inner calm reveals itself.

Inner truths often reveal themselves after hours upon hours of meditation. So you may be surprised by the number of revelations that come to you during eight days in Colombia. Start by engaging your body and palette upon your arrival in Cartagena, with a yoga session and street food tour on tap. A day trip to the Rosario Islands offers the chance for more yoga and free time for a dip in the surrounding glass-like waters. Your next destination in Koralia, just outside of Tayrona National Park, features two gorgeous day hikes including an excursion to the famous Cabo San Juan beach. The other takes you to a sacred pool of the Indigenous Kogui people, a truly special site not open to the general public, making for a trip that fills the soul and inspires the imagination. After Colombia has fully revealed its natural beauty, you'll find yourself in a state of mind as tranquil as the scenery surrounding you.

Highlights

- › Enjoy a mouth-watering street food tour
- › Centre yourself with beach yoga sessions
- › Swim or snorkel in crystal clear waters
- › Relax at a beautiful property outside of Tayrona National Park
- › Trek through the natural diversity of northern Colombia

8 days • Cartagena to Cartagena • SMCCW

From (Valid for Jan 18, 2020 departure.)

\$1799

Peru

Discover the healing power of the past.

Feel energy flow through your body with every step taken over the hallowed grounds of Peru. Your seven-day journey begins in the aptly named Sacred Valley with a taste of local food before a stand up paddleboard takes you across pristine waters surrounded by towering Andean peaks. Each day has the chance for new discoveries with available yoga sessions, a hot springs visit, and the option to do the 1-day Inca Trail Hike. Finally, you can bask in the awe-inspiring beauty of Machu Picchu through an intentionally paced tour. As you absorb the mysterious power of these ancient ruins, you'll head home with a renewed lift in your step.

Highlights

- › Test your balance with yoga sessions
- › Dine at G for Good-supported Parwa Community Restaurant
- › Take a relaxing soak in the Lares hot springs
- › Explore Machu Picchu

7 days • Cusco to Cusco • SPCCW

From (Valid for Mar 15, 2020 departure.)

\$1699





Patagonia

Active recovery from your routine.

Your arrival in Patagonia is at once stirring and a catalyst to take pause. The region's geological wonders border vast open spaces that beckon both adventure- and soul-seekers from all over. With both relaxing morning yoga sessions and breathtaking afternoon excursions, this eight-day tour offers travellers of all types ample time to connect with this sublime part of the world. Healthy meals let you savour the finest local flavours, while hikes, kayaking, and horseback riding give you a taste of Mother Nature's boundless potential for beauty. As you venture to Buenos Aires on the eve of your departure, don't be surprised to find both body and mind sinking into a state of total tranquility.

Highlights

- › Hike trails surrounding Bariloche
- › Balance yourself with stand up paddleboard yoga
- › Day hike to Cerro Tronador
- › Stay in a local estancia
- › Sample local breweries and visit artisan meat shops

8 days • Buenos Aires to Buenos Aires • SABBW

From (Valid for Feb 09, 2020 departure.)

\$2149



Find out more at gadventures.com/wellness



“ Travel opens one’s eyes to the glorious diversity of cultures and wildlife, and the urgent need to protect our beautiful planet. ”

Jane Goodall

Founder, the Jane Goodall Institute
UN Messenger of Peace
World Traveller

The Jane Goodall Institute protects endangered great apes, empowers communities, and inspires young people to make a better world for people, animals and the environment.

Please join us. Help save the wild you see.

[JaneGoodall.ca](https://www.JaneGoodall.ca)


the Jane Goodall Institute



Your morning cup of coffee tastes all the better when you've got a view of a Norwegian fjord to go along with it.

Europe



Urban and rural, ancient and modern,
ordinary and extraordinary.

In terms of pure convenience, no continent can touch Europe's diversity. With so many countries, cultures, languages, and varieties of cuisine packed into such a comparatively tiny place, you can spend a week in Europe and experience something wildly different every day. This is a continent seemingly built for bikes and hikes. Convenient? Yes. Exhilarating? Totally. Unforgettable? You bet.



Step it up to the next level on a basalt column trek in Iceland.



Be ready for awe-inspiring sights aplenty.

EUROPE UNCOVERED

The Laugavegur Trail • Iceland

Venture along rivers, streams, waterfalls, and fields of flowers by foot on one of Iceland's most famous and picturesque hiking routes. From volcanoes to glaciers, hot springs and multi-coloured mountains, the country's incredibly diverse landscapes await along the Laugavegur Trail.

Camino de Santiago • Spain

This UNESCO World Heritage Site in northern Spain is said to lead to the buried remains of St James the Great. Because of this, many people travel this route as a path to spiritual growth. But, spiritual growth aside (as important as it may be!), it's just plain gorgeous, with breathtaking countryside and mountain villages along the way.

Loire Valley • France

Spanning 280km (170 mi), the Loire Valley is located within the middle stretch of the Loire River, separating northern and southern France. Surrounded by everything from ornate châteaux and rustic markets to the vineyards, fruit orchards, and artichoke and asparagus fields that line the riverbanks, you'll have more than enough to keep all five senses captivated.



Explore Italy's countryside with just a helmet and some handlebars.

Trekking Mont Blanc

Stunning in any language.

Casting a long shadow over the junction of France, Italy, and Switzerland, Mont Blanc commands respect. The massive massif — Western Europe's tallest — has beckoned to mountaineers for centuries and rewards all who scale her with a dazzling variety of ecosystems, microclimates, and some of the continent's most jaw-dropping views. The goal of climbing mountains is, of course, to get to the top, but given the idyllic alpine scenery up here, you might find yourself more than a little inclined to linger on the way.



With landscapes this stunning, we don't blame you for lingering a little longer on Mont Blanc.

FAQ: MONT BLANC TREKKING

When should I go?

The best time to trek is during the summer months of July and August. Earlier in the year, the weather can be somewhat unpredictable, with snow staying on the mountains until late in the year. This doesn't mean that the other months are bad, though, as the views of the mountains are just as spectacular when they're covered in snow.

What equipment should I bring?

This is a serious trekking trip, so a sturdy, well-worn pair of walking boots is a must. If you're used to trekking with walking poles or other equipment, bring it along. Due to the changeable conditions in the Alps, we recommend packing a few layers to keep warm, and a waterproof jacket to keep the rain off.



Hold onto your hiking poles — the sights on your trek through Mont Blanc will take your breath away.

Where will I sleep?

Accommodations differ depending on the route you take. Hardy trekkers will stay in mountain refuges for the full alpine experience. If you're looking for a bit more comfort, other routes feature hotel stays every night. One thing's for certain: You're guaranteed a comfortable night's sleep after a day in the mountains.

What will I eat?

Just because you're up in the Alps doesn't mean you'll miss out on delicious French cuisine. Although the food up in the mountains can be more rustic and basic, there is still the opportunity to enjoy hearty meals that will give you the energy you need to keep hiking in search of those majestic views.

I've never trekked before.

Will that be a problem?

Although not everyone puts Mont Blanc in the same category as Kili or Everest, the Tour du Mont Blanc is a challenging hike. Some degree of experience will definitely make the trip easier. However, with two routes to choose from, it's easy to find a trip that matches your level of expertise.

TREKKING OPTIONS

As the spiritual home of modern mountaineering, Mont Blanc is known for its challenging terrain. That said, it's possible to climb Europe's most treasured mountain even if you're not a world-class athlete. We offer two distinct itineraries on Mont Blanc, each tailored to trekkers of varying aptitude.

Mont Blanc Explorer

On this less-strenuous-but-still-amazing itinerary, you'll get to explore some of the most spectacular sections of the circuit and spend each night in the cozy confines of a hotel. You can partake in one of four unique walks while never carrying anything larger than a daypack. Experience dramatic scenery at your own pace, immerse yourself in alpine culture, and spend your evenings dining in sight of unbeatable views. See tour **EFME** on page 71.

The G Difference

When you're busy trekking, you've got enough on your mind as it is. We take the fuss and guesswork out of your Mont Blanc experience through diligent planning, careful consideration, and by working with skilled and experienced mountain leaders.

CHALLENGING, LEISURELY, OR SOMEWHERE IN THE MIDDLE?

Go all out with the full trek around the mountain at high altitudes, or take day hikes up on the more "relaxing" route. We let you decide how much you can handle.

ACCESSIBLE ARRIVALS AND DEPARTURES

Both Mont Blanc trips start and end at Chamonix, France, a popular and easily accessible location with a nearby international airport. To make getting to the airport even simpler, you can purchase Geneva to Chamonix and/or Chamonix to Geneva airport transfers.

TOP-FLIGHT EXPERTS

The services of knowledgeable Chief Experience Officers are at your disposal. Our CEOs are friendly, capable, satisfaction-focused, and brimming with adventure suggestions. Just ask 'em!

DOUBLE (OR TRIPLE) YOUR ADVENTURE

Both trips visit the French and Italian sides of Mont Blanc. The "Trekking Mont Blanc" trip explores Switzerland, too, offering a comprehensive glimpse at this special region.

Trekking Mont Blanc

This is the classic Mont Blanc trek. It covers approximately 130km (81 mi), with an average day's trek clocking in at about seven hours and 18–26km (11–16 mi) of rugged trail. On this trip, you'll stay in character-rich mountain refuges (shared rooms and bathrooms) and have your limits challenged and horizons broadened. This is a great trip for the fit and experienced hiker. See tour **EFMB** on page 70.

TOP
SELLER

Trekking Mont Blanc

TREKKING

Highlights

- > Hike the soul-stirring Mont Blanc massif
- > Witness alpine meadows and rocky peaks
- > Conquer windswept cols and steep trails
- > Earn that delicious mountain meal
- > Stay in remote mountain refuges

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

Challenging mountain hikes led by an International Mountain Leader (IML) (8 days). All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (2 nts), basic hotels (2 nts, possibly multi-share), mountain refuges (5 nts, multi-share).

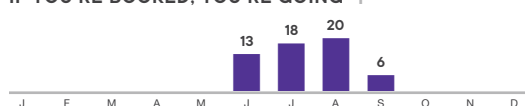
TRANSPORT Local bus, walking, cable car **GROUP LEADER** Qualified IML (International Mountain Leader) as CEO (Chief Experience Officer) throughout. **MEALS** 9 breakfasts, 5 dinners. Allow USD210-275 for meals not included.

ITINERARY

Experience the rarified air of Europe as you trek the Alps from France to Italy and Switzerland along the Tour du Mont Blanc. This challenging hiking circuit will reward you with mesmerizing views of glaciers, steep valleys, and, of course, Mont Blanc itself. Travel across high passes and through Alpine meadows, recharging at night with delicious mountain cuisine in simple refuges. Challenge yourself to conquer one of the world's premiere hiking routes, uncovering the alpine heart of Europe on this incredible active adventure.

DAY 1 CHAMONIX Arrive at any time. **DAY 2 LES CONTAMINES** Travel to Les Houches and enjoy a hike through the stunning countryside to Les Contamines (24km, 15 mi) and savour a delicious dinner in the evening. (1B, 1D) **DAY 3 LES CHAPIEUX** Hike from Les Contamines to Les Chapieux (18km, 11 mi). (1B, 1D) **DAYS 4-5 COURMAYEUR** Pass glacial lakes on the trek from Les Chapieux to the Italian town of Courmayeur (28km, 17.5 mi). The next day, enjoy a rest day in Courmayeur. Opt to ride a cable car to Pointe Helbronner or go for a day hike. (2B) **DAY 6 VAL FERRET** Hike from Courmayeur to the Italian Val Ferret (14-20km, 8.5-12 mi). It's a steep climb but the rewarding views are worth it. (1B, 1D) **DAY 7 LA FOULY** Embark on a long, steep hike (20km, 12.5 mi), followed by a stay in the Swiss mountain village of La Fouly. (1B, 1D) **DAY 8 TRIENT** Follow the Bovine Way and trek from La Fouly to Trient (16km, 10 mi). (1B, 1D) **DAY 9 CHAMONIX VALLEY** Enjoy a final day of trekking over the Col de la Balme to the Chamonix valley (14km, 8.5 mi). (1B) **DAY 10 CHAMONIX** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



10 DAYS — CHAMONIX TO CHAMONIX

FROM
\$1849

Valid for Jun 12, 2020 departure.

TOUR CODE: EFMB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP – MAX 12, AVG 10

SERVICE LEVEL: BASIC

PHYSICAL RATING: 5 – CHALLENGING



Ripple Score

100



Mont Blanc Explorer

TREKKING

Highlights

- > Marvel at Mont Blanc massif from France and Italy
- > Hike along stunning Alpine trails
- > Spend evenings relaxing in quaint villages

What's Included

Your Moments: Welcome: Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Four mountain walks led by an International Mountain Leader (IML). All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (7 nts) **TRANSPORT** Train, bus, minivan **GROUP LEADER** Qualified IML (International Mountain Leader) as CEO (Chief Experience Officer) throughout **MEALS** 7 breakfasts. Allow USD305-400 for meals not included.

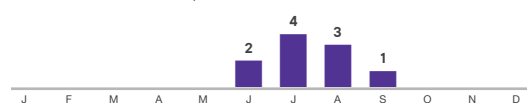
ITINERARY

The French call her "La Dame Blanche." To Italians, she's "Il Bianco." And to all who set out to tame her, she is known simply as "The Big One." Towering above the already towering Alps, Mont Blanc commands respect. This trip puts committed travellers with excellent fitness on intimate terms with the ceiling of Europe, rewarding all-comers with strolls through quaint alpine villages, hearty dinners, relaxing spa visits, and some of the most jaw-droppingly beautiful mountain scenery you'll ever see. Prepare to be challenged, awestruck, and amazed.

DAY 1 CHAMONIX MT BLANC Arrive at any time. **DAY 2 CHAMONIX MT BLANC** Enjoy a full-day hike into the Col de Voza above Les Houches. (1B) **DAY 3 CHAMONIX MT BLANC** Enjoy a free day to explore. Opt to take a breathtaking cable car ride up the Aiguille du Midi pinnacle, visit the Mer de Glace, take a walk through the Ice Cave, or go for a dip in the local thermal spa. (1B) **DAY 4 CHAMONIX MT BLANC/ COURMAYEUR** Set out on a full-day walk and arrive at a cozy mountain refugio. Take in the amazing panoramic view of the surrounding landscapes, including a view of the Italian side of Mont Blanc. (1B) **DAY 5 COURMAYEUR** Enjoy a free day to explore Courmayeur. Opt to take a spectacular cable car ride to Pointe Helbronner or enjoy a day of relaxation at the Pré St Didier spa. (1B) **DAY 6 COURMAYEUR** Enjoy a day walk to Refuge Bertone for fabulous views of the Italian side of Mont Blanc. Descend via the Planpincieux Valley. (1B) **DAY 7 COURMAYEUR/CHAMONIX MT BLANC** Travel to Le Praz. Enjoy a day hike with views of Glacier d'Argentière, Pic du Midi, and Mont Blanc. In the evening, return to Chamonix. (1B) **DAY 8 CHAMONIX MT BLANC** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



8 DAYS — CHAMONIX TO CHAMONIX

FROM

\$1749

Valid for Jun 20, 2020 departure.

OPTIONAL MY OWN ROOM: \$449

TOUR CODE: EFME

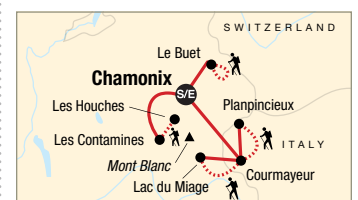
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

100



Loire Valley Cycling

CYCLING

Highlights

- Explore beautiful Paris
- Cycle from one glorious château to the next
- Appreciate the lush Loire Valley scenery
- Visit local markets
- Taste wine in ancient vineyards
- Pedal through the gardens of France

What's Included

Your Moments: Welcome: Meet Your CEO and Group. **Foodie:** Local Market Visit and Picnic Lunch, Chenonceaux. Vineyard Visit and Tasting, Loiré. **(To learn more, see page 8)**

Paris orientation walk. Cycling through the Loire Valley (5 days). Chateau de Blois visit. Entry to Château de Chenonceau. Market stop for local ingredients and picnic lunch (Tours). Chateau d'Ussé visit. All cycling equipment including bicycle. Luggage transfer between locations. Transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (7 nts) **TRANSPORT** Train, bicycle **GROUP LEADER** CEO (Chief Experience Officer) throughout **MEALS** 7 breakfasts, 1 lunch. Allow USD295-385 for meals not included.

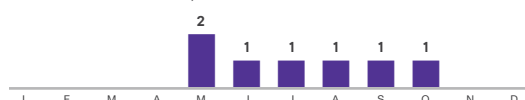
ITINERARY

Each summer, the Tour de France races across the country, giving a select group of very talented cyclists a chance to see the country from a blurry perspective. On this cycling tour of the Loire Valley, knowing the difference between a front derailleur and a rear dropout isn't necessary. Hop on a bike and experience ornate châteaux, rustic markets, vineyards, and rural Gallic charm. Think of this as the perfect combination of slow food, fine wines, and remote country tracks — ideal for seeing the inspiring scenery.

DAY 1 PARIS Arrive at any time. **DAY 2 PARIS/BLOIS** Enjoy an orientation walk in the City of Lights. Continue to the Loire Valley in the afternoon. (1B) **DAY 3 BLOIS/CHENONCEAUX** Enjoy a full day of cycling from Blois to Chenonceau, with the opportunity to visit the Château de Blois. (1B) **DAY 4 CHENONCEAUX/TOURS** Continue cycling with stops along the way at Château de Chenonceau and the local markets to pick up some traditional ingredients for a French-style picnic lunch. (1B, 1L) **DAY 5 TOURS/CHINON** Set off for another full day of cycling from Tours to Chinon. Stop to visit the Château Usse en route. Upon arrival, visit a local vineyard for a wine tasting. (1B) **DAY 6 CHINON/SAUMUR** Wake up in medieval Chinon, visit troglodyte caves, and cycle to Saumur. (1B) **DAY 7 SAUMUR/ANGERS** On the final day of cycling, travel from Saumur to Angers. In the evening, opt for a final traditional French dinner with the group. (1B) **DAY 8 ANGERS** Depart at any time. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING



100% GUARANTEED DEPARTURES

That's right. We're the first travel company to guarantee every single one of our departures. 1. Book 2. Pay 3. Confirm. 4. Pack. 5. Go. Done and done!



8 DAYS — PARIS TO ANGERS

FROM
\$1499

Valid for May 17, 2020 departure.

OPTIONAL MY OWN ROOM: \$519
TOUR CODE: EFPA

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

97



Cycling in Tuscany

CYCLING

Highlights

- > Cycle through Tuscan countryside and stone-walled hill towns
- > Visit quaint Pienza and medieval Montepulciano
- > Learn traditional recipes and eat delicious Tuscan cuisine

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. **Foodie:** Lunch and Local Wine Tasting, Bagno Vignoni. Cooking Class, Chianciano Terme. *(To learn more, see page 8)*

All cycling equipment including bicycle and helmet. Cycling in Tuscan countryside including visits to Pienza and Montepulciano. Support vehicle for 3 days. **ACCOMMODATIONS** Hotel (6 nts) **TRANSPORT** Train, private van, walking, cycling **GROUP LEADER** CEO (Chief Experience Officer) throughout. **MEALS** 6 breakfasts, 2 dinners. Allow USD215-280 for meals not included.

ITINERARY

What better way to experience the beauty of Tuscany than from the seat of a bike? A mixture of on- and off-road biking awaits on a ride through some of the most gorgeous, yet challenging countryside you'll find anywhere. Explore beautiful hill towns, stunning lakes, and have the option to soak in thermal hot springs. When you are not riding, take in the view of the rolling Tuscan hills from your hotel rooftop and relax with a glass of wine.

DAY 1 ROME

Arrive at any time. **DAY 2 ROME/CHIANCIANO TERME** Enjoy a local Italian breakfast before an orientation walk around Rome. Transfer by train to your hotel in the charming hilltop town of Chianciano Terme, your home base for the week. Enjoy a local wine tasting in the evening. (1B) **DAY 3 PIENZA** Cycle to the classic Renaissance town of Pienza and get a taste of the quintessential Tuscan landscape. (55km, 34 mi). Afterwards, enjoy a Tuscan cooking class. (1B, 1D) **DAY 4 PIENZA** Cycle to the Tuscan hill town of Montepulciano, famous for producing excellent food and wine (40km, 24mi). (1B, 1D) **DAY 5 TUSCAN LAKES** Enjoy a full day of cycling in the Tuscan lakes and lunch at a natural oasis (60km, 37 mi). (1B) **DAY 6 BAGNO VIGNONI** Cycle to the beautiful spa town of Bagno Vignoni (55km, 34 mi). Explore the town, opt to soak in the thermal pools, or relax and enjoy the views before returning to the hotel for one final night. (1B) **DAY 7 CHIANCIANO TERME** Depart from the hotel on a group transfer in the morning, arriving into Chiusi Station, where the tour ends upon arrival. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



7 DAYS — ROME TO CHIANCIANO TERME

FROM

\$1599

Valid for Apr 26, 2020 departure.

OPTIONAL MY OWN ROOM: \$449

TOUR CODE: EITC

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 8

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

100



Walk the Camino de Santiago

TREKKING

Highlights

- › Complete the last 100km of the pilgrim's trail and receive your "compostela"
- › Walk through small villages and towns
- › Enjoy hearty and delicious Spanish food
- › Walk into the cathedral in Santiago de Compostela

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

Trekking along the pilgrimage route of Santiago de Compostela (5 days). Luggage transport throughout. Transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (7 nts). **TRANSPORT** Walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout **MEALS** 7 breakfasts. Allow USD285-370 for meals not included.

ITINERARY

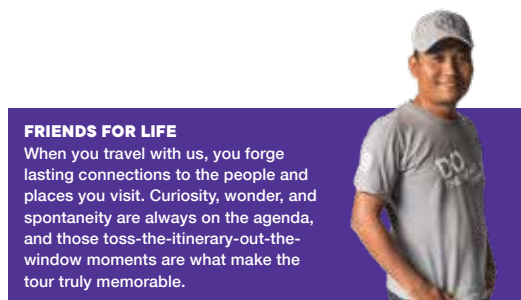
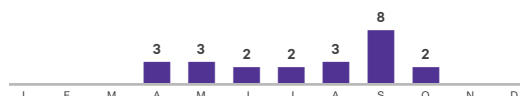
If you're looking to take on your own pilgrimage — along a route filled with beautiful countryside and rustic villages of Northern Spain — start here, at the Camino de Santiago. On this eight-day trip, complete the last 100 km of the pilgrimage route to Santiago and receive a "compostela" at the finish to prove your accomplishment. Refuel with tasty Spanish food and take the time to stop and smell the flowers — it's active but at a slower, more picturesque pace.

DAY 1 SARRIA Arrive at any time. **DAYS 2-6 SARRIA/PORTOMARÍN/ PALAIS DO REI/MELIDE/ARZÚA/SALCEDA** Over five days, follow

the Camino de Santiago to its ultimate goal, the cathedral in Santiago de Compostela. Throughout the journey, visit tiny villages where the rustic, home-cooked food is a delicious accompaniment to the hike. Walk between 15-25km (9-15 mi) per day past rolling green hills, churches, and ruined towns. Your "compostela" will be stamped daily to authenticate progress. (5B) **DAY 7 SALCEDA TO SANTIAGO DE COMPOSTELA** Enjoy a final day of walking through spectacular scenery towards the final destination (14km, 8.5 mi). (1B) **DAY 8 SANTIAGO DE COMPOSTELA** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



FRIENDS FOR LIFE

When you travel with us, you forge lasting connections to the people and places you visit. Curiosity, wonder, and spontaneity are always on the agenda, and those toss-the-itinerary-out-the-window moments are what make the tour truly memorable.

8 DAYS — SARRIA TO SANTIAGO DE COMPOSTELA

FROM

\$1249

Valid for Apr 14, 2020 departure.

OPTIONAL MY OWN ROOM: \$359

TOUR CODE: ESCS

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



Ripple Score

100



Norway Fjord Trekking

TREKKING

Highlights

- > Admire stunning views across the Hardangerfjord from the overhanging rock of Trolltunga
- > Walk on the blue ice of the Buer Glacier
- > Hike through the stunning scenery of the Buerdalen valley

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

Orientation walk in Bergen. Hiking to Trolltunga. Guided glacier hike with crampons and ice axes. Hike in the Buerdalen valley. Hike around the Hardangerfjord. Free time to explore Odda. **ACCOMMODATIONS** Hotel (1nt), simple hotel with shared bathrooms (5 nts). **TRANSPORT** Local bus, ferry, walking, private minivan **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guide for glacier hike **MEALS** 6 breakfasts. Allow USD205-270 for meals not included.

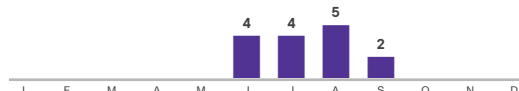
ITINERARY

The Vikings were some of the toughest people to ever walk this earth, and looking at the land that spawned them, it's not hard to see why. Carved by the relentless North Atlantic for eons, the Norwegian fjordlands are a challenge that beckons hikers and mountaineers of all ages and abilities. This trip will put you on intimate terms with the great green hills, monstrous peaks, enormous glaciers, and flat-out gorgeous scenery of this isolated chunk of Scandinavia. Lace up your hiking boots and set forth in search of your own personal Valhalla.

DAY 1 BERGEN Arrive at any time. Meet your group for a welcome meeting, then head out for an orientation walk of Bergen. **DAY 2 BERGEN/ODDA** Transfer by ferry and private vehicle to Odda, the base in the heart of the fjords. Hike along the Culture Trail. (1B) **DAY 3 ODDA** Known as the Valley of the Waterfalls, Oddadalen's wooded ravine is adorned with numerous beautiful waterfalls. Stretch your legs on a 10km (6.2 mi) hike along the Buerdalen valley. (1B) **DAY 4 ODDA** Join an expert local guide for a hike across the frozen landscape of the Folgefonna Glacier. Strap on crampons, head out on the ice and take in spectacular views of the glacier. (1B) **DAY 5 ODDA** Enjoy free time today to relax in the beauty of the surrounding Fjords or opt to partake in any of the many activities that this area has to offer. (1B) **DAY 6 TROLLTUNGA/ODDA** Gear up for the highlight of the week — a challenging full-day hike up to the most famous rock formation in Norway. Trolltunga (the "Troll's Tongue") grants breathtaking views from 700m (2,296 ft) above the Ringedalsvatnet lake and surrounding fjordland. (1B) **DAY 7 ODDA/BERGEN** Take a transfer and ferry back to Bergen. Trip ends on arrival in Bergen. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



7 DAYS — BERGEN TO BERGEN

FROM

\$2349

Valid for Jun 6, 2020 departure.

OPTIONAL MY OWN ROOM: \$559

TOUR CODE: ENBB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 10, AVG 8

SERVICE LEVEL: BASIC

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

100



Trekking in Iceland — The Laugavegur Trail

Highlights

- › Explore the ever-changing geographical wonderland of Iceland
- › Trek one of Iceland's famous routes: the Laugavegur Trail
- › Cross fields of flowers and rivers while taking in views of the surrounding glaciers
- › Stop at the stunning Seljalandsfoss waterfall

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

South Iceland trekking along the Laugavegur Trail. Sleeping mats (sleeping bags not provided). All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hostels (2 nts, multi-share), participation camping (4 nts) **TRANSPORT** Local bus, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout. **MEALS** 6 breakfasts, 4 lunches, 4 dinners. Allow USD145-190 for meals not included.

ITINERARY

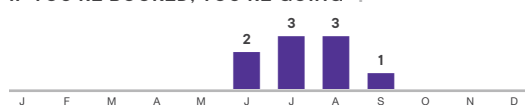
Iceland is one of those rare places on Earth that feels more science fiction than fact, even when you're actually there. Get as close as you can to the incredible scenery by hiking the challenging route of the Laugavegur Trail, where you'll pass multi-coloured slopes, ice caves, and sweeping landscapes. Camp out for four nights, and enjoy valley hikes in the area with the group. Whether it's from the inclines or just from the view, prepare to have your breath taken away.

DAY 1 REYKJAVÍK Arrive at any time. **DAY 2 REYKJAVÍK/**

LANDMANNALAUGAR Travel to Landmannalaugar. Pass by Mt Hekla en route, an active volcano that was once considered to be the gates of Hell, which erupts every few years. (1B, 1D) **DAY 3 ALFTAVATN** Pass rivers and streams while hiking from Landmannalaugar through the mountains to Lake Alftavatn. Follow the Laugavegur Trail, one of Iceland's most famous hiking routes (24km, 15 mi). (1B, 1L, 1D) **DAY 4 EMSTRUR** Continue to follow the route of the Laugavegur Trail, hiking from Alftavatn to Emstrur (15km, 9 mi). (1B, 1L, 1D) **DAY 5 ÞÓRSMÖRK** Trek from Emstrur to Þórsmörk, crossing rivers and fields of flowers (19km, 12 mi). (1B, 1L, 1D) **DAY 6 ÞÓRSMÖRK/REYKJAVÍK** Take a final hike in the beautiful valley of Þórsmörk before making your way back to Reykjavík. En route, view the breathtaking Seljalandsfoss waterfall. (1B, 1L) **DAY 7 REYKJAVÍK** Depart at any time. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING



7 DAYS — REYKJAVÍK TO REYKJAVÍK

FROM

\$2699

Valid for Jun 20, 2020 departure.

TOUR CODE: ELST

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 4 — DEMANDING

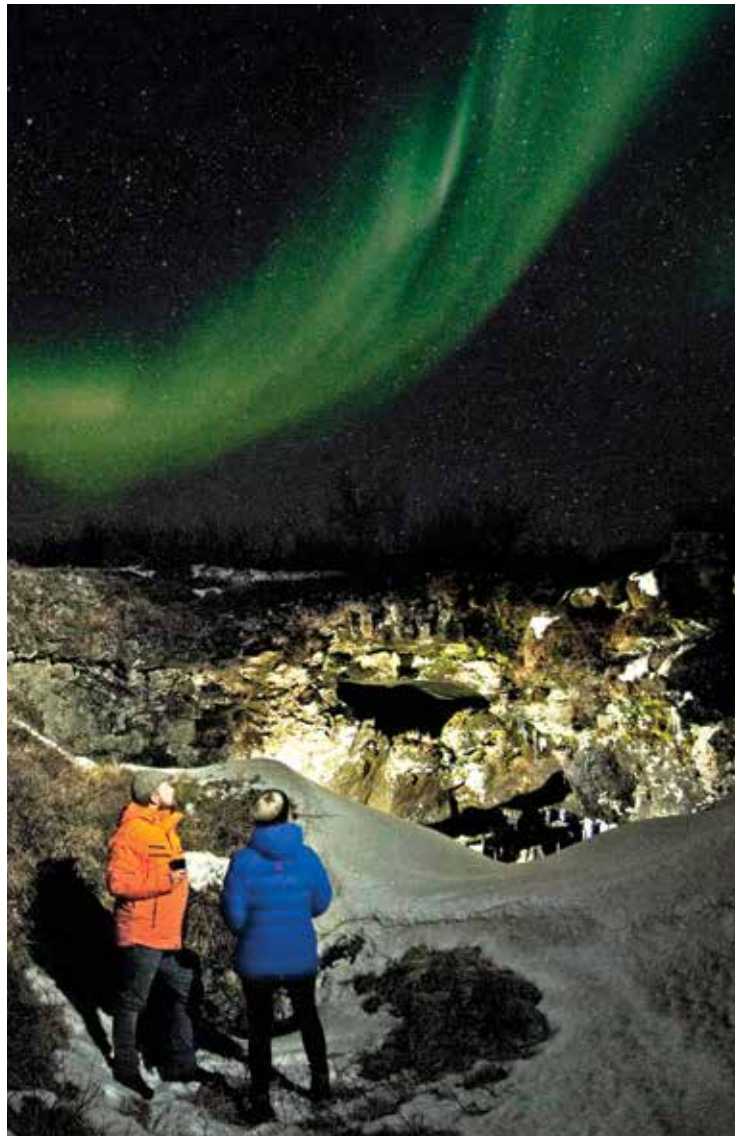


Ripple Score

100



TREKKING





Turkey Multisport

MULTISPORT

Highlights

- > Ride around the valleys of Cappadocia on horseback
- > Enjoy local hospitality in remote villages
- > Go sea kayaking in spectacular coves
- > Cycle from the mountains to the coast
- > Trek the Lycian Way
- > Hike through ruins and Turkish villages

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

Hike to Chimera. Entrance to Pinara. Guided hike on the Lycian Way. Entrance to Kayakoy Village and Oludeniz Blue Lagoon. Mountain biking excursion. Half-day guided sea kayaking excursion. Internal flight. Transport between destinations and to/from included activities.

ACCOMMODATIONS Hotels (7 nts), homestays (1 nt, shared bathrooms) overnight seater bus (1 nt). **TRANSPORT** Plane, overnight seater bus, private air-conditioned van, kayak, mountain bike, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local activity instructors. **MEALS** 9 breakfasts, 1 dinner. Allow USD195-255 for meals not included.

ITINERARY

A bridge between continents and cultures, Turkey has always been a meeting place for travellers eager to exchange just about everything. That trend continues with this activity-heavy romp through southern Turkey. Swap your trusty walking stick for a bike and a kayak as you hike, pedal, paddle, and ride your way through the steep canyons of the Lycian Way, past ancient ruins, around peaceful olive groves, and into small villages untouched by time in the valleys of Cappadocia. Exercise should always be this inspiring.

DAY 1 ISTANBUL

Arrive at any time. **DAY 2 ISTANBUL/FETHIYE** Begin the day with a CEO-led orientation walk around Istanbul. In the afternoon, fly to Dalaman and transfer to Fethiye on the Turquoise Coast. (1B) **DAY 3 FETHIYE** Hike along the Lycian Way from the ghost town of Kayakoy to the blue lagoon of Oludeniz. (1B) **DAY 4 FETHIYE/MINARE** Spend a free morning in Fethiye however you like. Journey to Minare and hike around the Lycian-era ruins of Pinara. Overnight in a village homestay. (1B, 1D) **DAY 5 KEKOVA** Transfer to town of Kas. Take to two wheels and cycle through the villages and hillsides nearby. With views all the way down to the sea and some tough ascents and descents, this is a thrilling ride along the coast. (1B) **DAY 6 KEKOVA/OLYMPOS** Take a sea kayaking expedition over the sunken city of Kekova. Continue to Olympos and enjoy a short walk to Chimera, where flames magically rise out of the earth through cracks in the rocks. (1B) **DAY 7 OLYMPOS/GÖREME** Enjoy a free day in the small coastal village of Olympos. In the evening take an overnight bus to Göreme. (1B) **DAYS 8-9 GÖREME** Spend the next two days exploring Cappadocia's impressive and unusual rock formations. Head out and try horseback riding in the area. Opt to take a hot-air balloon ride for unparalleled views of the region at sunrise. (2B) **DAY 10 GÖREME** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



10 DAYS — ISTANBUL TO GÖREME

FROM
\$1129

Valid for Apr 3, 2020 departure.

OPTIONAL MY OWN ROOM: \$139

TOUR CODE: ETIG

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING





Personalize your tour

Extras are a great way for you to make your adventure little more yours. Here are some optional add-ons you can book in advance, for those days on your tour that have free time built in.

CAPPADOCIA BALLOON RIDE

Cappadocia is captivating from the ground, but that's just the half of it. Get a bird's-eye view of ancient civilizations and rugged landscapes with this unique balloon-based adventure.

FROM
\$180
Cappadocia
1 hr

ISTANBUL BACKSTREETS WALK — PRE/POST TOUR

Follow a guide through colourful spice markets, bustling bazaars, and squares nestled in the backstreets of Istanbul. Exploring these lesser known parts of Istanbul offers a glimpse into the daily life of a local.

FROM
\$75
Istanbul
8 hrs

DOLMABAHÇE PALACE VISIT AND BOSPORUS CRUISE — PRE/POST TOUR

Explore Dolmabahçe Palace — Istanbul's most lavish residence and home to past leaders of the Ottoman administration. Afterwards, board a boat for a relaxing and scenic cruise along the legendary Bosphorus Strait.

FROM
\$95
Istanbul
8 hrs

WHIRLING DERVISHES

Take some time to watch the dance-like worship of followers of the Mevlevi Sufi order, often referred to as Whirling Dervishes. A spellbinding sight, the Sema ceremony typically combines music and spinning (or whirling) to complete a religious experience.

FROM
\$20
Istanbul
45 min

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.

Asia



There's more green than can be seen in the lush forests in Chiang Mai's Pang Mai Dang.



**Everything, everywhere,
all at once, all the time.**

Sum up Asia in a paragraph? Good luck. Positively massive by just about every measure, the sole thread that unites this continent is the sheer diversity of experiences it presents to travellers. Arid deserts and towering peaks; secluded temples and bustling markets; tiny villages and sprawling cities; ancient history and cutting-edge modernity; teeming crowds and places so remote you won't find another human being around for miles — Asia encompasses all this and so, so much more. Don't expect to absorb it all; dive on in and let it seep into your skin.





Roll closer along Yangshuo's rolling karst hills on a cycling tour.

ASIA UNCOVERED

Yangshuo Countryside • China

Along the lovely Li River, take a leisurely pedal through the gorgeous countryside of southern China, riding past rice paddies, grazing water buffalo, and limestone karst formations before having lunch at a local farmhouse.

Remote Mai Chau • Vietnam

Sometimes, the bustle of Vietnam's cities can get a bit too busy. Get away from it all and walk up into the hills of Mai Chau in search of green rice paddies. Encounter isolated Thai minority communities for a fresh perspective on this fascinating land.

Angkor Wat by bike • Cambodia

Everybody knows Angkor Wat (it's so famous, Cambodia put it on the flag), but not everyone knows how amazing it is to bike to it. Strap on your helmet and pedal through the outskirts of Siem Reap on an incredible ride to the majestic site itself.



Give your stepcounter a great challenge.

Slow down with a tai chi class in China.





Stunning views await after crossing Nepal's Hillary Bridge.

Trekking Nepal



On a wing and a prayer flag you'll make it to the end of your trek — our CEOs will make sure of it!

The abode of snow.

The Himalayas (literally “abode of snow” in Sanskrit) are sacred to three of the world’s major religions — four if you include mountaineering as a faith. These snow-capped mountains have pulled explorers under their spell for centuries, promising an ever-changing landscape of remote villages, thick alpine forests, and rushing rivers set against the otherworldly backdrop of peaks that scrape the belly of heaven itself. Prepare to be astounded.



One of many Buddha statues in Kathmandu, Nepal.

Which route is for me?

Trekking in Nepal is a challenge, but a wholly rewarding one. Figuring out which route is best suited to your climbing style is important. The Everest route offers a greater physical challenge and starts higher up in the mountains, the Langtang route is one of Nepal's off-the-beaten-path picks that's as challenging as it is scenic, while the Annapurna routes give you a better sense of what it's like to live in the shadows of these mighty peaks. Our advice: don't check Nepal off your list until you've conquered every route.

Will the altitude affect me?

Most likely. The air in the Himalayas contains less oxygen than the air at sea level. Everyone will experience the thinner high-altitude air a little differently — and some more than others; slow and steady is always the best way to go. The more time you give yourself to acclimatize, the easier your day's trekking will be.

Since we're already out on a limb here, I'll say the views from Dingboche are some of Nepal's best.



There's always time for tea when you're a guest at the Panauti Community Homestay in Nepal.

What will I eat?

You'll need energy to make it to the top, and our cooks will make certain you've got a steady supply of healthy, quality hiking fuel. Where food can't be purchased locally, our team of porters will carry all the necessary supplies, including fresh produce. Meals are a mix of local and international cuisine, and while special requests and dietary restrictions can almost always be accommodated, it's a good idea to let us know in advance.

Where will I sleep?

We stay in tea houses on our treks to Everest, Langtang, and the Annapurna. Tea house accommodation varies depending on the setting and the altitude, and no two establishments are alike. A tea house is a traditional Nepali institution that combines a guesthouse and a restaurant, and can vary from offering private rooms to dormitory-style lodging. Washing facilities can also vary widely from place to place.

TOP
SELLER

Everest Base Camp Trek

Highlights

- > Trek to Everest Base Camp
- > Conquer high passes and glaciers
- > Experience Sherpa villages and panoramic views
- > Meet locals during tea house stays

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

English-speaking local guide and assistants for the trek. Porters included on the trek. Trekking to Everest Base Camp. Internal flights. All transport between destinations and to/from included activities.

ACCOMMODATIONS Hotels/guesthouses (2 nts), teahouse lodges (12 nts). **TRANSPORT** Plane, bus, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, trekking support staff. Allow USD360-470 for meals not included.

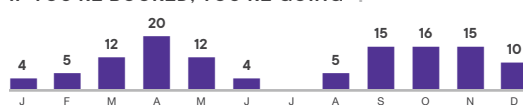
ITINERARY

Everest is more than a mountain and the journey to its base camp is more than just a trek. Along a route dubbed by some as "the steps to heaven," every bend in the trail provides another photo opportunity — beautiful forests, Sherpa villages, glacial moraines, and foothills. For active adventurers not afraid to break a sweat, our full trekking support staff will bring you close to local cultures before opening a window to the top of the world.

DAY 1 KATHMANDU Arrive in Kathmandu at any time. **DAY 2 KATHMANDU/PHAKDING** Take a mountain flight to Lukla and begin the trek to Phakding. **DAYS 3-4 NAMCHE BAZAAR** Spend two nights in Namche Bazaar, acclimatizing for the trek. **DAY 5 TENGBOCHE** Set out on a 6-7-hour trek through woods and rhododendron forests before arriving in Tengboche. **DAYS 6-7 DINGBOCHE** Trek to Dingboche with time to acclimatize. The next day, opt to hike to Chhukung or Nagarzhang

Peak. **DAYS 8-9 LOBUCH/EVEREST BASE CAMP** Hike along the Khumbu Glacier to reach Lobuche, which has spectacular views of Nuptse. The next day includes a challenging climb past the Khumbu Glacier, arriving in Nuptse. Cross the Changri Glacier to Gorakshep, then enjoy the highlight of reaching Everest Base Camp. **DAYS 10-13 EVEREST BASE CAMP/LUKLA** Enjoy an early morning trek to Kala Pattar for sunrise views of Everest. Descend to Pheriche. The next day, descend through Pangboche, with its great gumpa, to Kyangjuma. The next evening, stay in the small village of Monjo for the evening. The final day of our trek takes us back to Lukla, where we have a chance to relax after the rigorous adventure we just undertook. **DAY 14 LUKLA/KATHMANDU** Fly to Kathmandu. **DAY 15 KATHMANDU** Depart at any time.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



100% GUARANTEED DEPARTURES

That's right. We're the first travel company to guarantee every single one of our departures. 1. Book. 2. Pay. 3. Confirm. 4. Pack. 5. Go. Done and done!



15 DAYS — KATHMANDU TO KATHMANDU

FROM
\$1499

Valid for Jan 5, 2020 departure.

TOUR CODE: ANEA

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

SERVICE LEVEL: BASIC

PHYSICAL RATING: 5 — CHALLENGING



Ripple Score

100



TREKKING



G FOR GOOD

Sisterhood of Survivors

Local Meal & Cooking Lesson • Kathmandu & Pokhara, Nepal

This program provides job training in the hospitality industry for survivors of human trafficking and is managed wholly by survivors. All proceeds from the project's cooking class and meal program benefit local education initiatives and provide further training to help survivors access dignified job opportunities, such as paralegal work, to help other survivors. Sisterhood of Survivors strives to reduce the number of women (about 7,000 each year) trafficked into India while supporting fellow sisters.



Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here is an optional add-on you can book in advance, for those days on your tour that have free time built in.

KATHMANDU EXPRESS: FLIGHT FROM POKHARA TO KATHMANDU

Skip the long drive and hop on a quick flight from Pokhara to Kathmandu. You'll reach Nepal's capital in just under half an hour (instead of a seven-hour bus ride), giving you more time to rest or to embark on solo adventures in Kathmandu.

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.

FROM
\$133

Pokhara
1 hr





Annapurna Sanctuary

TREKKING

Highlights

- Take in panoramic views and prayer flags in the Himalayas
- Explore rhododendron forests and tiny hamlets
- Meet local yak herders
- Experience tea house lodges and high passes

What's Included

Your Moments: **G for Good:** Sisterhood of Survivors Project, Kathmandu. **Welcome:** Meet Your CEO and Group. **(To learn more, see page 8)**

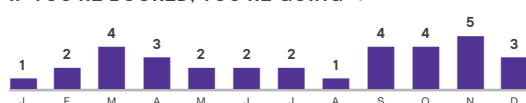
Kathmandu guided tour. English-speaking guide and full support team of porters and assistants for the Annapurna Sanctuary trek. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotels/guesthouses (4 nts), tea houses (10 nts). **TRANSPORT** Bus, minibus, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, trekking support staff. **MEALS** 1 lunch. Allow USD355-465 for meals not included.

ITINERARY

Don't just visit the roof of the world — climb all over it. Take a 10-day trek through the remote and imposing mountains of the Annapurna Range. Begin and end the journey in Kathmandu with its colourful temples, city squares, and great shopping. With the support of a team of expert Sherpas, the challenging trails of Annapurna will reward you with a stunning combination of towering peaks and dramatic valleys. Rest and relax overnight in tea houses, where you'll reconnect with ancient ways long forgotten by the modern world.

DAY 1 KATHMANDU Arrive in Kathmandu at any time. **DAY 2 KATHMANDU** Take a tour of Durbar Square. For lunch, visit G Adventures-supported Sisterhood of Survivors Project, a grassroots organization that trains survivors of human-trafficking to become certified paralegals. (1L) **DAY 3 KATHMANDU/POKHARA** Take a mountain drive to Pokhara. **DAYS 4-13 ANNAPURNA RANGE** Drive to Nayapul and trek to Tirkhedhunga. Enjoy ten days of trekking through alpine meadows, isolated villages, dramatic glaciers, and inspiring mountain vistas. **DAY 14 POKHARA/KATHMANDU** Return to Kathmandu for a well-earned celebration. **DAY 15 KATHMANDU** Depart at any time.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



For all dates, pricing, availability, booking, and detailed itineraries, consult your travel agent or check online.



Annapurna Circuit Trek

TREKKING

Highlights

- Take in stunning Himalayan views
- Experience high passes and prayer flags
- Stay in tea house lodges and tiny hamlets
- Visit sacred temples and monasteries
- Enjoy a day to trek Poon Hill or unwind

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. **Local Living:** Naryang Community Homestay, Naryang. **(To learn more, see page 8)**

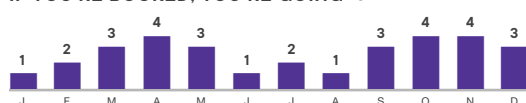
English-speaking local guide and full support team of porters and assistants for the Annapurna Circuit trek between Besi Sahar, Muktinath, Jomson, Pokhara. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels/guesthouses (3 nts), homestay (1 nt), tea house lodges (13 nts). **TRANSPORT** Bus, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, trekking support staff. **MEALS** 1 breakfast, 1 lunch, 1 dinner. Allow USD410-535 for meals not included.

ITINERARY

On this incredible trekking adventure, spend 13 challenging days traversing rhododendron forests, isolated hamlets, and mountain villages. For six to seven hours a day, follow the trails of this challenging circuit on and around one of the world's highest mountains while encountering temples, monasteries, and breathtaking landscapes. Led by expert guides and assisted by support staff throughout, you'll be greeted by locals who offer a fascinating glimpse of traditional rural life and majestic views few ever experience.

DAY 1 KATHMANDU Arrive in Kathmandu at any time. **DAY 2 JAGAT** Go on a short trek to Jagat. Take in the beautiful hot springs along the way. **DAYS 3-15 ANNAPURNA CIRCUIT** Spend 11 challenging days trekking in one of the highest mountain ranges on Earth. Experience stunning alpine pastures, forests of rhododendron, temples, rural villages and local people, a community homestay, waterfalls, glaciers, and some of the most spectacular mountain scenery known to man. (1B, 1L, 1D) **DAY 16 POKHARA** Transfer to Pokhara and take a well-deserved rest in this lakeside resort town. **DAY 17 POKHARA/KATHMANDU** Return to Kathmandu. **DAY 18 KATHMANDU** Depart at any time.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



18 DAYS — KATHMANDU TO KATHMANDU

FROM

\$1499

Valid for Jan 11, 2020 departure.

TOUR CODE: ANTA

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

SERVICE LEVEL: BASIC

PHYSICAL RATING: 5 — CHALLENGING



Ripple Score **100**



Trekking Langtang

TREKKING

Highlights

- > Uncrowded trails among the impressive peaks of the Himalayas
- > Trek upwards through differing ecosystems
- > Marvel at rhododendron and larch forests
- > Visit small villages and monasteries

What's Included

Your Moments: **G for Good:** Sisterhood of Survivors Project, Kathmandu. **Welcome:** Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Transport to and from Kathmandu. Hike in the Langtang region (10-day). English-speaking local guide and assistants for the trek. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Standard hotel (4 nts), community homestay (1 nt), tea house (9 nts). **TRANSPORT** Private van, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 1 breakfast, 1 lunch, 1 dinner. Allow USD340-445 for meals not included.

ITINERARY

There's nothing quite like the hiking challenge presented by the Himalayas — are you ready to conquer it? More than just Everest Base Camp, this trek in the Kathmandu Valley is one that gives people a different perspective on the valleys and peaks of Nepal. Hike up through an ever-changing landscape of flower-filled fields and lush green forests before emerging among monasteries and villages. As a reward, take in the impressive sight of the Langtang Glacier and stay in rustic villages and monasteries. If you're longing to get off the overcrowded path from Base Camp, this unique hike is the perfect solution.

DAY 1 KATHMANDU Arrive at any time. **DAY 2 KATHMANDU** Enjoy a free morning in Kathmandu. Visit the Sisterhood of Survivors Project and enjoy

an authentic Nepalese style lunch. (1L, 1D) **DAY 3 SYABRU BESI**

It's a full day of driving to reach Syabru Besi. Enjoy a tea house accommodation for the night. (1B) **DAY 4 SYABRU BESI/LAMA HOTEL** Leave Syabru Besi and start the full-day hike to Lama Hotel, passing through villages and past rhododendron forests along the way. **DAY 5 LAMA HOTEL/LANGTANG VILLAGE** Enjoy a full day of hiking from Lama Hotel to Langtang Village. There are gradual ascents on the trek today, through varied forests. **DAYS 6-7 LANGTANG VILLAGE/KYANJING GOMPA** Enjoy a full day hiking through small villages and yak pastures to Kyanjing Gumpa. From there, visit the Tshekori viewpoint for breathtaking views of the Langtang mountain range. **DAYS 8-9 LAMA HOTEL/SYABRU** Return to Lama Hotel, following the route to Langtang village on a full-day hike. The next day, hike uphill to the village of Thulo Syabru, home to the Tamang community. Stop in the village to learn about some of the local traditions and culture. **DAY 10 CHANDAN BARI** Climb further upwards today, with spectacular Himalayan views on all sides. Follow a steep path through a line of Chortens and enjoy views of Langtang Himal, Ganesh Himal, and Tibetan Mountain. **DAY 11 GOSAINKUNDA** Hike for a full day to Gosainkunda. Experience amazing landscapes on the way of waterfalls and rhododendron forests. **DAY 12 GOSAINKUNDA/THARE PATI** Trek over the Gosainkunda Pass, the highest point on the journey. Continue downwards to the lodges of Tharepati. **DAY 13 THARE PATI/NAKOTE** Today trek downhill to reach Nakote, a community located alongside a small river. **DAY 14 NAKOTE/KATHMANDU** Hike through a trail to reach Timbu for lunch before transferring back to Kathmandu. **DAY 15 KATHMANDU** Depart at any time.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



15 DAYS — KATHMANDU
TO KATHMANDU

FROM

\$1299

Valid for Feb 29, 2020 departure.

TOUR CODE: ANTL

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: BASIC

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



China Active Adventure

MULTISPORT

Highlights

- > Explore Beijing's Forbidden City and hutongs
- > Walk the Great Wall
- > Trek through rice terraces
- > Cycle old city walls and rural villages
- > Watch kung fu monks

What's Included

Your Moments: Welcome: Meet Your CEO and Group. **Discover:** Free time in Yangshuo. (*To learn more, see page 8*)

Great Wall trek (2 days). Guided tour of the Forbidden City. Beijing hutong walking tour. Bike the ancient Xi'an city walls. Shaolin Monastery visit. Yangshuo cycling. Longsheng village-to-village trekking. Yangshuo and Hong Kong orientation walks. Internal flight. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (9 nts), simple guesthouses (3 nts), homestay (1 nt), sleeper train (1 nt). **TRANSPORT** Train, local bus, plane, bicycle, walking. **GROUP LEADER** English-speaking Chinese CEO (Chief Experience Officer) throughout, local guides. **MEALS** 1 breakfast, 1 lunch, 1 dinner. Allow USD370-485 for meals not included.

ITINERARY

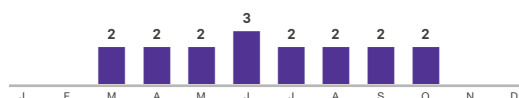
Explore a side of China you never knew existed on this eye-opening multi-activity adventure. Get a full dose of this land's truly incredible history, culture, and geography using rural roads that wind through tiny villages and past seemingly endless rice fields. Tour the imperial tombs and palaces of the walled city of Xi'an on two wheels and on foot. Study curious limestone karst formations in Yangshuo. Navigate the busy streets of Beijing and relax, secure in the knowledge that downtime is rightly earned.

DAY 1 BEIJING Arrive in Beijing at any time. **DAYS 2-4 BEIJING/GREAT WALL** Transfer from Beijing to Gubeikou and start hiking. Walk over the "Crouching Tiger" and "Sleeping Dragon" sections of the Wall and hike along the Jinshanling Great Wall for day two. Head back to Beijing for a Discover the Forbidden City and Tiananmen Square and take a walk through the historic Beijing hutongs before getting on an overnight train to Luoyang. (1B, 1D) **DAYS 5-6 LUOYANG** Arrive in Luoyang and opt to visit the Longmen Grottoes. The next day, travel to the holy mountain of Song Shan and enjoy a hike in the surrounding countryside. **DAYS 7-8 LUOYANG/XI'AN** Travel by train to Xi'an, China's long-ago capital and the terminus of the Silk Road. Discover the Muslim Quarter on an orientation walk. The next day, visit one of China's greatest archaeological treasures—the Terracotta Warriors then cycle the ancient city walls and discover the Muslim Quarter. **DAYS 9-11 YANGSHUO** Catch a flight, then transfer to Yangshuo on the Li River. Enjoy an included orientation walk and opt to check out a local cooking school, practice tai chi, or see a light and sound show. Also, take a guided bicycle ride through the countryside past rice paddies with local farmers and water buffalo. (1L) **DAYS 12-13 LONGJI** Enjoy a 2-day trek along rice terraces from village to village. **DAY 14 LONGJI/HONG KONG** Take the fast train to Hong Kong. **DAY 15 HONG KONG** Depart at any time.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



15 DAYS — BEIJING TO HONG KONG

FROM

\$1899

Valid for Mar 7, 2020 departure.

OPTIONAL MY OWN ROOM: \$1059

TOUR CODE: ACBH

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



Ripple Score

100



Walk the Great Wall of China | TREKKING

Highlights

- > Explore Beijing's Forbidden City and Tiananmen Square
- > Trek along the Great Wall
- > Sleep in rural villages
- > Enjoy a tai chi lesson

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. **Discover:** Free time in Beijing. *(To learn more, see page 8)*

Great Wall entrances and trek (6 days). Forbidden City and Tiananmen Square guided tour. Qing Tombs exploration. Luggage transfer on every hiking day. **ACCOMMODATIONS** Hotels (4 nts), simple guesthouses (5 nts). **TRANSPORT** Local bus, walking. **GROUP LEADER** English-speaking Chinese CEO (Chief Experience Officer) throughout, local guides. **MEALS** 5 breakfasts, 4 lunches, 5 dinners. Allow USD135-175 for meals not included.

ITINERARY

Centuries after its construction, China's Great Wall remains one of humankind's engineering marvels. At over 21,000km (13,048 mi) in length, the Wall is a trip in and of itself. You won't tackle the whole thing on this 10-day trip, but you'll return home with a deeper understanding of life that goes on around and upon it. The Beijing-to-Beijing route will take you to small villages that have stood for centuries in the shadow of this massive tribute to human will and introduce you to the cuisine, culture, and history that make this one of China's most captivating attractions. The Wall's been standing for centuries. Isn't it about time you turned up?

DAY 1 BEIJING Arrive at any time. **DAY 2 BEIJING** Enjoy a guided tour of the Forbidden City and Tiananmen Square. Opt to experience a traditional tea ceremony. **DAY 3 BEIJING/JIANKOU** Transfer to the Mutianyu section of the Great Wall. Enjoy a hike along the Great Wall followed by a drive to Jiankou Village in the afternoon. Spend the night in Jiankou Village. (1D) **DAYS 4-5 GUBEIKOU** Hike Jiankou village and visit the Great Wall. Transfer to Gubeikou, explore the village, get settled at the guesthouse, and relax with a tai chi lesson. Transfer to the starting point of the "Crouching Tiger" portion of the Great Wall for the three-hour hike. (2B, 2L, 2D) **DAY 6 HUANGYAGUAN** Continue hiking along Jinshanling Great Wall. The Wall is better restored here, but the trek is no less spectacular. Finish hiking in the afternoon. Transfer to the Huangyaguan portion in Tianjin. (1B, 1L, 1D) **DAY 7 SIMATAI/HUANGYAGUAN** Enjoy the last day trekking along the Wall at Huangyaguan, named for the bright yellow flowers that appear in this region. Spend the night in a guesthouse. (1B, 1L, 1D) **DAY 8 HUANGYAGUAN/BEIJING** Explore Qing Tombs on the way back to Beijing. Arrive in Beijing around noon and enjoy a half day of free time. (1B) **DAY 9 BEIJING** Enjoy a free day to relax in Beijing or to explore more of the sights of the city. **DAY 10 BEIJING** Depart at any time.

10 DAYS — BEIJING TO BEIJING

FROM
\$1399

Valid for Apr 13, 2020 departure.

OPTIONAL MY OWN ROOM: \$779

TOUR CODE: ACGA

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 10

SERVICE LEVEL: STANDARD

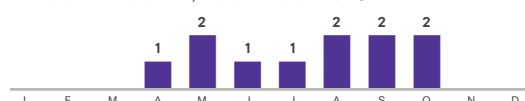
PHYSICAL RATING: 4 — DEMANDING



Ripple Score **96**

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



For all dates, pricing, availability, booking, and detailed itineraries, consult your travel agent or check online.



Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here are some optional add-ons you can book in advance, for those days on your tour that have free time built in.

BEIJING ACROBATICS PERFORMANCE

Enjoy an evening of spectacular acrobatics performed by some of China's most talented performers and athletes. This unforgettable spectacle features Chinese-style tricks, like plate-spinning, contortion, foot-juggling, and a host of circus-style acrobatics.

FROM
\$30
Beijing
1 hr

CENTRAL CHINESE COOKING CLASS

Calling all foodies! Get an inside look at Chinese cuisine with a tour of the market where you can learn about the ingredients used in the region. Afterwards, enjoy a cooking lesson at a traditional farmhouse in the beautiful countryside outside Yangshuo. After the class, sit down and enjoy the delicious dishes you've just prepared.

FROM
\$39
Yangshuo
3 hrs

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.



Japan Hike, Bike & Kayak

Highlights

- > Hike along the Kumano Kodo pilgrimage route
- > Cycle between islands in rural Japan
- > Visit the Fushimi Inari Shrine in Kyoto
- > Explore Wakayama castle
- > Kayak to the famous floating torii gate at Miyajima

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

Hike the Kumano Kodo Trail (3 days). Wakayama Castle visit. Fushimi Inari Shrine visit. Shimanami Kaido Cycling Route (2 days). Hiroshima Peace Park and Museum visit. Miyajima Island visit with sea kayaking. Traditional ryokan stay with kaiseki meal. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotel (9 nts), traditional inn (3 nts). **TRANSPORT** Local train, local bus, bicycle, kayak, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 3 breakfasts, 3 dinners. Allow USD570-745 for meals not included.

ITINERARY

There's so much to discover in the Land of the Rising Sun. So we've taken our favourite must-see highlights and major cultural touchstones like Kyoto and Hiroshima, combined them with visits to lesser known areas, and packed everything into a 13-day itinerary. Hike along the ancient Kumano Kodo pilgrimage route to visit spectacular shrines, visit the impressive site of Wakayama Castle, bike the famous Shimanami Kaido route, and kayak around the famed floating torii gate in the Bay of Miyajima. With a refreshing mix of approachable activities, beautiful landscapes, and delicious eats, this tour has something for every kind of traveller.

DAY 1 OSAKA

Arrive at any time. **DAYS 2-4 KUMANO KODO HIKE** Take the train from Osaka to Wakayama, before heading to Chikatsuyu and beginning the three-day hike along the Kumano Kodo, an ancient pilgrimage route. Visit Japan's largest waterfall and the Kumano Hongu Taisha shrine, part of a larger UNESCO World Heritage Site. (1B, 2D)

DAYS 5-6 WAKAYAMA/KYOTO

Visit the impressive site of Wakayama Castle before transferring to Kyoto to take in the vibrant colours of Fushimi Inari shrine. **DAYS 7-8 ONOMICHI/IKUCHI JIMA** Explore more of Kyoto with free time before taking the train to Onomichi. Enjoy a day of cycling across bridges and islands to the south of Honshu, exploring small villages along the way. Spend the night in a ryokan inn on Ikuchi Jima and savour a traditional kaiseki meal. (1D)

DAY 9 IKUCHI JIMA/MATSUYAMA

Cycle along the Shimanami Kaido towards Imabari City. Continue on to Matsuyama to rest for the night. (1B) **DAYS 10-11 HIROSHIMA** Transfer by ferry to Hiroshima. Visit the Peace Park and Museum to learn more about the city's tragic history. Travel to the island of Miyajima, hop into a kayak and paddle out to the iconic torii gate which floats in the bay. (1B)

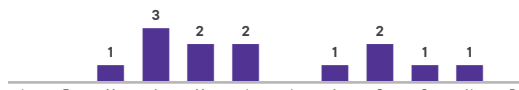
DAY 12 TOKYO

Transfer to the bustling metropolis of Tokyo by train and explore with some free time in the afternoon. **DAY 13 TOKYO** Depart at any time. We highly recommend booking post-accommodation to fully experience this vibrant city.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



13 DAYS — OSAKA TO TOKYO

FROM

\$4699

Valid for May 27, 2020 departure.

TOUR CODE: AJHB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 – AVERAGE

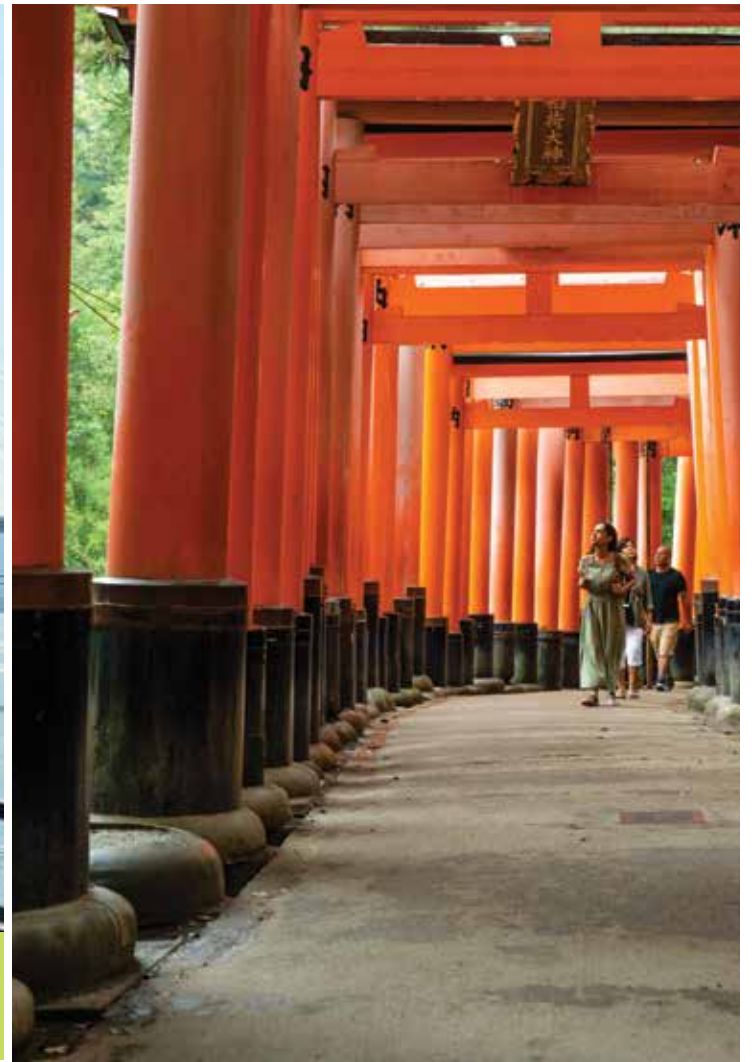


Ripple Score

100



MULTISPORT





Bhutan Trekking — The Druk Path

TREKKING

Highlights

- > Hike among mystical peaks in the Himalayas
- > Visit dzongs and Buddhist gompas
- > Trek along the famous Druk Path
- > Enjoy incredible views of Mt Jomolhari
- > Take in stunning Himalayan mountain views

What's Included

Your Moments: **Wellness:** Institute of Traditional Medicine Services, Thimphu. [\(To learn more, see page 8\)](#)

Arrival transfer. Paro orientation tour. Chelela Pass hike. Kila Goempa Nunnery hike. Druk Path trekking (4 days). Motithang Takin Preserve visit. Folk Heritage Museum visit. Institute for Zorig Chusum visit. Kuenselphodrang visit. Memorial Chorten visit. Chime Lhakhang visit. Punakha Dzong visit. Kyichu Lhakhang Temple visit. Local Archery Grounds visit. Drukgyal Dzong visit. Taktsang Monastery (Tiger's Nest) visit and hike.

ACCOMMODATIONS Hotel (7 nts), camping (3 nts).

TRANSPORT Private vehicle, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 10 breakfasts, 9 lunches, 10 dinners.

ITINERARY

Where else but the happiest country in the world could you trek among the Himalayas, smiling the whole time at the sheer beauty of the temples and landscapes around you? This active tour will get you out and about to visit some of the most gorgeous temples and monasteries in this part of the world. Trek sacred mountain passes of the celebrated Druk Path, ascend to the profound Taktsang Monastery (Tiger's Nest), and explore the unique beauty of the city of Paro. Bhutan is the only place in the world just waiting for you to walk all over its happiness. (Warning, it's contagious here.)

DAY 1 PARO Arrive at any time, arrival transfer included. Take an orientation walk of Paro town. (1D) **DAY 2 PARO** Hike to Kila Goempa, a nunnery perched on a cliff housing over 60 nuns. (1B, 1L, 1D) **DAYS 3-6 DRUK PATH** Embark on a 4-day hike along the Druk Path. Admire the spectacular scenery including snow-capped Himalayan peaks, valleys, lakes, alpine forests, and flowering rhododendron bushes as you trek. With some luck, spot yak herder camps and take in great views including Mt Gankhar Puensum, Bhutan's highest mountain and Mt Jomolhari, bordering with Tibet. (4B, 4L, 4D) **DAY 7 THIMPHU** Spend the day exploring the sights of Thimphu, including the Institute of Traditional Medicine Services and Folk Heritage Museum. (1B, 1L, 1D) **DAY 8 THIMPHU/PUNAKHA** Travel to Punakha and trek to Chime Lhakhang. Also known as the temple of the "Divine Madman," hear stories of the madman's legacy. Later, explore Punakha Dzong, one of Bhutan's most majestic structures. (1B, 1L, 1D) **DAYS 9-10 PARO** Explore Drugyel Dzong, a ruined castle, before hiking up to the stunning Taktsang Monastery (Tiger's Nest). (2B, 2L, 2D) **DAY 11 PARO** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



11 DAYS — PARO TO PARO

FROM
\$3499

Valid for Jan 26, 2020 departure.

OPTIONAL MY OWN ROOM: \$939

TOUR CODE: ADPP

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

100



Cycle Vietnam's Back Roads

CYCLING

Highlights

- > Cycle the bustling streets of Huế
- > Follow the path of the famous Reunification Express by bike
- > Take on the challenge of the Hai Van Pass
- > Weave through rice paddies and villages on the back roads of Vietnam
- > Relax on the beach at Nha Trang

What's Included

Your Moments: G for Good: Oodles of Noodles Demonstration and Lunch, Hoi An. **Welcome:** Meet Your CEO and Group.

(To learn more, see page 8)

Cycling equipment including bicycle. All cycling routes and excursions as detailed in the itinerary. Guided tour of Ho Chi Minh's Mausoleum.

ACCOMMODATIONS Hotel (12 nts), overnight train (1 nt).

TRANSPORT Bicycle, bus, plane, train. **GROUP LEADER** CEO (Chief Experience Officer) throughout. **MEALS** 13 breakfasts, 1 lunch. Allow USD155-205 for meals not included.

ITINERARY

Are you bored of spin classes and biking the same old trails at home? The cure is Vietnam. This 14-day trip is one of Asia's classic cycling journeys, riding from Hanoi to Ho Chi Minh City, giving you a unique viewpoint of the countryside. With thousands of kilometres of stunning beaches and beautiful coastal roads, as well as some of the freshest seafood around, this ride is an indulgent experience whether in or out of the saddle. Prepare to have your cycling legs challenged.

DAY 1 HANOI Arrive at any time. **DAY 2 HANOI** Tour Ho Chi Minh's mausoleum and explore Hanoi with some free time before boarding the Reunification Express for an overnight train journey. (1B) **DAYS 3-4 HUÉ** Cycle through Huế and to landmarks like the Citadel and Tu

Duc's tomb. Spend a full day exploring the countryside to the south of Huế before continuing along the coast, following the route of the Reunification Express. (2B) **DAYS 5-6 HAI VAN PASS/HOI AN** Cycle up and over the famous Hai Van Pass — the geographic north-south divider of Vietnam. Cycling this stretch is a great adventure. Travel to picturesque Hoi An and enjoy the historic town. Enjoy a noodle-making demonstration and lunch at Oodles of Noodles, a G Adventures-supported project. (2B, 1L) **DAY 7 TAM KY** Cross the Thi Bon River by boat and continue cycling along the stunning Vietnamese coastline. The route to Tam Ky is filled with picturesque views and tall sand dunes. (1B) **DAY 8 QUANG NGAI** Follow the backroads of Vietnam, passing paddy fields and villages to My Lai and the sobering Massacre Monument. Continue by bus to Quang Ngai and unwind by the coast. (1B) **DAY 9 QUY NGON** Cycle south along the coast. Stop at Eo Gio beach before continuing by bus to Quy Ngon for the night. (1B) **DAY 10 QUY NGON/TUY HOA** Pedal from Quy Ngon to Tuy Hoa — the longest cycle of the trip. Follow the coastline over undulating hills all the way to the beach. (1B) **DAYS 11-12 NHA TRANG** Cycling the coastal route, pass beautiful beaches, friendly villages, and waving children. In Nha Trang, enjoy a free day to relax by the crystal-clear water and celebrate the end of the journey. (2B) **DAY 13 HO CHI MINH CITY** Fly to Ho Chi Minh City, where there is some time to explore Vietnam's biggest and busiest city. (1B) **DAY 14 HO CHI MINH CITY** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



14 DAYS — HANOI
TO HO CHI MINH CITY

FROM

\$1999

Valid for Jan 20, 2020 departure.

OPTIONAL MY OWN ROOM: \$659

TOUR CODE: AVEC

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Vietnam Hike, Bike & Kayak

Highlights

- > Kayak through limestone karsts in Halong Bay
- > Walk among the hills of Mai Chau
- > Cycle through unspoiled countryside
- > Soak in the energy of Ho Chi Minh City
- > Visit the tailors and beaches in Hoi An
- > Wander the vibrant streets of Hanoi

What's Included

Your Moments: G for Good: Oodles of Noodles Demonstration and Lunch, Hoi An. **Welcome:** Meet Your CEO and Group. **Local Living:** Mai Chau Homestay, Mai Châu. *(To learn more, see page 8)*

Cu Chi Tunnels entrance and tour. Escorted cycling trips. Entrance to the Emperor's Tomb and Citadel. Countryside hike. Halong Bay overnight boat trip with seafood meals. Sea-kayaking and cave visit. Internal flight. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (6 nts), sleeper train (1 nt), junk boat (1 nt), homestay (1 nt). **TRANSPORT** Hike, kayak, bicycle, bus, train, plane, junk boat. **GROUP LEADER** CEO (Chief Experience Officer) throughout. **MEALS** 9 breakfasts, 4 lunches, 2 dinners. Allow USD85-110 for meals not included.

ITINERARY

Perfect for the active adventurer, this trip will have you hiking, biking, and paddling through the best of Vietnam. Kayak through Halong Bay's towering limestone karsts, trek the Mai Chau area, and cycle through small towns for an authentic taste of Vietnam. When you're not pedalling or paddling, you'll visit the country's cultural highlights like the Cu Chi Tunnels and Emperor's Tomb, or overnight at a local family's homestay. Whether by bike or on foot, this tour will keep you grounded in Vietnam's intriguing culture.

DAY 1 HO CHI MINH CITY Arrive at any time. **DAY 2 HO CHI MINH CITY/HOI AN** Cycle to the Cu Chi Tunnels for a guided tour. Enjoy an included village tour. In the afternoon, fly to Hoi An via Danang. (1B) **DAY 3 HOI AN** Explore the villages around Hoi An by bike before enjoying a noodle-making demonstration and lunch at Oodles of Noodles, a G Adventures-supported project. Opt to relax on the beach, or visit the tailors in town. (1B, 1L) **DAYS 4-5 HUÉ** Drive the Hai Van Pass to the ancient capital of Hué. The following day, see Hué by bike, including the Citadel and the tomb of Tu Duc. Take an overnight train to Hanoi. (2B) **DAY 6 MAI CHAU** Transfer to Mai Chau, then continue out into the countryside. Walk in the Mai Chau area and enjoy a homestay with local meals provided. (1B, 1L, 1D) **DAY 7 HANOI** Return to Hanoi before cycling the outskirts of the city. In the evening, walk through the Old Quarter and take in the beautiful sites. (1B) **DAY 8 HALONG BAY** Relax on a traditional junk boat cruise around Halong Bay and indulge in an included seafood lunch. In the afternoon, explore the surrounding caves. (1B, 1L, 1D) **DAY 9 HALONG BAY/HANOI** Marvel at the limestone karsts of Halong Bay on an included morning kayak. Return to Hanoi in the mid-afternoon for a final night out. (1B, 1L) **DAY 10 HANOI** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

HANOI STREET FOOD WALKING TOUR: Indulge your inner foodie with a guided street food tour through bustling Hanoi, sampling the eclectic local fare along the way. See **Personalize your tour** on page 95.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING



10 DAYS — HO CHI MINH CITY TO HANOI

FROM
\$1649

Valid for May 3, 2020 departure.

OPTIONAL MY OWN ROOM: \$219

TOUR CODE: AVHB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score 100



MULTISPORT



G FOR GOOD

Sanon Training Restaurant

Local Meal • Bagan, Burma/ Myanmar

Bagan is in one of the driest areas of Burma, making it difficult for families there to find sustainable income. But through Sanon, a training restaurant created by our partners at the Myanmar Youth Development Institute (MYDI), more of Bagan's youth have hope for the future. Sit down for a delicious meal at the restaurant, which employs marginalized youth and trains them to succeed in the hospitality industry. And once the program is over, Sanon continues to check in on students to make sure they are adjusting well to professional life.

Oodles of Noodles

Youth-Led Cooking Lesson & Meal • Hoi An, Vietnam

G Adventures and Planeterra worked with STREETS International to develop this exclusive noodle-making lesson that doubles as an English class for former at-risk youth and a tasty (but educational) activity for travellers. Working with STREETS International's training kitchen, this extensive hospitality program helps some of the 20,000 children living on the streets of Vietnam. Aside from students teaching travellers about the 26 noodle varieties available in Hoi An, this program helps build confidence and language skills — key factors to ensure their future success in the hospitality and tourism industry.



Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here is an optional add-on you can book in advance, for those days on your tour that have free time built in.

HANOI STREET FOOD WALKING TOUR

Explore the markets of the city's old quarter with a guide, sampling street food as you go. Try local favourites like "nem ran" and "banh goi," while meeting the vendors and residents who love these dishes. Wrap up at Hanoi Food Culture restaurant and try the city's famous egg coffee.

FROM
\$25
Hanoi
2.5 hrs

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.

NEW
TOUR

Active Bali & Java

MULTISPORT

Highlights

- > Go whitewater rafting down Ubud's Ayung River
- > Indulge in traditional Balinese cuisine
- > Trek among rice paddies in Bungaya
- > Stay overnight in Bulian Village
- > Hike along the Ijen Volcano at night
- > Learn to surf in Canggu

What's Included

Your Moments: G for Good: Bali Community Training Lunch Program, Ubud. **Welcome:** Meet Your CEO and Group. **(To learn more, see page 8)**

Whitewater rafting. Kertha Gosa visit. Trekking and yoga in Bungaya village. Kintamani Village visit. Village walk. Rural cycling. Night time Ijen Volcano hike to see blue fire. Ulundanu Temple visit. Git Git Waterfall visit. Mojo Surf lesson. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (8 nts, twin-share), homestay (2 nts, multi-share), overnight trekking (1 nt). **TRANSPORT** Private van, boat, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 11 breakfasts, 4 lunches, 4 dinners. Allow USD95-125 for meals not included.

ITINERARY

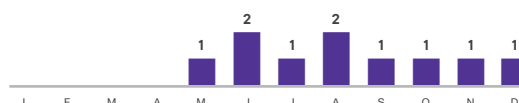
Idyllic destinations like Bali happen to have some of the most incredible adventures when you explore further than the beach, as this 12-day tour demonstrates. Go from whitewater rafting at Ubud's Ayung River to a bike ride along rural farms and plantations in Bulian, and a nighttime volcano hike in east Java. There's just enough free time in between to relax and catch your breath in Pemuteran, but if you'd rather spend it snorkelling or scuba diving, we're on your side.

DAY 1 UBUD Arrive at any time. **DAY 2 UBUD** Venture out on an included whitewater rafting excursion on Bali's longest river. (1B, 1L) **DAYS 3-4 CANDIDASA** Travel to Candidasa village in East Bali. Lunch at the G Adventures supported-Bali Community Training Lunch Program and visit Kertha Gosa, the hall of Justice. The next day, trek through Bungaya village and feast on a traditional Balinese lunch before an afternoon yoga class. Enjoy free time to relax on the Virgin Beach in Karangasem. (2B, 2L, 2D) **DAYS 5-6 CANDIDASA/KUBUTAMBAHAN** Travel to Kubutambahan, stopping along the way in Kintamani for unobstructed views of Mount Batur and Batur Lake. Bike from Bulian Village to Air Sanih. Enjoy the views of local farms, plantations, rice fields and small villages along the way. (2B, 1L, 2D) **DAY 7 PEMUTERAN/IJEN** Transfer to Pemuteran. Embark on an overnight hike to the crater of the active Ijen Volcano for spectacular views of the famed blue fire. Ascend to the crater rim in time for sunrise. (1B) **DAYS 8-9 PEMUTERAN** Head back to Pemuteran and spend the next two days relaxing on the beach or getting active with some snorkelling and cycling. (2B) **DAYS 10-11 SANUR** Travel to Sanur, visiting the beautiful Gitgit Waterfall along the way. Marvel at its 114ft drop into the pool below and opt for a dip in the cool waters. Continue on to the floating Ulun Danu temple. The next day, transfer to Canggu for a surf lesson. (2B) **DAY 12 SANUR** Depart at any time. (1B)

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



12 DAYS — UBUD TO SANUR

FROM

\$999

Valid for Nov 22, 2020 departure.

OPTIONAL MY OWN ROOM: \$449

TOUR CODE: AEAB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 12

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT



Cycle Indochina — Ho Chi Minh City to Siem Reap

CYCLING

Highlights

- > Cycle around the ruins of the Khmer Empire at Angkor Wat
- > Keep an eye out for rare birds around Tonle Sap Lake
- > Bike along the Mekong River to a village homestay

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

Bicycle hire and helmet. Cu Chi cycling. Cu Chi Tunnels entrance and tour. Floating market visit. Oudong Trail Cycling. Tonle Sap cycling. Angkor Wat cycling. Angkor Wat complex entrance and guide. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (8 nts), basic family homestay (1 nt). **TRANSPORT** Bicycle, local bus, private vehicle, walking. **GROUP LEADER** CEO (Chief Experience Officer), local guides. **MEALS** 9 breakfasts, 1 dinner. Allow USD125-165 for meals not included.

ITINERARY

Many visitors to Southeast Asia spend much of their time rushing around clogged city streets.

Break free and see the region from a bicycle seat on this 10-day trip. Roll past the temples of stunning Angkor Wat, cruise around Phnom Penh, and enjoy the villages and rural life around Siem Reap. It's perfect for pedal-pushers of all levels looking to explore less well-known regions at a leisurely pace. Consider this an introduction to the joys of Southeast Asia and cycling.

DAY 1 HO CHI MINH CITY Arrive at any time. **DAY 2 CU CHI** Cycle out to Cu Chi and visit the Cu Chi Tunnels, a relic from the Vietnam War. (1B) **DAY 3 MEKONG RIVER/CAN THO** Enjoy a morning boat trip before cycling from Ben Tre to Can Tho. (1B, 1D) **DAY 4 MEKONG DELTA** Spend a day in the Mekong Delta, visiting the floating markets and witnessing the hustle and bustle on the boats. Cycle through the Mekong canals between the islands of the Delta on the way to Chau Doc. (1B) **DAY 5 PHNOM PENH** Cross the border into Cambodia and head for Phnom Penh. Explore the city at leisure. (1B) **DAY 6 OUDONG TRAIL** Cycle the Oudong Trail, starting along railway tracks before passing through the countryside to Oudong Mountain. (1B) **DAY 7 PHNOM PENH** Take to the bikes again and explore the surrounding area, passing through charming village communities, fruit orchards, and a variety of temples. Transfer to Siem Reap. (1B) **DAY 8 ANGKOR WAT** Explore the temple complex of Angkor Wat by bike. (1B) **DAY 9 SIEM REAP** Bike to Tonle Sap Lake. Visit the floating communities who make their home here and observe some of the birdlife before returning to Siem Reap. (1B) **DAY 10 SIEM REAP** Depart at any time. (1B)

10 DAYS — HO CHI MINH CITY
TO SIEM REAP

FROM
\$1599

Valid for Jan 12, 2020 departure.

OPTIONAL MY OWN ROOM: \$319
TOUR CODE: AVHS

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



Ripple Score **100**



Northern Thailand Hilltribes Trek

TREKKING

Highlights

- > Trek through teak forests
- > Learn about medicinal plants
- > Help cook a traditional Lahu dinner

What's Included

Your Moments: **G for Good:** Ban Pha Mon Homestay, Ban Pha Mon. Ban Muang Pam Homestay, Ban Muang Pam. Ban Jabo Homestay, Ban Jabo. **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

Trek to remote hilltribe villages (4 days). Lod Cave visit and bamboo rafting. Prehistoric coffin cave visit. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (1 nts), basic huts (3 nts, multi-share). **TRANSPORT** Open pickup truck, van, trekking, raft. **GROUP LEADER** CEO (Chief Experience Officer) throughout, specialist trekking guides. **MEALS** 4 breakfasts, 3 lunches, 3 dinners. Allow USD25-35 for meals not included.

ITINERARY

Trek up into the mountains to meet Thailand's remote hilltribe communities on a five-day adventure. Head out from wondrous Chiang Mai and through a national park to Lahu and Karen villages, spend time with a shaman, explore deep caves by bamboo raft, and marvel at the lush jungle scenery before arriving at the hilltop village of Ban Jabo and the warmest of welcomes.

DAY 1 CHIANG MAI Arrive at any time. **DAYS 2-4 HILLTRIBE TREK** Drive from Chiang Mai to the trailhead. Trek through farmland and bamboo and teak forests. Learn about bush food and medicinal plants. Enjoy lunch en route before continuing through rice fields and valleys to reach the first village of a Lahu tribe. Assist with food prep and cooking or check out a local Lahu massage. Trek between villages the next day, over farmlands and grasslands. Learn about bush medicine and seasonal fruits as you make your way to the lunch stop. Go for a swim and help the local guides prepare lunch. Continue on to the Karen village and spend the night. Opt to learn about medicine from a shaman or play football with the locals. After breakfast, leave the village and continue on, trekking beside the Pam River through lush jungle. Arrive at Tham Lod, a 1,666m (5,466 ft) deep cave. Enter by bamboo raft and move to different chambers — a truly unique experience. Following the cave visit, travel to Ban Jabo, a Black Lahu village. Learn about the Lahu culture, try out some traditional activities, and lend a hand making dinner using regional products and cooking methods. (3B, 3L, 3D) **DAY 5 CHIANG MAI** Following breakfast, bid farewell to your hosts and return by private van to Chiang Mai, arriving at approximately 3pm. The tour ends on arrival. (1B)

5 DAYS — CHIANG MAI
TO CHIANG MAI

FROM
\$369

Valid for Jan 4, 2020 departure.

TOUR CODE: ATHH

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 5;

SERVICE LEVEL: BASIC

PHYSICAL RATING: 3 — AVERAGE



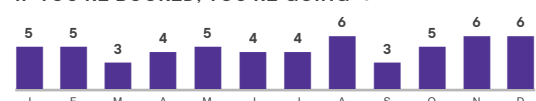
THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score **100**

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING





G FOR GOOD

Mae Hong Son Hilltribe Trek

Community Homestay • Mae Hong Son, Thailand

Trek through the landscape towards the Lahu and Karen communities, set in the mountains on the Burmese border of Thailand. These agricultural communities support themselves with farming and hunting but typically struggled to survive financially outside of growing seasons. To prevent families from leaving and the subsequent gradual loss of culture and history, we worked with a local NGO to help build sustainable tourism opportunities through a year-long training program.

New Hope

Vocational Training Restaurant • Siem Reap, Cambodia

In communities surrounding Siem Reap, many youth can't afford public schooling. The New Hope Cambodia Outreach Centre provides free vocational training to students, in addition to subjects like English and math. The centre also houses a restaurant built by G Adventures specifically for training underserved Khmers in the tourism and hospitality industry. When G Adventures travellers dine at the restaurant, the proceeds support free education for over 1,000 students and medical care for over 1,000 residents.

Laem Sak Tourism

Community Tours & Sea Kayaking • Laem Sak, Thailand

Laem Sak is a culturally diverse region of southern Thailand where Buddhist, Muslim, and Chinese communities have lived peacefully together for generations. Members of the Laem Sak community have developed off-the-beaten-path activities based on their local cultures and the region's unique natural sites and species. Hop between villages and see prehistoric paintings on limestone mountains. Stay overnight on local beaches and remote islands. Kayak through fertile mangroves and help sustain the natural landscape by planting native orchids.

Thailand Hike, Bike & Kayak

MULTISPORT

Highlights

- > Cycle through busy Bangkok
- > Experience colourful Chiang Mai
- > Trek into remote hilltribe villages
- > Discover ancient Ayutthaya by bike
- > Learn about the sombre history of Kanchanaburi
- > Kayak the Andaman Sea from Krabi

What's Included

Your Moments: G for Good: Laem Sak Community Tourism, Ban Laem Sak.

Welcome: Meet Your CEO and Group.

Hands-on: Batik Making Class, Laem Sak.

(To learn more, see page 8)

Bike riding around Bangkok. Cycling in and around Kanchanaburi and Ayutthaya. Overnight stay in a rafterhouse. Hilltribe village trek (3 days). Sea kayaking on the Andaman Sea. Internal flight. All transport between destinations and to/from included activities.

ACCOMMODATIONS Hotels/guesthouses (6 nts, twin), community resort (2 nts, multi-share), hilltribe village homestays (2 nts, multi-share), sleeper trains (2 nts), rafterhouse (1 nt, shared facilities).

TRANSPORT Train, walking, minibus, songthaew, local bus, bicycle, raft, plane, longtail boat, kayak. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 9 breakfasts, 6 lunches, 5 dinners. Allow USD110-145 for meals not included.

ITINERARY

Perfect for those who believe the best way to appreciate paradise is by jumping right into it. This adventure will have you hiking through forests and rice paddies, cycling through provincial villages, and experiencing Thailand's intriguing combination of culture and the great outdoors. Kayak the turquoise waters of the Andaman and discover coral coves and white-sand beaches. With the services of a Chief Experience Officer (CEO) and your accommodation and transport taken care of, this trip offers great value as it introduces the main sights of Thailand while offering up plenty of flexibility so you can experience an adventure you'll never forget.

DAY 1 BANGKOK Arrive at any time. **DAY 2 BANGKOK** Enjoy a guided bike ride around Bangkok before travelling by private van to Kanchanaburi. (1B) **DAYS 3-4 KANCHANABURI/AYUTTHAYA** Explore Kanchanaburi on a cycling tour and enjoy the unique experience of spending the night on a floating rafterhouse. Visit Erawan National Park, hiking the many tiers of the famous waterfall and swimming in the crystal-blue pools. Transfer to Ayutthaya. (2B, 1D) **DAY 5 AYUTTHAYA** Enjoy an included cycling tour of Ayutthaya, a UNESCO World Heritage Site. Board an overnight train to Chiang Mai. **DAYS 6-8 CHIANG MAI/HILLTRIBE TREK** Arrive in Chiang Mai and begin the hilltribe trek with village stops along the way. Experience the culture of northern Thailand with local homestays. (2B, 3L, 2D) **DAY 9 KRABI** Explore Chiang Mai in the morning before flying south to Krabi, then transfer to Ao Nang. **DAY 10 AO NANG** Board a traditional long-tail boat and set off for the islands of Ko Hong and Ko La Ding. Snorkel and relax in paradise, stopping only to enjoy a picnic lunch on the beach. (1B, 1L) **DAY 11 BO TOR/BAN LAEM SAK** Travel to scenic Bo Tor, hop in a kayak and get out on the river for a half-day paddle. Eat lunch then transfer to the Laem Sak Community Resort. Enjoy a guided walk around the community and join locals for a hands-on Batik Making Class before an included dinner. (1B, 1L, 1D) **DAYS 12-13 BAN LAEM SAK** Enjoy a full day kayaking along protected waters, visiting ancient caves and local farmers. After a picnic lunch on their floating platforms, head into the mangrove channels for bird watching before returning for a barbecue dinner. Transfer from the resort to the train station for an overnight train to Bangkok. (2B, 1L, 1D) **DAY 14 BANGKOK** Trip ends on arrival at Bangkok train station.

14 DAYS — BANGKOK TO BANGKOK

FROM

\$1749

Valid for Apr 11, 2020 departure.

TOUR CODE: ATHB

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

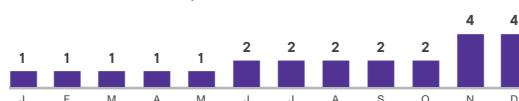
SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100

Guaranteed Departures
IF YOU'RE BOOKED, YOU'RE GOINGNumber of
departures / month.



Trek Mt Kinabalu

TREKKING

Highlights

- > Conquer the mighty Mt Kinabalu
- > Witness an awe-inspiring sunrise
- > Enjoy packed lunches and buffet-style dinners

What's Included

Your Moments: Welcome: Meet Your CEO and Group. *(To learn more, see page 8)*

Mt Kinabalu hike (2 days). All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (2 nts), mountain lodge (2 nts, multi-share). **TRANSPORT** Private vehicle, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 4 breakfasts, 2 lunches, 2 dinners. Allow USD55-75 for meals not included.

ITINERARY

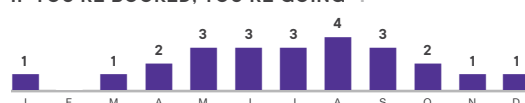
If the idea of conquering a mountain while travelling excites you, then this five-day round-trip journey from Kota Kinabalu is for you. At 4,096m (13,438 ft), Mt Kinabalu is the highest mountain in Malaysia and has been given UNESCO World Heritage Site status. With up to 6,000 species of plants, 326 species of birds, and more than 100 mammalian species identified, it's easy to understand why. This tour includes some beautiful treks, and the sunrise from Mt Kinabalu's summit might make you question every other sunrise you've witnessed before it. But don't take our word for it, make sure you see it for yourself.

DAY 1 KOTA KINABALU

Arrive at any time. **DAY 2 MT KINABALU** Travel to Mt Kinabalu. Opt to hike the nature trails, or enjoy an excursion to Poring hot springs and a canopy walk with some free time. (1B, 1D)

DAYS 3-4 MT KINABALU Head off to conquer Mt Kinabalu. During the first day's climb to Laban Rata, enjoy a packed lunch on the way. The hike can take from 5-7hrs. Indulge in a buffet-style dinner then rest up for an early start to summit the mountain in the morning. Summit Mt Kinabalu (3-5hrs) and arrive in time for sunrise. Return to Laban Rata for a rest and to the park headquarters for lunch. Transfer back to Kota Kinabalu. (2B, 2L, 1D) **DAY 5 KOTA KINABALU** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



5 DAYS — KOTA KINABALU TO KOTA KINABALU

FROM

\$979

Valid for Jan 25, 2020 departure.

TOUR CODE: AAMK

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING



Ripple Score





New Zealand

Middle Earth and Māori in one adrenaline-pumping set.



We wheelie like cycling in New Zealand.

The South Pacific is dotted with islands both huge and miniscule, and while the two pieces on the map that make up New Zealand may look divided, they're altogether incredible. The coastline is legendary, both for its beauty and mysticism. Cosmopolitan cities, mist-shrouded volcanoes, glacial wonders, and isolated communities await, populated with some of the most interesting and affable people you'll find anywhere. There's no place like this place anyplace, and we can't wait to prove it to you.



High-fiving the mist in Abel Tasman National Park

NEW ZEALAND UNCOVERED

Franz Josef Glacier • New Zealand

This spectacular ice glacier moves at about 50cm (about 20 in) every day, which is faster than the average glacier. This slow movement creates ice caves, crevasses, and tunnels that beckon. What makes this massive phenomenon even more unique? It's located right by the temperate rainforests and beaches of Westland Tai Poutini National Park.

Milford Sound • New Zealand

If you have ever perused photos of New Zealand, the peaks of Milford Sound are going to look familiar. Covered in greenery and surrounding calm, deep waters, these peaks lure travellers with unforgettable scenery. Hop aboard a boat cruise to take it all in, including the mouth of the fjord at the Tasman Sea and cascading waterfalls.

Alps to Ocean Trail • New Zealand

When you want to feel the wind in your hair (and helmet, of course) you head to the Alps to Ocean Trail. Made up of multiple sections, this cycling trail will guide you past stunning lakes and the snow-peaked mountain ranges of Mount Cook. There are routes you can complete in a few hours, so even in a short amount of time, you can fit in a ride with some mighty views.



See more of Kaikoura on a hike through the lands.



Kayaking in Abel Tasman National Park is an oar deal.



New Zealand Multisport

MULTISPORT

Highlights

- > Cycle through the stunning Karangahake Gorge
- > Learn a traditional Maori greeting on the marae
- > Hike the Tongariro Crossing — one of the world's greatest one-day hikes
- > Kayak along the Whanganui River
- > Cruise through Milford Sound
- > Cycle around Mt Cook
- > Hike the Routeburn Track

What's Included

Your Moments: **G for Good:** Resourceful Ōtautahi Walking Tour, Christchurch. **Welcome:** Meet Your CEO and Group. **Local Living:** Maori Village Overnight Visit, Rotorua. **Discover:** Free time in Franz Josef. *(To learn more, see page 8)*

Cycle through Karangahake Gorge. Traditional hangi dinner. Tongariro Alpine Crossing hiking excursion (weather dependent). Jet boat and kayaking along Whanganui River. Free time in Rotorua and Waitomo. Abel Tasman National Park hike. Sea kayaking in Abel Tasman National Park. Punakaiki pancake rocks visit. Seal colony stop. Okarito Lagoon walk. Full-day Routeburn Track hiking excursion. Fiordland National Park visit. Cruise through Milford Sound. Mt Cook cycling excursion. Hike the Mt Cook area. Free time in Franz Josef and Queenstown. Internal flight. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels/hostels (18 nts, some multi-share), lodges (2 nts), Maori village (1 nt, multi-share). **TRANSPORT** Private vehicle, jet boat, kayak, bicycle, boat, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 17 breakfasts, 4 lunches, 5 dinners. Allow USD470-615 for meals not included.

ITINERARY

Travelling to New Zealand? Don't worry, you won't have to choose between the two islands. With all the activities available on each island, we'll keep things exciting but also give you some space to catch your breath — you're gonna need it. Across three weeks you can hike, kayak, and cycle across this diverse land. There's also time for boat cruises and local culture, just to be sure you don't miss out on anything.

DAY 1 AUCKLAND Arrive at any time. **DAYS 2-3 KARANGAHAKE GORGE/ROTORUA** Cycle through Karangahake Gorge, then travel to the Tamaki Maori Village near Rotorua. After a traditional greeting on the marae (meeting grounds), learn the arts of the haka and poi before a traditional hangi dinner. Enjoy a free day in Rotorua. Opt to go whitewater rafting, off-road cycling, hiking, or simply relax at a spa. (1B, 1D) **DAY 4 TONGARIRO NP** Conquer the Tongariro Alpine Crossing, New Zealand's top-rated 1-day trek and spend time hiking an active volcano (weather

dependent). (1B, 1D) **DAYS 5-6 WHANGANUI NP** Experience one of New Zealand's "Great Walks" (this time, by canoe) on a day trip into the heart of Whanganui National Park. Explore further by jet boat, visiting old Maori and European settlements. (2B, 2L, 2D) **DAY 7 WAITOMO/RAGLAN** Travel to Waitomo. Opt to tour its extensive underground cave systems by boat, on foot or by rappelling into them. Continue on to Raglan. (1B) **DAYS 8-9 CHRISTCHURCH/KAIKOURA** Transfer to Auckland, then fly to Christchurch. The next day, head to Kaikoura and opt to go whale or dolphin watching. (1B) **DAYS 10-11 ABEL TASMAN NP** Take in the scenery en route to Abel Tasman National Park. Enjoy included hiking and sea kayaking excursions. (2B, 1L, 1D) **DAY 12 LAKE BRUNNER** Head to the mountainous coastal Westland region. Stop en route to see the Punakaiki Pancake Rocks. (1B) **DAYS 13-14 FRANZ JOSEF** Transfer to Franz Josef, stopping for a walk at the wildlife mecca of Okarito Lagoon en route. Enjoy free time for optional activities such as hiking and checking out the stunning Franz Josef Glacier. (2B) **DAY 15 WANAKA** Transfer to Wanaka. Opt to go mountain biking or skydiving. (1B) **DAYS 16-17 QUEENSTOWN/ROUTE BURN TRACK** Continue onto the "adventure capital of the world," Queenstown, in time for an afternoon of optional activities like bungee jumping (in its birthplace), jet boating (also born here), rafting, and hang gliding. Enjoy a full-day hiking excursion to the world renowned Routeburn Track. Admire breathtaking mountains, valleys, waterfalls, and lakes along the way. (2B, 1L) **DAY 18 MILFORD SOUND/QUEENSTOWN** Enjoy the scenery of Fiordland National Park and Milford Sound from the deck of a boat. **DAYS 19-20 MT COOK** Travel to the Aoraki/Mt Cook region and head on a mountain biking excursion. Later, explore the landscape further on foot. (1B) **DAY 21 CHRISTCHURCH** Travel back to Christchurch. Join a guided tour to learn how the city was rebuilt following an earthquake in 2011. Opt for a final dinner with the group. (1B) **DAY 22 CHRISTCHURCH** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

AUCKLAND SAILING; AMERICA'S CUP EXPERIENCE: Become part of the crew aboard a competitive yacht and sail around Auckland's Waitemata Harbour. See **Personalize your tour** on page 103.

QUEENSTOWN JET BOATING: Take a thrilling jet boat along the Shotover River of Queenstown — strap in and get ready to get wet. See **Personalize your tour** on page 103.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



22 DAYS — AUCKLAND
TO CHRISTCHURCH

FROM

\$5149

Valid for Jan 9, 2020 departure.

TOUR CODE: ONAM

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: BASIC

PHYSICAL RATING: 3 — AVERAGE



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

New Zealand — North Island Multisport

MULTISPORT

Highlights

- > Cycle through the stunning Karangahake Gorge
- > Check out bubbling mud pools in a geothermal area
- > Learn a traditional Maori greeting on the marae
- > Hike the Tongariro Crossing — one of the world's greatest one-day hikes
- > Kayak along the Whanganui River

ITINERARY

The North Island of New Zealand is blessed with spectacular scenery, ranging from bubbling thermal pools to fast flowing rivers. The best way to see all of this? Get up close and personal. This itinerary includes biking through Karangahake Gorge and hiking the Tongariro Crossing — one of the world's most famous one-day hikes — before jet boats and kayaks provide the transport along the Whanganui River. Mix in some bubbling mud and a traditional hangi dinner, and this is the perfect active introduction to New Zealand.

8 DAYS — AUCKLAND TO AUCKLAND

FROM

\$1949

Valid for Jan 9, 2020 departure.

TOUR CODE: ONNM

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: BASIC

PHYSICAL RATING: 3 — AVERAGE



New Zealand — South Island Multisport

MULTISPORT

Highlights

- > Kayak in the waters of Abel Tasman National Park
- > Try exhilarating adventures in Queenstown
- > Cruise through Milford Sound
- > Cycle at the base of Mt Cook
- > Hike the Routeburn Track

ITINERARY

New Zealand is the perfect place for adrenaline and activity, and there's nowhere in the country more suited to that than the South Island. On this two week trip, cover the ground (or water) by sea kayak, boat, bike, and on foot. Explore Abel Tasman National Park, cruise along the waters of Milford Sound, and take two wheels through the trails around Mt Cook. If you're not out of breath just from reading all that, then it's time to start packing.

15 DAYS — CHRISTCHURCH TO CHRISTCHURCH

FROM

\$3199

Valid for Jan 2, 2020 departure.

TOUR CODE: ONSM

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 16, AVG 12

SERVICE LEVEL: BASIC

PHYSICAL RATING: 3 — AVERAGE



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT



G FOR GOOD

Resourceful Ōtautahi

Community-Led Walking Tour • Christchurch, New Zealand

Explore lesser-known paths around Christchurch on this walking tour of the city led by a member of Rekindle — a social enterprise where resourcefulness skills are shared among members to build self-confidence and create art out of under-valued materials. The hands-on, workshop-based environment keeps everyone engaged and helps to strengthen the community.



Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here are some optional add-ons you can book in advance, for those days on your tour that have free time built in.

QUEENSTOWN JET BOATING

It's a jet boat ride along the Shotover River of Queenstown — need we say more? Okay, how about this, imagine a fast-paced whitewater ride with sharp turns and spins expertly navigated by a trained driver. So strap in and get ready to get wet.

FROM

\$105

Queenstown
30 min

AUCKLAND SAILING: AMERICA'S CUP EXPERIENCE (PRE TOUR)

As part of the boat crew, you'll work together with your teammates to sail around Auckland's Waitemata Harbour in a competitive yacht. Either take the helm and participate or sit back and enjoy the spectacle — the choice is yours.

FROM

\$130

Auckland
2 hrs

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.



Morocco is a country fit for large appetites.



Africa & the Middle East

Go big or stay home.

A truly massive continent comprising over 20% of the planet's available land, Africa is home to the world's largest desert, its longest river, its hottest temperatures, and some of its most beautiful landscapes, which make for some pretty amazing treks. Between Africa and the Middle East, you can experience the likes of Mt Kilimanjaro in Tanzania, Mt Toubkal in Morocco, Table Mountain in South Africa, and a whole lot in between. If you want your travel to be active, adventurous and inspiring (all while learning from our expert guides, of course), we've got a tour or five for you.





Kilimanjaro, Africa's tallest peak – it's no walk in the park, but the views are worth it.

AFRICA & THE MIDDLE EAST UNCOVERED

Mt Toubkal • Morocco

Most mountains have one, maybe two seasons that are suitable for ascents. Not Toubkal. The tallest of the Atlas Mountains, this Moroccan behemoth offers a good, challenging climb at any time of year.

Table Mountain • South Africa

Not all mountains have peaks and as anyone who has been to Table Mountain can tell you, peakless can be better. From this mountain's flat top you can get the best panoramic views and look at Cape Town from above.

Kilimanjaro • Tanzania

As one of Tanzania's most visited sights, Mt Kilimanjaro National Park is kind of a big deal, probably because its namesake — Africa's highest mountain — is right at the heart of it. At 5,895m (19,341 ft) high, Kilimanjaro is at the top of most trekkers' "to-trek" lists, and we help over 1,000 people a year cross it off.



Able to leap tall trees in a single bound: it's a bird, it's a plane, it's the Serengeti tree-jumping lion!



South Africa's Table Mountain is a hike that we can flat-out recommend.



Look up, waaay up, to the ceiling of Africa.

Trekking Kilimanjaro

Africa's rooftop patio.

Ever stood on the top floor of a skyscraper and thought, “Bah, this ain’t so tall”? Then you might just be Kilimanjaro material. Join us as we walk in the boot prints of famed explorers and mountaineers on our way to the top of Africa’s tallest peak, hiking through lush rainforests and alpine deserts, across glaciers by day and sleeping closer to the stars than you ever dreamed possible by night. Over 1,000 trekkers make the ascent with us each year, and we’d love to help you to the top, too.



You'll probably never forget the time you reached the top of Kilimanjaro, but you should take a picture anyway.

What are the conditions like?

As the highest peak in Africa (and the tallest freestanding mountain in the world), Kili is home to a variety of ecosystems and microclimates. Everything from tropical forests to subzero alpine environments awaits you up here, and the weather can switch from pleasant to inclement at a moment's notice, so come prepared for anything.

Will the altitude affect us?

The air at the summit contains about half of the breathable oxygen most of us are used to at sea level. Everyone will handle the high altitude and thinner air differently and to varying degrees, which is why we try to keep the ascent slow and steady. The more time you give yourself to acclimatize, the easier your attempt at the summit will be.

What will we eat?

You'll need energy to make that push to the top, and our camp cooks make certain that there's plenty of healthy, quality food on hand. Our team of porters carries the equipment and supplies (including fresh produce), and meals consist of local and international cuisine. Our cooks can accommodate special requests, but please let us know when you book.

Sure beats camping in the backyard, huh?



Part of the journey is taking time to relax and enjoy the moment.

Where will we sleep?

On all routes, excluding the Marangu Route, we offer full-service camping. Apart from a sleeping bag and pillow (which can also be rented), you don't need to bring anything else. Your three-season tent (complete with built-in vestibule and mesh insect netting) will be pitched for you, and we'll provide you with a 4cm-thick (1.6 in) mattress free of charge.

On the Marangu Route, you'll stay in wooden A-frame huts with single beds and simple mattresses. Space on the mountain is limited, so prepare for the possibility of sharing your hut with non-G Adventures trekkers and/or members of the opposite sex. All huts are equipped with shared toilets and washing facilities.

How fit do I need to be?

While Kili is no cakewalk, it's a perfectly achievable hike for healthy travellers with a moderate degree of physical fitness. That said, we do recommend that you do some advance training. The best way to prepare is to hike and hill-walk wherever you can in the months leading up to your departure to build up your stamina and climbing muscles. (A stair-climber at the gym is a good alternative if you don't have any mountains at the ready.) Start training six months out. With some preparation, you should get to the top without much trouble.

Kilimanjaro your way



There they are, the Kili hikers, standing in a row.

Choosing the trek that’s right for you.

If you think that the only way to the top of Kili is “up,” think again. The slopes of Kilimanjaro are home to a surprising diversity of ecosystems, spectacular rock formations, and jaw-dropping views of the Tanzanian savannah below. We offer five unique treks on four routes up Kili, ranging from a quick three-and-a-half days to a more leisurely six-and-a-half. Which one’s for you?

Marangu

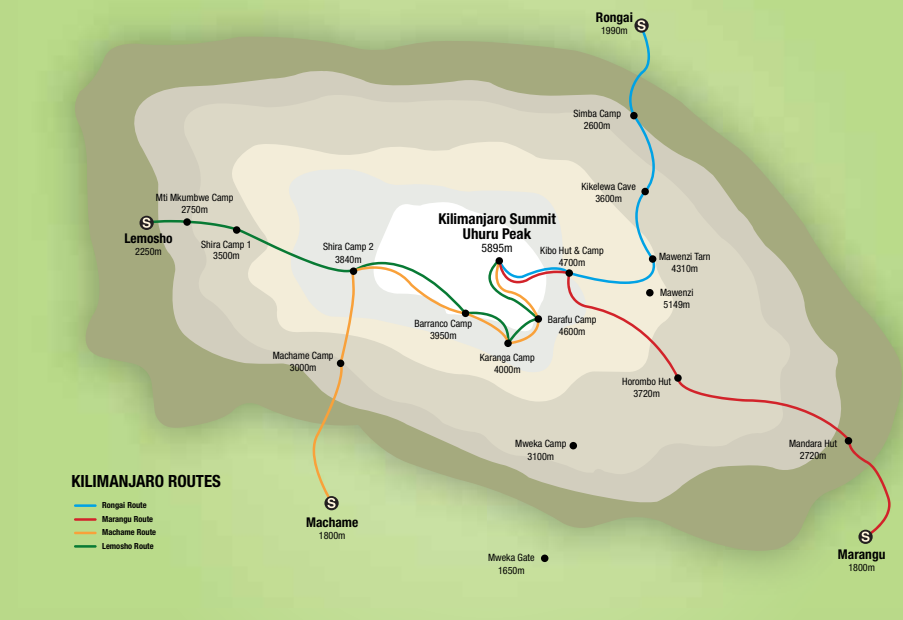
The Marangu Route has sometimes been called the “Coca-Cola route” up Kili because it’s considered the easiest (if any of these routes can truly be called easy). It’s a popular route because it offers lodging in basic mountain huts, rather than tents, and includes a scenic hike through the rainforest section of the trek. At just five days, (three-and-a-half to climb), it’s also the shortest route we offer.

Days: 5
Night: 4
Ascent: 3.5 days
Descent: 1.5 days
Success Rate (2018/19): 87%
Lodging: Basic mountain huts
Highest Campsite: 4,700m (15,420 ft)
Starting Altitude: 1,800m (5,906 ft)

Rongai

The Rongai Route up Kilimanjaro is also considered a more approachable option as its climb is gradual and steady. It is one of the quieter routes to choose because fewer people tend to select it. Full-service camping is offered for nightly lodging and the trek takes a full six days to complete, (with a four-and-a-half day ascent). Rongai is the only route where climbers are likely to see much wildlife.

Days: 6
Night: 5
Ascent: 4.5 days
Descent: 1.5 days
Success Rate (2018/19): 97%
Lodging: Full-service camping
Highest Campsite: 4,700m (15,420 ft)
Starting Altitude: 1,990m (6,529 ft)



Kili me softly with these inclines.

The G Difference

Kilimanjaro is a beast of a mountain, but our skilled staff and dedicated support crews are always ready to help you get the best of it. And while we know Kili's every rock, pebble, and speck of ice, the bonuses of climbing with us don't end there.

SMALL GROUP TREKS

Our treks connect you with other trekkers headed up Kili, helping everyone keep costs down. Share laughs, swap stories, and cheer each other on, then celebrate your achievement with new friends you'll never forget.

TREK EXPERTS

With over 1,000 trekkers making the trek with us each year, we're the world leader in Kilimanjaro treks. Our successful summit ratio is second to none. We're also Kilimanjaro Porters Assistance Project (KPAP) certified, working with a not-for-profit organization to help improve and protect the heart and soul of every Kili experience: the fantastic porters.

PAY ONCE

Unlike other companies, we bundle the cost of securing your climbing permit and national park fees into the trip price. Fees for equipment, meals on the mountain, transport, and support staff are included, too.

MORE CHOICE

We offer 12 treks on four routes of varying difficulty (some of which are combined with Serengeti safaris and/or time on Zanzibar's beaches). Depending on the route, trekkers spend between five and eight full days on the mountain.

FULL COVERAGE

We have staff on the ground in Moshi to assist you at your hotel and get you prepared for the ascent at base camp.

Lemosho

The Lemosho Route is the newest of all the routes and has become a favourite of Kili lovers because of its smaller crowds and high climb success rates. It begins with two full days of hiking through the rainforest and then continues with a long and scenic ascent for an additional four-and-a half days. Lodging is done as full-service camping. Lemosho is recommended for slightly more experienced climbers.

Days: 8

Night: 7

Ascent: 6.5 days

Descent: 1.5 days

Success Rate (2018/19): 96%

Lodging: Full-service camping

Highest Campsite: 4,600m (15,092 ft)

Starting Altitude: 2,250m (7,382 ft)

Machame (8 days)

The Machame Route (or "Whiskey Route") is the second most popular option because it offers climbers a greater challenge to overcome. Scenery also varies on this route, providing different (not to mention stunning) views throughout the climb, making the extra effort this trek requires all the more worthwhile. Lodging is full-service camping.

Days: 6

Night: 5

Ascent: 4.5 days

Descent: 1.5 days

Success Rate (2018/19): 92%

Lodging: Full-service camping

Highest Campsite: 4,600m (15,092 ft)

Starting Altitude: 1,800m (5,906 ft)

Machame (9 days)

Machame offers two scheduling options, with either a four-and-a-half day or five-and-a-half day ascent. This five-and-a-half day option is for travellers looking to trek the Machame Route at a more relaxed pace. (Not to be confused with "taking it easy.") We like to think it offers the best of both worlds. Lodging for this trek is full-service camping.

Days: 7

Night: 6

Ascent: 5.5 days

Descent: 1.5 days

Success Rate (2018/19): 98%

Lodging: Full-service camping

Highest Campsite: 4,600m (15,092 ft)

Starting Altitude: 1,800m (5,906 ft)

TOP
SELLER

Mt Kilimanjaro Trek—Machame Route (8 Days)

Highlights

- > Conquer Africa's highest peak
- > Witness the curvature of the earth
- > Trek past verdant forests and silent glaciers
- > Watch sunrise from Uhuru Peak

What's Included

Your Moments: G for Good: Moshi Women's Cooperative Visit, Moshi. **Welcome:** Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

6-day guided group trek up Mt Kilimanjaro's Machame Route with local guides, cooks and porters. All permits and fees. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotels (2 nts), full-service alpine camping (5 nts). **TRANSPORT** Private minibus, trekking.

GROUP LEADER Certified mountain guide throughout, local representative, cook, porters. **MEALS** 7 breakfasts, 6 lunches, 5 dinners. Allow USD70-95 for meals not included.

ITINERARY

Possibly the most scenic route to the summit, Machame boasts several paths to its highest point and back. En route to Uhuru, emerge onto high-alpine deserts with amazing views of ice fields and the peak of Mt Kilimanjaro! Known as the "Whiskey Route" because of the tougher challenge, this path leads you through magnificent forests before traversing a ridge leading through moorland to the Shira Plateau. It offers great scenery beneath the glaciated precipices of the southern ice fields before summiting from the higher Barafu Camp. Camp along the route with support from local guides and porters. As a world leader in Kili treks, we'll take you to new heights in adventure!

DAY 1 MOSHI Arrive at any time. **DAY 2 MACHAME GATE/ MACHAME CAMP** Hike the lower slopes of Mt Kilimanjaro to Machame Camp. (1B, 1L, 1D) **DAY 3 MACHAME CAMP/SHIRA 2 CAMP** Hike through lower alpine moorland to Shira 2 Camp and observe the spectacular views of Kibo Peak. (1B, 1L, 1D) **DAY 4 SHIRA 2 CAMP/BARRANCO CAMP** Hike to Barranco Camp via Lava Tower. Enjoy the fantastic view of Western Breach and the Breach Wall. (1B, 1L, 1D) **DAY 5 BARRANCO CAMP/BARAFU CAMP** View the Great Barranco Wall and climb up the eastern wall, passing below the Helm Glacier. (1B, 1L, 1D) **DAY 6 BARAFU CAMP/SUMMIT/ MWEKA CAMP** Hike during the night to the Summit via Stella Point. Watch the sunrise before descending to Mweka Camp. (1B, 1L, 1D) **DAY 7 MWEKA CAMP/MWEKA GATE/MOSHI** Continue your descent through the forested, lower slopes to Moshi. Opt for a massage. (1B, 1L) **DAY 8 MOSHI** Depart at any time. (1B)

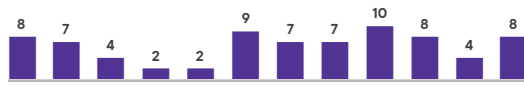
PERSONALIZE YOUR TOUR

MOSHI MAMAS MASSAGE: Have a Moshi Mama come to your hotel and indulge in a massage after completing your hike to the roof of Africa. See [Personalize your tour](#) on page 111.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



8 DAYS — MOSHI TO MOSHI

FROM

\$2899

Valid for Jan 4, 2020 departure.

OPTIONAL MY OWN ROOM: \$319

TOUR CODE: DTM8

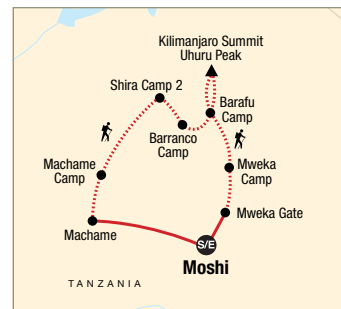
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



TREKKING



G FOR GOOD

Moshi Mamas

Spa & Handicrafts Co-operative • Moshi, Tanzania

In Tanzania, an overwhelming amount of girls grow up without an education. The Give a Heart to Africa school provides free classes to adult women, and offers graduates a stable place from which to launch their own businesses. One of these businesses is the Moshi Mamas, a spa and co-operative created with help from a kickstarter grant from Planeterra. Travellers can receive post-Kilimanjaro trek massages through Moshi Mamas from women trained in massage therapy, or shop for locally made crafts designed at the co-operative.



Personalize your tour

Extras are a great way for you to make your adventure a little more yours. Here are some optional add-ons you can book in advance, for those days on your tour that have free time built in.

SERENGETI BALLOON SAFARI

View the wildlife and terrain of the Serengeti that's typically reserved for the birds. From the basket of a hot-air balloon you can watch for zebras or lions followed by a champagne breakfast. Keep that shutter-finger good and limber — you'll be using it plenty over the course of the hour.

FROM
\$579

Serengeti
1 hr

MOSHI MAMAS MESSAGE

Relax with a 30-minute massage from the Moshi Mamas right at your hotel. The Moshi Women's Cooperative is a project supported by G Adventures, which provides business education to local women.

FROM
\$40

Moshi
30 min

Please note that Extras cannot be cancelled or rescheduled once your trip begins. Some activities carry age restrictions. Talk to a G Adventures GCO or your travel agent for details.



Mt Kilimanjaro Trek— Machame Route (9 Days)

TREKKING

Highlights

- > Stand atop the world's highest free-standing mountain
- > Take in all the stunning scenery while hiking
- > Use an extra day to acclimatize

What's Included

Your Moments: G for Good: Moshi Women's Cooperative Visit, Moshi. *(To learn more, see page 8)*

7-day guided group trek up Mt Kilimanjaro's Machame Route with local guides, cooks, and porters. Additional acclimatization day during ascent. All permits and fees. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotels (2 nts), full-service alpine camping (6 nts). **TRANSPORT** Private minibus, trekking. **GROUP LEADER** Certified mountain guide throughout, local representative, cook, porters. **MEALS** 8 breakfasts, 7 lunches, 6 dinners. Allow USD70-95 for meals not included.

ITINERARY

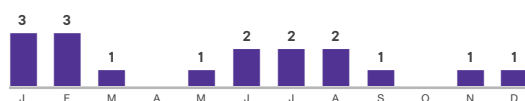
Experience the splendour of Kili with an extra day on your trek to acclimatize to the summit of Africa's highest peak. Considered by many to be the most scenic path to the summit, the Machame boasts different routes to the summit and back. Known as the "Whiskey Route" because of the tougher challenge it poses, this path leads you through magnificent forests before traversing a ridge leading through moorland to the Shira Plateau. It offers beautiful scenery beneath the glaciated precipices of the southern ice fields before summiting from the higher Barafu Camp. Camp along the route with support from local guides and porters. As a world leader in Kili treks, we'll take you to new heights in adventure!

DAY 1 MOSHI Arrive at any time. **DAY 2 MACHAME GATE/MACHAME CAMP** Hike the lower slopes of Mt Kilimanjaro to Machame Camp. (1B, 1L, 1D) **DAY 3 MACHAME CAMP/SHIRA 2 CAMP** Hike through the lower alpine moorland to Shira 2 Camp and observe the spectacular view of Kibo Peak. (1B, 1L, 1D) **DAY 4 SHIRA 2 CAMP/BARRANCO CAMP** Hike to Barranco Camp via Lava Tower. Enjoy the fantastic view of Western Breach and the Breach Wall. (1B, 1L, 1D) **DAY 5 BARRANCO CAMP/KARANGA CAMP** Hike to Karanga Camp via the Great Barranco Wall and the vast alpine desert of the Karanga Valley. (1B, 1L, 1D) **DAY 6 KARANGA CAMP/BARAFU CAMP** Make the short trek to Barafu Camp. Prepare for the upcoming hike to the summit. (1B, 1L, 1D) **DAY 7 BARAFU CAMP/SUMMIT/MWEKA CAMP** Night hike to the summit via Stella Point. Enjoy the beautiful sunrise before descending to Mweka Camp. (1B, 1L, 1D) **DAY 8 MWEKA CAMP/MWEKA GATE/MOSHI** Continue the descent through forested, lower slopes to Moshi. Opt for a massage. (1B, 1L) **DAY 9 MOSHI** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

MOSHI MAMAS MASSAGE: Let the Moshi Mamas help you relax with a 30-minute massage right at your hotel. See **Personalize your tour** on page 111.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



Number of
departures / month.

9 DAYS — MOSHI TO MOSHI

FROM
\$3399

Valid for Jan 4, 2020 departure.

OPTIONAL MY OWN ROOM: \$319

TOUR CODE: DTM9

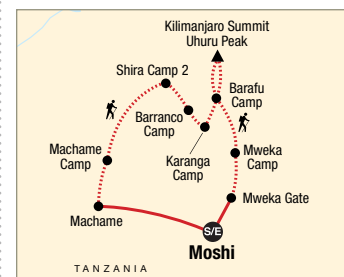
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score  100



Kilimanjaro — Machame Route & Serengeti Adventure

CLASSIC

Highlights

- › Conquer Africa's highest peak
- › Explore Tanzania's best wildlife parks
- › Dance with the Maasai
- › Savour local specialties with traditional meals
- › Meet local artisans on a village tour

What's Included

Your Moments: G for Good: Moshi Women's Cooperative Visit, Moshi. Mto wa Mbu Village Visit and Lunch, Mto wa Mbu. Clean Cookstove Project Visit, Mto wa Mbu. **Welcome:** Meet Your CEO and Group. [\(To learn more, see page 8\)](#)

Mt Kilimanjaro's 6-day Machame Route trekking permits and guides, cooks, and porters. Lake Manyara wildlife safari drive. Serengeti wildlife safari drives. Ngorongoro Crater wildlife safari drive. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotels (3 nts), full-service alpine camping (5 nts), full-service camping (4 nts). **TRANSPORT** 7-seat 4x4 safari vehicle, private minibus, trekking. **GROUP LEADER** CEO (Chief Experience Officer), certified mountain guide, certified safari guide/driver, local representative, cook, porters, camp crew. **MEALS** 12 breakfasts, 11 lunches, 8 dinners. Allow USD100-130 for meals not included.

ITINERARY

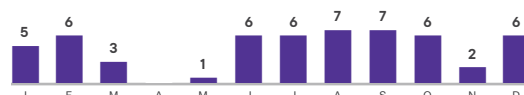
From the soaring heights of Africa's highest peak to the endless plains of the Serengeti, discover the best of Tanzania. In the company of our expert guides, explore the world's best wildlife parks in pursuit of Africa's "big five" and climb iconic Mt Kilimanjaro. Our agile 4x4s will get you close to some of the planet's most amazing wildlife. And, with full-service camping, you can stay close to the action without having to worry about the chores — so you can focus on the magnificent terrain and fantastic views. If you're craving a physical challenge and wildlife encounters that will leave you breathless, here's your fix.

DAY 1 MOSHI Arrive at any time. **DAY 2 MACHAME GATE/MACHAME CAMP** Hike the lower slopes of Mt Kilimanjaro to Machame Camp. (1B, 1L, 1D) **DAY 3 MACHAME CAMP/SHIRA 2 CAMP** Hike through lower alpine moorland to Shira 2 Camp and observe the spectacular views of Kibo Peak. (1B, 1L, 1D) **DAY 4 SHIRA 2 CAMP/BARRANCO CAMP** Hike to Barranco Camp via Lava Tower. Enjoy the fantastic view of Western Breach and the Breach Wall. (1B, 1L, 1D) **DAY 5 BARRANCO CAMP/BARAFU CAMP** View the Great Barranco Wall and climb up the eastern wall, passing below the Helm Glacier. (1B, 1L, 1D) **DAY 6 BARAFU CAMP/SUMMIT/MWEKA CAMP** Hike during the night to the Summit via Stella Point. Watch the sunrise before descending to Mweka Camp. (1B, 1L, 1D) **DAY 7 MWEKA CAMP/MWEKA GATE/MOSHI** Continue descending through the forested, lower slopes to Moshi. Opt for a massage. (1B, 1L) **DAYS 8-9 ARUSHA/MTO WA MBU/LAKE MANYARA** En route to Arusha, enjoy an included stop at the Moshi Women's Cooperative, a project supported by G Adventures. Pick up any last-minute supplies for the safari in Arusha. Experience the Mto wa Mbu village with a guided cultural walk and traditional lunch with a local family. View wildlife on a safari drive in Lake Manyara. (2B, 1L) **DAYS 10-12 SERENGETI NATIONAL PARK/NGORONGORO CRATER** Enjoy wildlife safari drives in the Serengeti and search for the "big five" while taking in the vastness of the Serengeti plains. Continue wildlife viewing in the Ngorongoro Crater before getting a spectacular view of the crater from your campsite on its rim. (3B, 3L, 3D) **DAY 13 ARUSHA** Visit an authentic Maasai village and the G Adventures-supported Clean Cookstove Project, then return to Arusha where the tour ends on arrival. (1B, 1L)

PERSONALIZE YOUR TOUR

SERENGETI BALLOON SAFARI: Float above the Serengeti in a hot-air balloon ride to watch for wildlife and enjoy a champagne breakfast afterwards. See [Personalize your tour](#) on page 111.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



13 DAYS — MOSHI TO ARUSHA

FROM
\$4999

Valid for Jan 4, 2020 departure.

OPTIONAL MY OWN ROOM: \$359

TOUR CODE: DTKS

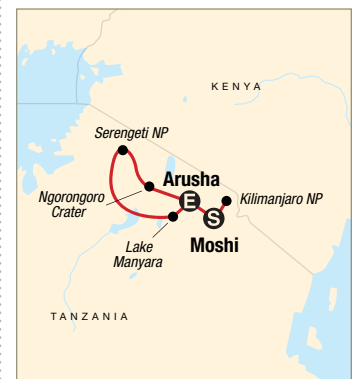
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: CLASSIC

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score 100



Kilimanjaro — Lemosho Route & Serengeti Adventure

CLASSIC

Highlights

- > Conquer Africa's highest peak
- > Visit an authentic Maasai village
- > Search for the "big five" during wildlife drives in the Serengeti
- > Enjoy an included lunch with a local family in the Mto wa Mbu village

What's Included

Your Moments: G for Good: Moshi Women's Cooperative Visit, Moshi. Mto wa Mbu Village Visit and Lunch, Mto wa Mbu. Clean Cookstove Project Visit, Mto wa Mbu. **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

Mt Kilimanjaro's Lemosho Route trekking permits and guides, cooks, and porters. Additional "acclimatization day" during ascent. Lake Manyara wildlife safari drive. Serengeti wildlife safari drives. Ngorongoro Crater wildlife safari drive. All transport between destinations and to/from included activities.

ACCOMMODATIONS Simple hotels (3 nts), full-service alpine camping (7 nts), full-service camping (4 nts), **TRANSPORT** 7-seat 4x4 safari vehicle, private minibus, trekking **GROUP LEADER** CEO (Chief Experience Officer), certified mountain guide, certified safari guide/driver, local representative, cook, porters, camp crew. **MEALS** 14 breakfasts, 13 lunches, 10 dinners. Allow USD110-145 for meals not included.

ITINERARY

Get the complete picture of Africa from two dazzling perspectives: the top of Kilimanjaro and vast grasslands of the Serengeti. This 15-day adventure begins with a seven-day attempt at the summit of Kilimanjaro from the Lemosho route, then gives way to five life-altering days in the Serengeti with time spent getting to know the Maasai in a remote village, wildlife drives in search of the "big five," and a visit to the massive Ngorongoro Crater. Those who've been will tell you that Africa will change your life. This tour will do it several times a day.

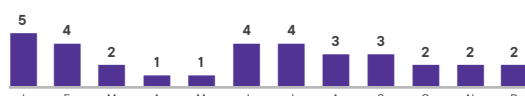
DAY 1 MOSHI Arrive at any time. **DAY 2 LONDOROSI GATE/MTI MKUBWA CAMP** Begin the Lemosho trail of Mt Kilimanjaro ending for the day at the Mti Mkubwa Campsite. (1B, 1L, 1D) **DAY 3 MTI MKUBWA CAMP/SHIRA 1 CAMP** Climb into the moorland over the

Shira ridge and down to the plateau and the Shira 1 Camp. (1B, 1L, 1D) **DAY 4 SHIRA 1 CAMP/SHIRA 2 CAMP** Travel across the Shira plateau, with time for short acclimatization walks. (1B, 1L, 1D) **DAY 5 SHIRA 2 CAMP/BARRANCO CAMP** Climb through rocky scree to the Lava Tower. Descend into the Great Barranco Valley to acclimatize and camp. (1B, 1L, 1D) **DAY 6 BARRANCO CAMP/KARANGA CAMP** Tackle the Great Barranco Wall up into the alpine desert of the Karanga Valley. (1B, 1L, 1D) **DAY 7 KARANGA CAMP/BARAFU CAMP** Trek through the alpine desert up to Barafu Camp. Prepare for the midnight start of the summit attempt. (1B, 1L, 1D) **DAY 8 BARAFU CAMP/SUMMIT/MWEKA CAMP** At midnight, begin the summit trek. Conquer the rim of the main crater, then cross the scree and snow to Uhuru Peak. Descend to Mweka camp. (1B, 1L, 1D) **DAY 9 MWEKA CAMP/MWEKA GATE/MOSHI** Descend the slopes to Mweka Gate and receive a summit certificate, then Moshi. (1B, 1L) **DAYS 10-11 ARUSHA/LAKE MANYARA/MTO WA MBU** En route to Arusha, enjoy an included stop at the G Adventures-supported Moshi Women's Cooperative. Pick up any last-minute supplies in Arusha. Experience the Mto wa Mbu village with a guided cultural walk and traditional lunch with a local family. View wildlife on a safari drive in Lake Manyara. (2B, 1L) **DAYS 12-14 SERENGETI NATIONAL PARK/NGORONGORO CRATER** Enjoy wildlife safari drives in the Serengeti and search for the "big five" while taking in the vastness of the Serengeti plains. Continue wildlife viewing in the Ngorongoro Crater before getting a spectacular view of the crater from your campsite on its rim. (3B, 3L, 3D) **DAY 15 ARUSHA** Visit an authentic Maasai village and the G Adventures-supported Clean Cookstove Project, then return to Arusha where the tour ends on arrival. (1B, 1L)

PERSONALIZE YOUR TOUR

SERENGETI BALLOON SAFARI: Book your balloon safari ahead of time for stunning views of the savannah. See **Personalize your tour** on page 111.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



15 DAYS — MOSHI TO ARUSHA

FROM
\$6179

Valid for Jan 2, 2020 departure.

OPTIONAL MY OWN ROOM: \$359

TOUR CODE: DTOS

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: CLASSIC

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Mt Kilimanjaro Trek — Lemosho Route

TREKKING

Highlights

- › Marvel at the stunning scenery from Africa's highest mountain
- › Camp along the trail
- › Summit to Uhuru Peak at sunrise

What's Included

Your Moments: G for Good: Moshi Women's Cooperative Visit, Moshi. **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

8-day guided group trek up Mt Kilimanjaro's Lemosho Route with local guides, cooks and porters. Additional "acclimatization day" during ascent. All permits and fees. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotel (2 nts), full-service alpine camping (7 nts). **TRANSPORT** Private minibus, trekking. **GROUP LEADER** Certified mountain guide, local representative, cook, porters. **MEALS** 9 breakfasts, 8 lunches, 7 dinners. Allow USD70-95 for meals not included.

ITINERARY

Take the challenging and less-travelled Lemosho route, considered by many to be the most beautiful path up the western breach of the mountain, to the Shira Plateau. This adventure starts off with a few long days as you gain altitude, and has several days built in to help you acclimatize, improving your chances of making the summit. Enjoy the climb through magnificent forests and moorland, and emerge into high-alpine deserts as you enjoy spectacular views along the way to the summit.

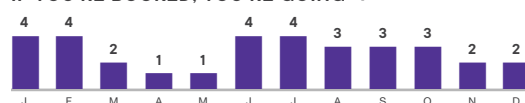
DAY 1 ARRIVE MOSHI Arrive at any time. **DAY 2 LONDOROSSI GATE/MTI MKUBWA CAMP** Begin the Lemosho trail of Mt Kilimanjaro, ending the day

at the Mti Mkubwa Campsite. (1B, 1L, 1D) **DAY 3 MTI MKUBWA CAMP/SHIRA 1 CAMP** Climb into the moorland over the Shira ridge and down to the plateau and Shira 1 Camp. (1B, 1L, 1D) **DAY 4 SHIRA 1 CAMP/SHIRA 2 CAMP** Travel across the Shira Plateau, with time for short acclimatization walks. (1B, 1L, 1D) **DAY 5 SHIRA 2 CAMP/BARRANCO CAMP** Climb through rocky scree to the Lava Tower. Descend into the Great Barranco Valley to acclimatize and camp. (1B, 1L, 1D) **DAY 6 BARRANCO CAMP/KARANGA CAMP** Tackle the Great Barranco Wall up into the alpine desert of Karanga Valley. (1B, 1L, 1D) **DAY 7 KARANGA CAMP/BARAFU CAMP** Trek through the alpine desert up to Barafu Camp. Prepare for the midnight start of the summit attempt. (1B, 1L, 1D) **DAY 8 BARAFU CAMP/SUMMIT/MWEKA CAMP** Begin the summit trek at midnight. Conquer the rim of the main crater, then cross the scree and snow to Uhuru Peak. Descend to Mweka Camp. (1B, 1L, 1D) **DAY 9 MWEKA CAMP/MWEKA GATE/MOSHI** Descend the slopes to Mweka Gate and receive a summit certificate. Continue to Mweka village, then on to Moshi. Opt for a massage after your trek. (1B, 1L) **DAY 10 MOSHI** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

MOSHI MAMAS MASSAGE: Let the Moshi Mamas help you relax with a 30-minute massage right at your hotel. See **Personalize your tour** on page 111.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



10 DAYS — MOSHI TO MOSHI

FROM
\$3999

Valid for Jan 2, 2020 departure.

OPTIONAL MY OWN ROOM: \$319

TOUR CODE: DTKL

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Mt Kilimanjaro Trek — Marangu Route

TREKKING

Highlights

- > Sleep in mountain huts on the trek
- > Witness Africa from atop its highest mountain
- > Marvel at sunrise on the summit

What's Included

Your Moments: G for Good: Moshi Women's Cooperative Visit, Moshi. **Welcome:** Meet Your CEO and Group. ([To learn more, see page 8](#))

5-day guided group trek up Mt Kilimanjaro's Marangu Route with local guides, cooks, and porters. All permits and fees. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotels (2 nts), mountain huts (4 nts). **TRANSPORT** Private minibus, trekking. **GROUP LEADER** Certified mountain guide throughout, local representative, cook, porters. **MEALS** 6 breakfasts, 5 lunches, 4 dinners. Allow USD70-95 for meals not included.

ITINERARY

At 5,895m (19,340 ft), Mt Kilimanjaro is Africa's highest peak and this adventure along the Marangu Route will get you to the top safely, quickly, and with your budget in mind. Overnight in mountain huts and awake ready to conquer the slopes. Affectionately known as the Coca-Cola Route due to its popularity, Marangu covers forests, moorlands, and the Saddle (a high-altitude desert), on its way to Kibo Hut. This is the quickest route to the summit — with a catch: The trail is well-maintained but because of the quick ascent, the success rate is not as high as other routes. Local guides, cooks, and porters will provide support during your trek and at mountain huts along the way.

DAY 1 MOSHI Arrive at any time. **DAY 2 MARANGU GATE/MANDARA HUT** Hike through the forested, lower slopes to the Mandara escarpment. (1B, 1L, 1D) **DAY 3 MANDARA HUT/HOROMBO HUT** Hike through the heather and moorland zone to Horombo Hut. (1B, 1L, 1D) **DAY 4 HOROMBO HUT/KIBO HUT** Proceed on to the Kilimanjaro Saddle, through a desert-like alpine zone, to Kibo Hut. (1B, 1L, 1D) **DAY 5 KIBO HUT/KILIMANJARO SUMMIT/HOROMBO HUT** Night hike to the summit via Stella Point. Enjoy the beautiful sunrise from the roof of Africa, then descend back to Horombo Hut. (1B, 1L, 1D) **DAY 6 HOROMBO HUT/MARANGU GATE/MOSHI** Descend the mountain, passing through villages and plantations on the slopes en route to Moshi. Opt for a massage. (1B, 1L) **DAY 7 MOSHI** Depart at any time. (1B)

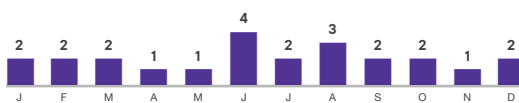
PERSONALIZE YOUR TOUR

MOSHI MAMAS MASSAGE: Let the Moshi Mamas help you relax with a 30-minute massage right at your hotel. See [Personalize your tour](#) on page 111.

Guaranteed Departures

IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



7 DAYS — MOSHI TO MOSHI

FROM

\$2699

Valid for Jan 12, 2020 departure.

TOUR CODE: DTKM

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: BASIC

PHYSICAL RATING: 5 — CHALLENGING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Mt Kilimanjaro Trek — Rongai Route

TREKKING

Highlights

- › Follow a lesser-trekking path up Kilimanjaro
- › Conquer Africa's highest peak
- › Hike towards the summit through ever-changing ecosystems

What's Included

Your Moments: G for Good: Moshi Women's Cooperative Visit, Moshi. **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

6-day guided group trek up Mt Kilimanjaro's Rongai Route with local guides, cooks, and porters. All permits and fees. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotels (2 nts), full-service alpine camping (5 nts). **TRANSPORT** Private minibus, trekking. **GROUP LEADER** Certified mountain guide throughout, local representative, cook, porters. **MEALS** 7 breakfasts, 6 lunches, 5 dinners. Allow USD70-95 for meals not included.

ITINERARY

Conquer Africa's highest peak from the drier, northern side of the mountain. Follow the Rongai Route, climbing the mountain from the north and descending via the popular Marangu Route with its diverse climate zones and stunning views. This route's gentle approach has a high success rate due to the slow ascent. You'll camp beside the only lake on the mountain and enjoy spectacular views over Kenya's Amboseli plains. Local guides, cooks, and porters will provide support during your trek and at campsites along the way.

DAY 1 MOSHI Arrive at any time. **DAY 2 RONGAI GATE/SIMBA CAMP** Climb up the less-visited northern slopes through varied ecosystems. (1B, 1L, 1D) **DAY 3 SIMBA CAMP/KIKELELWA CAMP** Continue

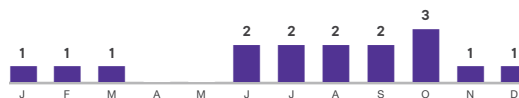
ascending with superb views of the eastern ice fields. (1B, 1L, 1D) **DAY 4 KIKELELWA CAMP/MAWENZI TARN CAMP** Ascend through grassy slopes up to an area with majestic views. (1B, 1L, 1D) **DAY 5 MAWENZI TARN CAMP/KIBO CAMP** Hike slowly through the famous "saddle" between the Mawenzi and Kibo peaks. (1B, 1L, 1D) **DAY 6 KIBO CAMP/SUMMIT/HOROMBO HUTS CAMP** Night hike to the Summit via Gillman's Point. Enjoy the beautiful sunrise before descending to Horombo Huts Camp. (1B, 1L, 1D) **DAY 7 HOROMBO HUTS CAMP/MARANGU GATE/MOSHI** Continue the descent through forested lower slopes to Moshi. Opt for a massage. (1B, 1L) **DAY 8 MOSHI** Depart at any time. (1B)

PERSONALIZE YOUR TOUR

MOSHI MAMAS MASSAGE: Let the Moshi Mamas help you relax with a 30-minute massage right at your hotel. See **Personalize your tour** on page 111.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



A BETTER WORLD THROUGH TRAVEL

We believe that every adventure begins with a single step, and that experiencing different lands and cultures can make the world a better place for all of us. We hope you feel the same.



8 DAYS — MOSHI TO MOSHI

FROM

\$3399

Valid for Jan 9, 2020 departure.

OPTIONAL MY OWN ROOM: \$319

TOUR CODE: DTKR

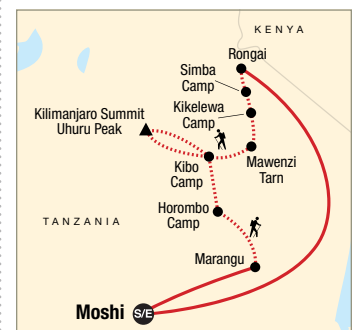
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Misty skies (and maybe some misty eyes) while admiring the view from Mt Meru.

Kilimanjaro & Zanzibar combos

No matter which route you take while tackling Kili, you're going to need a little break afterwards. Luckily just a short flight away you'll find the island of Zanzibar, where we'll help you slow things down. Revive your senses after all that elevation with a tour of a fragrant spice plantation and get your fill of this island's incomparable white-sand beaches.

Kilimanjaro—Machame Route & Zanzibar Adventure

TREKKING

Highlights

- › Conquer Africa's highest peak
- › Trek past verdant forests and silent glaciers
- › Watch sunrise from Stella Point
- › Explore Stone Town — a UNESCO World Heritage Site
- › Take in the aromas on a spice plantation tour
- › Relax on a tropical beach

ITINERARY

Cross another item off your travel to-do list and do it in style with this 12-day Kilimanjaro combo tour. After you conquer African's highest point with the help of your CEO (Chief Experience Officer) and trusted guides (with tons of incredible views and vistas captured along the way), you'll head to Zanzibar and learn about local flavours at a spice plantation. There's plenty of free time at the paradisiacal beaches of Zanzibar, with options to scuba dive, snorkel, or simply enjoy some hard-earned R&R.

12 DAYS — MOSHI TO STONE TOWN

FROM

\$3549

Valid for Jan 4, 2020 departure.

OPTIONAL MY OWN ROOM: **\$659**

TOUR CODE: DTKZ

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



Coffee breaks are all the more rewarding when you're tackling the highest peak in Africa.



Well-deserved downtime awaits in the spice-filled Stone Town of Zanzibar.



A sunset you'll never forget on the beaches of Zanzibar, Tanzania.

Kilimanjaro—Lemosho Route & Zanzibar Adventure

TREKKING

Highlights

- > Marvel at the stunning scenery from Africa's highest mountain
- > Camp along the trail
- > More time for acclimatization increases summit success rates
- > Explore Stone Town — a UNESCO World Heritage Site
- > Take in the aromas on a spice plantation tour
- > Relax on a tropical beach

ITINERARY

Follow the path less travelled up Mt Kilimanjaro's longer — but arguably more scenic — Lemosho route, with time afterwards to explore another side of Tanzania. This 14-day tour takes you along incredible landscapes and up challenging terrain to the continent's highest peak with experienced guides and porters cheering you on. But there's plenty more that awaits closer to the Earth's surface, like Zanzibar's spice plantations and postcard-perfect beaches to rest sore muscles.

14 DAYS — MOSHI TO STONE TOWN

FROM

\$4679

Valid for Jan 2, 2020 departure.

OPTIONAL MY OWN ROOM: **\$659**

TOUR CODE: DT0Z

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score



Kilimanjaro—Marangu Route & Zanzibar Adventure

TREKKING

Highlights

- > Sleep in mountain huts on the trek
- > Witness Africa from atop its highest mountain
- > Marvel at sunrise on the summit
- > Visit a women's cooperative and shop for souvenirs
- > Explore the UNESCO World Heritage Site of Stone Town
- > Take in the aromas on a spice plantation tour
- > Relax on a tropical beach

ITINERARY

Challenging but efficient, the Marangu route up Mt Kilimanjaro affords you time afterwards to explore the many facets of Tanzania on an 11-day tour. With the help of your CEO (Chief Experience Officer) and expert guides, you'll attempt to summit the highest freestanding mountain on the globe via its quickest route with overnights in mountain huts. Revel in your accomplishments on the island of Zanzibar, where you'll explore spice plantations and, most importantly, kick back on the beach for some well-deserved rest.

11 DAYS — MOSHI TO STONE TOWN

FROM

\$3399

Valid for Jan 12, 2020 departure.

OPTIONAL MY OWN ROOM: **\$439**

TOUR CODE: DTMZ

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 5 — CHALLENGING

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score





Climb Mt Toubkal

TREKKING

Highlights

- > Walk in spectacular mountain scenery
- > Taste delicious local cuisine
- > Camp in the great outdoors
- > Summit the spectacular peak of Mt Toubkal

What's Included

Your Moments: **Welcome:** Meet Your CEO and Group.
(To learn more, see page 8)

Atlas Mountains trek with a qualified mountain guide (5 days). Trek Tizi N'Tacht pass and Mizane Valley. Visit the shrine of Sidi Chamharouch. Summit Mt Toubkal. Enjoy free time in Marrakech. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (2 nts), mountain gites (2 nts), camping (2 nts, 2-man tents). **TRANSPORT** Private air-conditioned van, walking. **GROUP LEADER** Certified mountain guide as CEO (Chief Experience Officer) throughout. **MEALS** 6 breakfasts, 4 lunches, 4 dinners. Allow USD80-105 for meals not included.

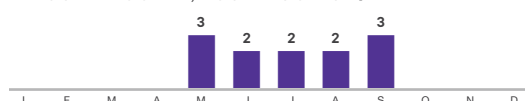
ITINERARY

Jebel Toubkal, Morocco's highest peak, has captivated mountaineers for centuries. Our ascent up the rocky giant of North Africa — the tallest in the region — is no picnic, but is accessible to anyone in good shape and hungry for a thrilling high-altitude adventure. Traditional Berber

communities line the route on this trip and you'll have plenty of time to learn their customs through village visits and overnight camping with hearty home-cooked meals. The views on the way up are spectacular, but nothing compares to what you'll see (and feel) at the top.

DAY 1 MARRAKECH Arrive at any time. **DAY 2 MARRAKECH/TIZI OUSSEM** Transfer to Imi Oughlad and enjoy a long walk up to the Tizi 'n Tacht Pass. Descend into the Azzadene Valley and visit the village of Tizi Oussem. (1B, 1L, 1D) **DAY 3 TIZI OUSSEM/AROUND (AREMD)** Today is a full day of walking through villages on the northern slopes of Mt Toubkal. (1B, 1L, 1D) **DAY 4 AROUND (AREMD)/MT TOUBKAL BASE CAMP** Ascend the beautiful Mizane Valley, passing the shrine of Sidi Chamharouch, before arriving at our Mt Toubkal base camp. (1B, 1L, 1D) **DAY 5 MT TOUBKAL BASE CAMP/MT TOUBKAL SUMMIT** Savour the satisfaction of the ascent and then the spectacular views across the valleys below from the 4,167m (13,671 ft) Mt Toubkal today. (1B, 1L, 1D) **DAY 6 MT TOUBKAL BASE CAMP/MARRAKECH** Descend to the village of Imilil before travelling back to Marrakech for a free afternoon. (1B) **DAY 7 MARRAKECH** Depart at any time. (1B)

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING



7 DAYS — MARRAKECH TO MARRAKECH

FROM
\$619

Valid for Jun 5, 2020 departure.

TOUR CODE: DCCT

IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: BASIC

PHYSICAL RATING: 4 — DEMANDING



Ripple Score

100



Tanzania Active Safari

MULTISPORT

Highlights

- > Cycle through Lake Manyara National Park
- > Hike the Empakaai crater and spot flamingos
- > Canoe along the shoreline of Momella Lake
- > Learn about local tribes and their ways of life
- > Safari through the Serengeti and Ngorongoro Crater

What's Included

Your Moments: G for Good: Mto wa Mbu Village Visit and Lunch, Mto wa Mbu. Clean Cookstove Project Visit, Mto wa Mbu. **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

Canoe safari in Arusha National Park. Hike in Empakaai Crater. Wildlife safari drives in Serengeti National Park and Ngorongoro Crater. Mountain bike ride in Lake Manyara National Park. All transport between destinations and to/from included activities.

ACCOMMODATIONS Simple hotels (2 nts), full-service camping (5 nts). **TRANSPORT** 7-seat 4x4 safari vehicle, canoe, walking, mountain bike. **GROUP LEADER** CEO (Chief Experience Officer) throughout, certified safari driver/guide, camp crew. **MEALS** 7 breakfasts, 6 lunches, 5 dinners. Allow USD70-95 for meals not included.

ITINERARY

Go beyond four wheels and discover the many modes of exploring Tanzania's great outdoors. This eight-day tour is built for adventurous travellers who prefer a dose of adrenaline with their exploration. Canoe-safari through Momella Lake and spot hippos, giraffes, and water birds in their natural habitats, and hike into (and out of) an extinct volcanic crater. Of course, you'll have two days to explore the Serengeti in a 4x4, leaving your hands free for photo ops along the way (because it wouldn't be a trip to Tanzania without the safari photos to prove it).

DAY 1 ARUSHA Arrive at any time. **DAY 2 ARUSHA NATIONAL PARK** Head into Arusha NP and explore Momella Lake by canoe. Spot wildlife on the water's edge as they come to drink. (1B, 1L) **DAY 3 ARUSHA/MTO WA MBU** Travel to Mto wa Mbu village and take part in a cultural walk to learn about village life in the area. Meet the women who run the village tours and enjoy a delicious homemade traditional lunch. (1B, 1L, 1D) **DAY 4 EMPAKAAI CRATER** Ascend the rift valley escarpment into the Ngorongoro Conservation Area and get ready for a beautiful hike into the extinct Empakaai Crater. At the end of the day, enjoy the view from the campsite over Ngorongoro. (1B, 1L, 1D) **DAYS 5-6 SERENGETI NATIONAL PARK** Search for the "big five" on wildlife safari drives in the Serengeti NP, while taking in the vastness of the Serengeti plains. Opt for a balloon safari and finish the day viewing the sunset on the rim of the Ngorongoro Crater. (2B, 2L, 2D) **DAY 7 NGORONGORO/LAKE MANYARA** Head out early for a wildlife safari drive in the Ngorongoro Crater, then enjoy an afternoon biking in Lake Manyara National Park — home to the famous tree-climbing lions. (1B, 1L, 1D) **DAY 8 ARUSHA** Visit the G Adventures-supported Clean Cookstove Project, then head back to Arusha, where the tour ends on arrival. (1B)

PERSONALIZE YOUR TOUR

SERENGETI BALLOON SAFARI: Float above the Serengeti in a hot-air balloon ride to watch for wildlife and enjoy a champagne breakfast afterwards. See **Personalize your tour** on page 111.

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



8 DAYS — ARUSHA TO ARUSHA

FROM

\$2799

Valid for Jan 17, 2020 departure.

OPTIONAL MY OWN ROOM: \$159

TOUR CODE: DTAS

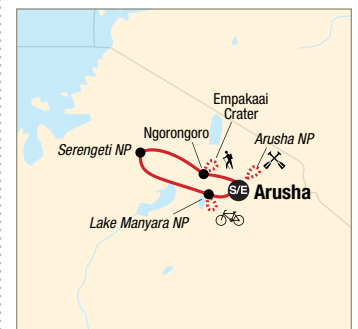
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 12, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 3 — AVERAGE



THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100



G FOR GOOD

Mto wa Mbu

Cultural Walk & Community Tour • Rift Valley, Tanzania

To combat the lack of economic opportunities in Tanzania's Rift Valley, G Adventures has partnered with Mto wa Mbu Cultural Tourism Enterprises. Travellers visit the village for a cultural walk, learning about village life, meet other local women who run the tours, and enjoy a delicious traditional, home-cooked meal. The connection to travellers helps cultivate and preserve local culture and traditions of 18,000 residents from 120 different tribes in this region.

Maasai Clean Cookstoves

Cultural Community Tour • Rift Valley, Tanzania

Planeterra, in partnership with Maasai Stoves & Solar Project, has installed over 200 clean cookstoves in Maasai villages across Tanzania, where 95% of the population relies on solid-fuel stoves. Visit the project and see the beneficial impact of the clean-burning stoves on the health and daily lives of the Maasai villagers, especially the women. Take a guided tour of these villages and meet the women that have been trained as stove engineers, visit bomas (traditional homes), and observe (or get your hands dirty) by helping the Stove Team build a stove in a home.

Numeira Environmental Café

Sustainable Farm Tour & Meal • South Ghour, Jordan

Embark on a bike tour around the farms of the South Ghour region by the Dead Sea, where the Numeira Environmental Association is creating jobs and meaningful work for the community while promoting sustainable farming practises. Visit a family home to enjoy a traditional meal and learn more about the eco-friendly practices that farmers adopt to create a better future for their families.

Active Safari & Zanzibar Experience

MULTISPORT

Highlights

- > Cycle in Lake Manyara National Park
- > Hike the extinct Empakaai crater
- > Canoe along the shorelines of Momella Lake
- > Learn about local tribes and their ways of life
- > Safari through the Serengeti and Ngorongoro Crater
- > Explore the UNESCO World Heritage Stone Town
- > Relax on a tropical beach

What's Included

Your Moments: G for Good: Mto wa Mbu Village Visit and Lunch, Mto wa Mbu. Clean Cookstove Project Visit, Mto wa Mbu. **Welcome:** Meet Your CEO and Group. *(To learn more, see page 8)*

Canoe safari in Arusha NP. Hike in Empakaai Crater. Wildlife safari drives in Serengeti NP and Ngorongoro Crater. Mountain bike ride in Lake Manyara NP. Flight from Arusha to Zanzibar. Orientation walk in Stone Town. Spice plantation guided tour. All transport between destinations and to/from included activities.

ACCOMMODATIONS Simple hotels (7 nts), full-service camping (5 nts). **TRANSPORT**

7-seat 4x4 safari vehicle, canoe, walking,

mountain bike, plane. **GROUP LEADER** CEO (Chief Experience Officer), certified safari driver/guide, camp crew, local guides. **MEALS** 12 breakfasts, 6 lunches, 5 dinners. Allow USD195-255 for meals not included.

ITINERARY

Active, safari-focused itineraries through East Africa can still make space for some downtime, as this 13-day tour demonstrates. After canoeing through beautiful lakes, hiking through craters, and spotting wildlife in Serengeti National Park, you'll fly to the idyllic island of Zanzibar for some well-earned time on its sandy beaches. Or dive underwater to explore colourful coral reefs with a snorkelling session. It's the perfect balance of activities to satiate your adventurous spirit and recharge your batteries too.

DAY 1 ARUSHA Arrive at any time. **DAY 2 ARUSHA NP** Head into Arusha NP and explore Momella Lake by canoe. Spot wildlife on the waters edge as they come to drink. (1B, 1L) **DAY 3 ARUSHA/MTO WA MBU** Travel to Mto wa Mbu village and take part in a cultural walk to learn about village life. Meet the women who run the village tours and enjoy a delicious home made traditional lunch. (1B, 1L, 1D) **DAY 4 EMPAKAAI CRATER** Ascend the rift valley escarpment into the Ngorongoro Conservation Area, and hike into the extinct Empakaai Crater. In the evening enjoy the view from the campsite over Ngorongoro. (1B, 1L, 1D) **DAYS 5-6 SERENGETI NATIONAL PARK** Search for the "big five" on wildlife safari drives in the Serengeti NP, while taking in the vastness of the Serengeti plains. Opt for a balloon safari, and finish the day with sunset on the rim of the Ngorongoro Crater. (2B, 2L, 2D) **DAY 7 NGORONGORO/LAKE MANYARA** Head out early for a wildlife safari drive in the Ngorongoro Crater, then enjoy an afternoon biking in Lake Manyara NP - home to the famous tree climbing lions. (1B, 1L, 1D) **DAYS 8-9 MTO WA MBU/ARUSHA** Visit the G Adventures supported Clean Cookstove Project. Head back to Arusha and enjoy a free day to explore, or relax at the lodge. (2B) **DAY 10 STONE TOWN** Fly to the beautiful island of Zanzibar and transfer to the hotel. Enjoy an orientation walk with your CEO in historic Stone Town, and opt to continue exploring on your own. (1B) **DAYS 11-13 JAMBIANI BEACH** Visit a local spice plantation for a guided tour. Continue to the white-sand beaches of Zanzibar's beautiful coast. Enjoy free time to lounge on the beach, snorkel, or tour the island. (3B) **DAY 14 STONE TOWN** Morning group transfer from Jambiani. Depart Stone Town upon arrival in the late morning.

13 DAYS — ARUSHA TO STONE TOWN

FROM
\$3199

Valid for Jan 17, 2020 departure.

OPTIONAL MY OWN ROOM: \$499

TOUR CODE: DTCZ

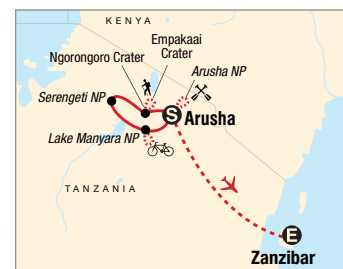
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 14, AVG 10

SERVICE LEVEL: CAMPING

PHYSICAL RATING: 3 — AVERAGE

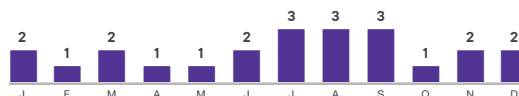


THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score 100

Guaranteed Departures IF YOU'RE BOOKED, YOU'RE GOING

Number of
departures / month.



Hiking South Africa

TREKKING

Highlights

- › Hike in some of South Africa's iconic hotspots
- › Spot the "big five" in national parks and reserves
- › Visit local villages and cosmopolitan Cape Town
- › Camp amongst Southern Africa's dramatic scenery
- › Visit three countries in just over two weeks

What's Included

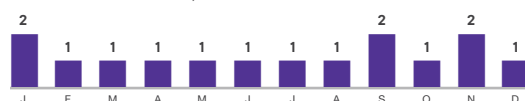
Your Moments: Welcome: Meet Your CEO and Group. (To learn more, see page 8)

Hike up Table Mountain. Table Mountain cable car ticket (one way). Park entrances to Addo Elephant National Park and Kruger National Park with wildlife safari drives in our vehicle. Entrances to Tsitsikamma National Park with day hike on the Otter Trail. Botsoela Waterfalls Hike. Tugela Gorge hike. Visit to Mlilwane Wildlife Sanctuary. Traditional dinner and local dancing. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotels/guesthouses (13 nts), participation camping (3 nts). **TRANSPORT** 15-seat private vehicle, hiking, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout as head guide/cook, driver, local guides. **MEALS** 9 breakfasts, 5 dinners. Allow USD320-420 for meals not included.

ITINERARY

This lively tour through South Africa is filled with enough excitement to keep you active and on your feet. Hike up the famous Table Mountain. Explore the kingdoms of Lesotho and Swaziland. Discover the true meaning of "Ubuntu" as you dance and laugh with the locals over a traditional meal in the Kruger area. Whether you get a taste of the beach or the biltong, this 17-day journey will satisfy any craving for adventure.

DAY 1 CAPE TOWN Arrive at any time. **DAY 2 TABLE MOUNTAIN** Enjoy an included hike to the top of Table Mountain, taking in the views of the city bowl, peninsula, and Robben Island. (1B) **DAY 3 OUDTSHOORN** Travel into the Klein Karoo on the famous Route 62. Opt to enjoy a wine tasting along the way. (1B) **DAYS 4-5 TSITSIKAMMA NATIONAL PARK** Before leaving Oudtshoorn, opt to explore the Cango Caves or visit an ostrich farm. Cross over the Outeniqua Mountains into the Garden Route. Stop at the Bloukrans Bridge for those brave enough to try the bungee jump. Join your CEO on a hike along coastal trails in Tsitsikamma National Park, and enjoy free time to go kayaking, mountain biking, or on a canopy tour. (1B) **DAY 6 ADDO ELEPHANT NATIONAL PARK** Enjoy a wildlife safari drive in our vehicle. Be on the watch for elephants and other wildlife. (1B, 1D) **DAY 7 GRAAFF-REINET** Travel into the vast semi-desert of the Great Karoo and overnight in the town of Graaff-Reinet, just outside the Camdeboo National Park. Opt to visit the Valley of Desolation for beautiful views over the surrounding area. (1B) **DAYS 8-9 LESOTHO** Cross the border into the highest independent state in the world. Enjoy an included hike to see waterfalls, and free time for biking or horseback riding along trails through this beautiful mountainous country. **DAYS 10-11 DRakensberg** Return to South Africa and set up camp in the foothills of the mountain. Set off on an included hike along Tugela Gorge in Royal Natal National Park. (1B, 2D) **DAYS 12-13 ST LUCIA** Travel to St Lucia on the coast of Zululand and enjoy a free day to explore. Opt to take a wildlife safari drive in Hluwwe-Imfolozi Park or go horseback riding on the beach. (1B) **DAYS 14-15 SWAZILAND** Cross another border into Swaziland. Explore Mlilwane Wildlife Sanctuary in the morning, joining your CEO on a walk to see some of the resident wildlife. Return to South Africa and head to our safari camp just outside of the famous Kruger National Park. (1D) **DAY 16 KRUGER NATIONAL PARK** Enjoy a full-day wildlife safari drive in Kruger National Park (in our vehicle). Experience a traditional dinner and local dancing in the evening. (1B, 1D) **DAY 17 JOHANNESBURG** Travel back to Johannesburg, South Africa's largest city, where the tour ends upon arrival. (1B)

Guaranteed Departures
IF YOU'RE BOOKED, YOU'RE GOING17 DAYS — CAPE TOWN
TO JOHANNESBURGFROM
\$2999

Valid for Jan 5, 2020 departure.

OPTIONAL MY OWN ROOM: **\$499**
TOUR CODE: DSHS

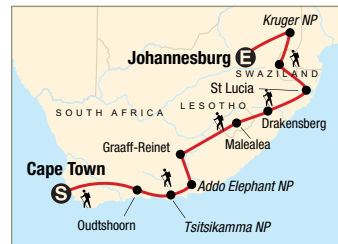
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 18, AVG 14

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 3 — AVERAGE



Ripple Score

99

Jordan Multisport

MULTISPORT

Highlights

- › Trek Ajloun and Dana Nature reserves
- › Float in the Dead Sea
- › Go canyoneering and abseiling through Wadi Mujib
- › Set your eyes on the Rose City of Petra
- › Savour a local Bedouin meal in the desert of Wadi Rum

What's Included

Your Moments: G for Good: Numeira Community Bike tour and Lunch, Jordan Valley. **Welcome:** Meet Your CEO and Group. **Local Living:** Bedouin Camp Overnight, Wadi Rum. (To learn more, see page 8)

Petra guided tour. Little Petra visit. Wadi Rum 4x4 excursion. Trekking Ajloun Reserve. Trekking Dana Nature Reserve. Canyoneering. Dead Sea visit. Entrance fees in all included tours. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Hotels (5 nts), tented camp (1 nt), cabin in winter or bungalow in summer (1 nt). **TRANSPORT** Private van/bus, 4x4, bike, hike, walking. **GROUP LEADER** CEO (Chief Experience Officer) throughout, local guides. **MEALS** 7 breakfasts, 2 lunches, 3 dinners. Allow USD160-210 for meals not included.

ITINERARY

Jordan is famed for its ancient past but its present is pretty darn compelling, too. The natural and man-made wonders of Petra and Wadi Rum have been drawing travellers here for ages, but the rough-hewn grandeur of Jordan has remained a secret known only to the boldest of thrill-seekers. Trek the rocky hills to isolated villages along the trails near Ajloun, hike down canyons towards the Dead Sea, and discover the Dana Biosphere Reserve. See for yourself why Jordan is a secret we just couldn't keep to ourselves any longer.

DAY 1 AMMAN Arrive at any time. **DAY 2 AJLOUN** Travel to the undiscovered Jordan and head north to the Ajloun Nature Reserve for a half-day of trekking. (1B, 1L, 1D) **DAY 3 AJLOUN/DEAD SEA** Spend the morning hiking, abseiling, and wading through streams in Wadi Mujib before enjoying a float in the famous Dead Sea. (1B, 1D) **DAY 4 DEAD SEA/PETRA** Visit the impressive Dana Biosphere Reserve and trek through this unique landscape. Transfer to Petra for the night and opt to pay a late night visit to Petra to observe the site illuminated by candlelight. (1B) **DAY 5 PETRA** Trek through gorges and canyons from Little Petra to the main attraction: the rose-rock city of Petra. Enjoy a guided tour of this magnificent World Heritage Site. (1B) **DAY 6 PETRA/WADI RUM** Enjoy a free morning exploring Petra before continuing to Wadi Rum. Continue by 4x4 to a Bedouin desert camp in the Deisat desert and enjoy a traditional meal while learning more about the ancient Bedouin culture and history before bunking down under the stars. (1B, 1D) **DAY 7 WADI RUM** Visit a G Adventures-supported community for a bike ride and traditional lunch before heading back to Jordan's capital for the evening. (1B, 1L) **DAY 8 AMMAN** Depart at any time. (1B)

8 DAYS — AMMAN TO AMMAN

FROM
\$1449

Valid for Jan 10, 2020 departure.

OPTIONAL MY OWN ROOM: **\$479**
TOUR CODE: DJJA

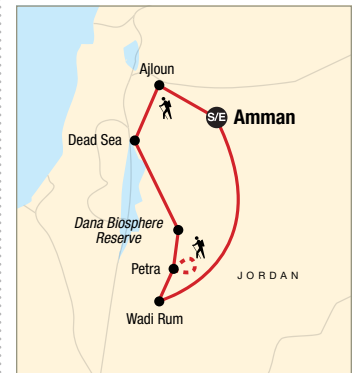
IS THIS TOUR FOR ME? See back foldout.

TRAVEL STYLE: ACTIVE

TYPE: SMALL GROUP — MAX 15, AVG 10

SERVICE LEVEL: STANDARD

PHYSICAL RATING: 4 — DEMANDING

THIS TOUR SUPPORTS A
G FOR GOOD PROJECT

Ripple Score

100

Guaranteed Departures
IF YOU'RE BOOKED, YOU'RE GOING

TERMS & CONDITIONS

By booking or participating in a tour and any related products or services (a "Tour") with G Adventures Inc., a Barbados company ("G Adventures" or the "Tour Operator"), you ("you") agree to these Terms & Conditions (the "Terms"). Your booking contract may be with G Adventures Inc., a Delaware company ("G Adventures US") as authorized sales agent of the Tour Operator, as indicated on your invoice, however, your Tour will be operated by the Tour Operator.

1. ADDITIONAL TERMS

For additional terms that apply to certain G Adventures Tours or travel styles, please see:

- Family Tours -- 29(A)
- 18-to-Thirtysomethings Tours -- 29(B)
- Expedition -- 29(C)
- National Geographic Journeys with G Adventures and National Geographic Family Journeys -- 29(D)
- TailorMade -- 29(E)

If your Tour includes carriage by sea, the Conditions of Carriage available at www.gadventures.com/terms-conditions/conditions-of-carriage also apply to your Tour, are expressly incorporated into these Terms, and form part of your booking contract with the Tour Operator.

By booking a Tour you acknowledge that you have read, understand and agree to be bound by these Terms. If you make a booking on behalf of other participants, you guarantee that you have the authority to accept and do accept these Terms on behalf of the other participants in your party.

2. THE BOOKING CONTRACT

Your booking is confirmed and a contract exists when the Tour Operator or your travel agent issues a written confirmation after receipt of the applicable deposit amount. Please check your confirmation carefully and report any incorrect or incomplete information to the Tour Operator or authorized agent immediately. Please ensure that names are exactly as stated in the relevant passport.

You must be at least 18 years of age to make a booking. You agree to provide full, complete and accurate information to the Tour Operator.

3. BOOKING ON BEHALF OF OTHERS

By booking on behalf of other participants, you are deemed to be the designated contact person for every participant included on that booking. This means that you are responsible for making all payments due in connection with your Tour booking, notifying the Tour Operator or your travel agent if any changes or cancellations are required and keeping your party informed.

By booking on behalf of another person or persons, you represent and warrant that you have obtained all required consents. You are responsible for verifying that any information you provide on behalf of another participant is complete and accurate and that the Tour Operator will under no circumstances be liable for any errors or omissions in the information provided to complete a booking.

4. REQUIRED MEDICAL INFORMATION

You must provide any medical information reasonably requested by the Tour Operator and may be required to complete the Tour Operator's medical information form (the "Medical Form"), available on the Tour Operator's website at http://www.gadventures.com/medical_form.

Medical Forms are mandatory for certain Tours. If you have any pre-existing medical conditions which may impact your ability to travel, participate in a Tour, travel to remote areas without access to medical facilities or may adversely affect the experience of others on your Tour, you must return a Medical Form, signed by a licensed and practicing physician to the Tour Operator prior to or at the time of final payment for the applicable booking.

You agree to complete the Medical Form honestly and to disclose all relevant medical information accurately and fully. The Tour Operator will maintain the information in accordance with the Tour Operator's Privacy Policy available at <https://www.gadventures.com/terms-conditions/privacy/>.

The Tour Operator reserves the right to request further information or professional medical opinions where necessary, as determined in its discretion, for your safety or the safe operation of a Tour.

The Tour Operator reserves the right to deny you permission to travel or participate in any aspect of a Tour at any time and at your own risk and expense where the Tour Operator determines that your physical or mental condition renders you unfit for travel or you represent a danger to yourself or others.

Pregnancy is considered a medical condition and must be disclosed to the Tour Operator at the time of booking. The Tour Operator may refuse to carry women who are over 24 weeks pregnant. The Tour Operator may refuse to carry anyone with certain medical conditions if reasonable accommodation or alternatives cannot be arranged.

In the event that you do not complete the required Medical Form or provide medical information reasonably required by the Tour Operator for any reason by the deadline indicated above, the Tour Operator reserves the right to cancel your booking and all applicable cancellation fees will apply.

You are responsible for assessing whether a Tour is suitable for you. You should consult your physician to confirm your fitness for travel and participation in any planned activities. You should seek your physician's advice on vaccinations and medical precautions. The Tour Operator does not provide medical advice. It is your responsibility to assess the risks and requirements of each aspect of the Tour based on your own unique circumstances, limitations, fitness level and medical requirements.

Travel with the Tour Operator may involve visiting remote or developing regions, where medical care may not be easily accessible and medical facilities may not meet the standards of those found in your home country. The condition of medical facilities in the countries you may visit on your Tour varies and the Tour Operator makes no representations and gives no warranties in relation to the availability or standard of medical facilities in those regions.

5. SPECIAL REQUIREMENTS

Any special requirements must be disclosed to the Tour Operator at the time of booking. The Tour Operator will use reasonable efforts to accommodate special requirements or requests but this is not always possible given the nature of the destinations visited and availability of options outside a planned itinerary. Certain activities may be inaccessible to you if your mobility is limited in any way. All food allergies and dietary restrictions must be disclosed to the Tour Operator at the time of booking but the Tour Operator cannot guarantee that dietary needs or restrictions can be accommodated. Any special requests or requirements do not form part of the contract between you and the Tour Operator and the Tour Operator is not liable for any failure to accommodate or fulfill such requests.

6. AGE REQUIREMENTS

Anyone under the age of 18 on the date of first travel is considered to be a minor. Minors must always be accompanied by an adult. One adult may accompany up to two minors. Unless otherwise

indicated in the Tour description or by the Tour Operator, the minimum age for minors travelling on any Tour is 12 years old.

All bookings with a minor are subject to review and approval by the Tour Operator. If the consent of a parent, guardian or any other person is required by applicable law for any minor to travel, the accompanying adult is responsible for securing all consents, documentation and ensuring that they and the minor(s) meet all legal requirements to travel, to enter into and depart from applicable countries and regions. The Tour Operator will not be responsible for any fees, damages, or losses incurred as a result of any failure to secure necessary consents, permits, and approvals.

Each adult on a booking with a minor or minor(s) is jointly and severally responsible for the behavior, wellbeing, supervision and monitoring of such minor(s), and jointly and severally accepts these Terms for and on behalf of any minor(s) on their booking, including all assumptions of risk and limitations of liability. The Tour Operator does not provide care services for minors and expressly disclaims any responsibility for chaperoning or controlling any minor(s).

7. MANDATORY INSURANCE REQUIREMENTS

You must have travel insurance with a minimum medical, evacuation and repatriation coverage of US\$200,000 covering all applicable dates of travel with the Tour Operator. This insurance must cover personal injury and emergency medical expenses. On the first day of each Tour, a representative of the Tour Operator will verify that you have sufficient insurance in place. You acknowledge that insurance coverage is not included in the cost of any Tour offered by the Tour Operator and you are required to obtain separate coverage at an additional cost. It is your responsibility to ensure that you have sufficient coverage and comply with the terms of the applicable insurance plans. You are responsible for advising your insurer of the type of travel, destination(s) and activities included in your booking so that the insurer may provide appropriate coverage.

8. OPTIONAL INSURANCE

We also advise you to purchase a travel protection plan to cover all non-refundable trip expenses. If you decline, you will personally assume full responsibility for any financial loss associated with your travel arrangements, and you could lose your travel investment and/or have to pay more money to correct the situation. For example, you will suffer a loss if: (i) your flight has been cancelled and your Tour is nonrefundable; (ii) you need to cancel your trip due to illness; (iii) a hurricane, volcano or earthquake occurs while traveling and you are stranded; (iv) a terrorist incident occurs at the destination you planned on visiting; (v) your bags are lost and your medication is in them, and you need to have an emergency prescription filled; or (vi) your passport and wallet are stolen, and you need emergency cash and a replacement passport.

9. PRICES, SURCHARGES AND TAXES

The Tour Operator will not increase the price of your Tour after you have paid in full. Tours are priced and advertised inclusive of applicable taxes.

From time-to-time the Tour Operator (or G Adventures US, as its agent) may offer reduced pricing on certain products or services. Reduced pricing applies only to new bookings. Bookings where payment of at least a deposit has been received by the Tour Operator are not entitled to reduced pricing.

10. VALIDITY

All dates, itineraries and prices of Tours are subject to change at any time and the current price will be quoted and confirmed at the time of booking, subject to any surcharges that may be levied in accordance with these Terms.

You acknowledge that you are responsible for keeping up to date on the specific details of your Tour and any other products or services, including, but not limited to checking the Tour Operator's website at least 72 hours prior to departure as minor changes may have been made after the time of booking.

11. DEPOSITS

At the time of booking, a non-refundable deposit in the amount specified in the chart below, as applicable, per person per Tour is due to the Tour Operator. If the booking is made 60 days or less prior to departure, full payment is due at the time of booking. The non-refundable deposit should be sent to the Tour Operator or authorized agent, as applicable.

	USD
18-to-Thirty Somethings	250
Classic	350
Active	350
Family	350
Local Living	350
Marine	350
National Geographic Journeys	250
Rail	350
Expedition	1000

For certain products or services offered by the Tour Operator, including TailorMade (see 29(E) below), alternative deposit terms apply. Deposits paid for TailorMade will not be held as a Lifetime Deposit. See Section 29(E) of these Terms for further details.

Certain products or services offered by the Tour Operator may require you to make full payment at the time of booking. The Tour Operator will advise you of any such requirements prior to confirmation of the applicable booking.

Lifetime Deposits: If you cancel your booking, and that cancellation is not a result of nonpayment or any other breach of these Terms, the deposit amount will be held as a "Lifetime Deposit" with the Tour Operator, subject to these Terms. Lifetime Deposits have no expiry and may be applied towards payment of a deposit on any other Tour offered by the Tour Operator. The Lifetime Deposit is transferable and may be transferred by you to another individual of your choosing by providing notice to the Tour Operator in writing.

For the avoidance of doubt, only the deposit amount will form part of the Lifetime Deposit. The Lifetime Deposit has no cash value. Only one Lifetime Deposit may be applied per person per product booked. A Lifetime Deposit must be applied to a new Tour booking that is of equal or greater value to the cancelled Tour for which the Lifetime Deposit was originally received. A Lifetime Deposit may not be applied to the same or similar dates of travel.

12. DETAILS REQUIRED FOR BOOKING

As a condition of booking, you must provide the information requested by the Tour Operator along with final payment. If you fail to supply information required by the Tour Operator for air tickets, permits, or other inclusions, you will also be liable for any costs, fees or losses including failure to obtain or provide that inclusion. In the event that you fail to supply information required by the Tour Operator, the Tour Operator also reserves the right to treat your booking (or the relevant component of your booking) as cancelled and levy any cancellation fees deemed reasonable by the Tour Operator, in its sole discretion. The information required by the Tour Operator will vary by Tour and will be communicated to you or to the Tour Operator's authorized agent during the booking process. The Tour Operator will not be held responsible for any fees you incur as a result of errors, omissions, inaccuracies, late, misplaced or otherwise incomplete information you have provided.

13. AIRFARE

Tour prices do not include international or other airfare unless

expressly mentioned in the Tour's descriptions. The Tour Operator will quote the best price available for the travel dates requested at the time the quote is prepared. Quotes provide an estimate only and are not a firm price commitment by the Tour Operator or the applicable air carrier(s).

The Tour Operator acts only as a sales agent for the applicable air carrier and the air carrier's terms and conditions apply to the purchase and use of the air travel ticket. Please consult the air carrier's applicable terms and conditions and conditions of carriage for complete information including applicable cancellation terms. The Tour Operator is not responsible for changes in air itineraries or flight times and does not provide advice or alerts regarding air travel tickets, flight status or delays.

14. FINAL PAYMENT & ACCEPTANCE OF BOOKING

The confirmation sent by the Tour Operator or your travel agent will contain details of final payment required for any booking. Payment of the balance of the price for any products or services booked (excluding Expedition -- see 29(C) below and TailorMade -- see 29(E) below) is due 60 days before the departure date of the first product or service included in the applicable booking. If full payment is not received by the applicable due date, the Tour Operator may, at its sole discretion, change the rate payable for the booking, or treat the booking as cancelled and retain the deposit paid on booking as a cancellation fee. If a booking is made less than 60 days before the departure date of the first product included in the applicable booking, then the full amount must be paid at the time of booking. If, for any product or service booked, payment terms differ from those outlined in this section, the applicable terms will be communicated to you prior to booking and will also be detailed on the applicable invoice.

The Tour Operator is not responsible for any charges levied by third parties or financial institutions and payable by you as a result of credit card or other payment transactions and will not refund or return any fees charged by third parties or financial institutions in connection with payments made by you to the Tour Operator.

15. CANCELLATION BY THE PARTICIPANT

You may cancel your booking by notifying the Tour Operator. Cancellation fees, if any, will be determined with reference to the date on which notice of cancellation is received by the Tour Operator and are expressed as a percentage of the total price paid for the cancelled Tour, product or service (excluding any insurance products).

Cancellation of a Tour:

- (a) Cancellation received 60 days or more before departure of first product or service in relevant booking: Lifetime Deposit will be held by the Tour Operator in accordance with these Terms, the remainder of the payments made to the Tour Operator in respect of the cancelled product will be refunded.
- (b) Cancellation received 30-59 days before departure of first product or service in relevant booking: Lifetime Deposit will be held by the Tour Operator in accordance with these Terms, an amount equal to 50% of the remainder of the payments made to the Tour Operator in respect of the cancelled Tour will be refunded.
- (c) Cancellation less than 30 days before departure of first product or service in relevant booking: Lifetime Deposit will be held by the Tour Operator in accordance with these Terms, and no further refund will be payable.

For certain products or services offered by the Tour Operator, including bookings on or related to the Expedition (see 29(C) below and TailorMade (see 29(E) below), alternative cancellation terms may apply. The Tour Operator will advise you of any such requirements prior to confirmation of the applicable booking.

Cancellation of Arrival Transfers, Pre and Post Night Accommodations, My Own Room and optional activities booked directly with the Tour Operator:

- (a) Cancellation 31 days or more before departure: you will receive a full refund in respect of cancelled Arrival Transfers, Pre and Post Night Accommodations, My Own Room and optional activities.
- (b) Cancellation 30 days or less before departure: No refund will be payable in respect of any cancelled Arrival Transfers, Pre and Post Night Accommodations, My Own Room and optional activities.

16. GUARANTEED DEPARTURES & CANCELLATION OF A TOUR BY THE TOUR OPERATOR

A departure date for a Tour offered by the Tour Operator will become a guaranteed departure when at least one booking secured by a valid deposit has been made on that departure.

The Tour Operator guarantees that all scheduled Tour departures booked and secured with a valid deposit will depart as indicated on the applicable confirmation, subject to reasonable itinerary changes as described in these Terms or good faith health and safety concerns. This guarantee is not applicable in the case of Force Majeure. Up to date Tour and itinerary information is available on the Tour Operator's website or by contacting the Tour Operator. Brochures and other printed materials displaying the information and departure dates are subject to change and may not be relied upon for purposes of this guarantee.

If a Tour is cancelled by the Tour Operator before the date of departure for reasons other than Force Majeure and the cancellation is not caused by your fault or negligence, you will have the choice of accepting from the Tour Operator:

- (a) a substitute Tour of equivalent or superior value; or
- (b) a substitute Tour of lesser value if no Tour of equivalent or superior value is reasonably available and to recover from the Tour Operator the difference in price between the price of the Tour originally purchased and the substitute Tour; or
- (c) a full refund of all monies paid for the cancelled Tour.

The Tour Operator is not responsible for any incidental expenses or consequential losses that you incur as a result of the cancelled booking, including visas, non-refundable flights or other travel, non-refundable car parking or other fees, loss of earnings, or loss of enjoyment. The Tour Operator reserves the right to issue a full refund in lieu of the choices above, in its sole discretion. Where a significant element of a Tour as described cannot be provided after departure, the Tour Operator will make suitable alternative arrangements where possible, or if it is not possible to provide a suitable alternative or if you reasonably reject any suitable alternatives, the Tour Operator may provide you with a refund for unused products or services as determined in its discretion.

17. TRAVEL DOCUMENTS

It is your responsibility to obtain and to have in your possession all the required documentation and identification required for departure and travel to your country or region. This includes a valid passport and all travel documents required by the relevant governmental authorities including all visas, permits and certificates (including but not limited to vaccination or medical certificates) and insurance policies. You must have a passport that is valid 6 months after the last date of travel with the Tour Operator as set out on your itinerary. You accept full responsibility for obtaining and securing all visas and permits prior to the start of the Tour, and you are solely responsible for the full amount of costs incurred as a result of missing or defective documentation. You agree that you are responsible for the full amount of any loss or expense incurred by the Tour Operator that is a direct result of your failure to secure or be in possession of proper travel documentation. The Tour Operator does not provide advice on travel documents and makes no representations or warranties as to the accuracy or completeness of any information provided

on visas, vaccinations, climate, clothing, baggage, or special equipment and you agree that the Tour Operator is not responsible for any errors or omissions in this information.

18. FLEXIBILITY & UNUSED SERVICES

You acknowledge that the nature of adventure travel requires flexibility and acknowledge that you will permit reasonable alterations to products, services or itineraries by the Tour Operator. The route, schedules, accommodations, activities, amenities and mode of transportation are subject to change without notice due to unforeseeable circumstances or events outside the control of the Tour Operator (including but not limited to Force Majeure, illness, mechanical breakdown, flight cancellations, strikes, political events and entry or border difficulties). No reimbursements, discounts or refunds will be issued for services that are missed or unused after departure due to no fault of the Tour Operator, including your removal from a Tour because of your negligence or breach of these Terms.

19. CHANGES

Changes made by the Tour Operator: The Tour Operator may modify your itinerary where reasonably required in its sole discretion. If the Tour Operator makes a change affecting at least one in three full days of the itinerary or which materially affects the character of a product or service in its entirety (a "Material Change"), the Tour Operator will provide notice to you as soon as reasonably possible, provided that there is sufficient time to do so before departure. If a Material Change is made more than 14 days before departure, you may choose to:

- i) accept the Material Change and proceed with the amended product or service;
- ii) book another product or service of equal or greater value, if available (you will be responsible for paying any difference in price); or
- iii) book another product or service of lesser value, if available (with a refund payable to you for the difference in price); or
- iv) cancel the amended product or service and receive a full refund for the land-only portion of the applicable product or service (a refund is not available for other products or services booked which are not subject to a Material Change).

You must notify the Tour Operator of your choice within 7 days of receiving notice or you will be deemed to accept the amended itinerary.

Once a Tour has departed, itinerary changes may be necessary as a result of unforeseen circumstances, operational concerns, or concerns for your health, safety, enjoyment or comfort. Any changes are at the discretion of the Tour Operator. You acknowledge that you must have reasonable financial resources to cover incidental expenses during all travel with the Tour Operator, whether or not such expenses arise from a change of itinerary, and the Tour Operator is not liable for your failure to prepare adequately for travel and unforeseen circumstances which may arise during travel. The Tour Operator will not be liable for any indirect and/or consequential losses associated with any changes to a booking or itinerary.

Changes made by you: You are responsible for ensuring that information provided to the Tour Operator is accurate and up-to-date. Any changes to your name on any booking are subject to the Tour Operator's approval. Any changes to a booking depend on availability and are subject to the Tour Operator's approval and these Terms. Any extra costs incurred for making the change will be charged to you along with an administrative fee. Cancellation of any Tour, product or service included in a booking will not be considered a change for purposes of this section and will be governed by the applicable cancellation terms. No changes are permitted to any booking within 10 days of departure of the first product or service on the applicable booking.

20. ACCEPTANCE OF RISK

You acknowledge that adventure travel and the products and services offered by the Tour Operator may involve a significant amount of risk to your health and safety. By traveling with the Tour Operator, you acknowledge that you have considered any potential risks to health and safety. You hereby assume responsibility for all such risks and release the Tour Operator from all claims and claims of action arising from any losses, damages or injuries or death resulting from risks inherent in travel, including adventure travel specifically, visiting foreign destinations, and participating in adventurous activities such as those included in Tour itineraries or otherwise offered by the Tour Operator. The Tour Operator requires that you confirm your assumption of this responsibility by completing the participation waiver (the "Waiver") prior to departing on your tour. The Waiver is available at <https://www.gadventures.com/terms-conditions/participation-waiver/>.

You acknowledge that the degree and nature of personal risk involved depends on the products or services booked and the location(s) in which a product or service operates, and that there may be a significant degree of personal risk involved in participating, particularly participating in physical activities, travel to remote locations, carriage by watercraft, participation in "extreme sports" or other high-risk activities, or travel to countries with developing infrastructure. Standards of hygiene, accommodation and transport in certain countries where Tours take place are often lower than the standards you may reasonably expect in your home country or region. You agree that the Tour Operator is not responsible for providing information or guidance with respect to local customs, weather conditions, specific safety concerns, physical challenges or laws in effect in any locations where a Tour, product or service is operated. You acknowledge you have considered the potential risks, dangers and challenges and your own personal capabilities and needs, and you expressly assume the risks associated with travel under such conditions.

21. BEHAVIOR

You must at all times strictly comply with all applicable laws and regulations of all countries and regions. Should you fail to comply with the above or commit any illegal act when on Tour or, in the opinion of the Tour Operator, your conduct or behavior is causing or is likely to cause danger, distress or material annoyance to others, the Tour Operator may terminate your travel arrangements on any product or service immediately at your expense and without any liability on the Tour Operator's part. You will not be entitled to any refund for unused or missed services or costs incurred as a result of terminating any of your travel arrangements, including, without limitation, return travel, accommodations, meals, and incidentals.

You are responsible for any costs (including repair, replacement and cleaning fees) incurred by the Tour Operator or the Tour Operator's suppliers for property damage, destruction or theft caused by you while on a Tour. You agree to immediately report any pre-existing damage to a representative of the Tour Operator and staff of the accommodation, transportation service, or facility as soon as possible upon discovery.

You agree to take all prudent measures in relation to your own safety while on Tour including, but not limited to, the proper use of safety devices (including seatbelts, harnesses, flotation devices and helmets) and obeying all posted signs and oral or written warnings regarding health and safety. Neither the Tour Operator nor its Third Party Suppliers (as defined herein) are liable for loss or damages caused by your failure to comply with safety instructions or warnings.

22. THE TOUR OPERATOR IS NOT LIABLE FOR THIRD PARTY SUPPLIERS

The Tour Operator makes arrangements with accommodation providers, activity providers, airlines, cruise lines, coach companies, transfer services, shore excursion operators, tour and local guides, and other independent parties ("Third Party Suppliers") to provide you with some or all of the components of your booking. Third Party Suppliers may also engage the services of local operators and sub-contractors. The Tour Operator is unable to control Third Party Suppliers, and does not supervise Third Party Suppliers and therefore cannot be responsible for their acts or omissions. Any services provided by Third Party Suppliers are subject to the terms and conditions imposed by those Third Party Suppliers and their liability is limited by their tariffs, conditions of carriage, tickets and vouchers and international conventions and agreements that govern the provision of their services. These may limit or exclude liability of the Third Party Supplier. You acknowledge that Third Party Suppliers operate in compliance with the applicable laws of the countries in which they operate and the Tour Operator does not warrant that any Third Party Supplier is in compliance with the laws of your country of residence or any other jurisdiction.

The Tour Operator is not liable and will not assume responsibility for any claims, losses, damages, costs or expenses arising out of inconvenience, loss of enjoyment, upset, disappointment, distress or frustration, whether physical or mental, resulting from the act or omission of any party other than the Tour Operator and its employees.

The Tour Operator is not liable for the acts or omissions, whether negligent or otherwise, of Third Party Suppliers or any independent contractors.

23. OPTIONAL EXTRAS

"Optional Extras" refers to any activity, transportation, meal, product or service not expressly included in the Tour itinerary or price of the Tour and which does not form part of the Tour. You agree that any assistance given by the Tour Operator's representative(s) in arranging, selecting, or booking, any Optional Extras is purely at your request and the Tour Operator makes no warranties and expressly disclaims any liability whatsoever arising from participation in Optional Extras or any information provided by any representative of the Tour Operator regarding any Optional Extras. You release the Tour Operator from all claims and causes of action arising from any damages, loss of enjoyment, inconvenience, or injuries related to or arising from participation in or booking of Optional Extras.

You acknowledge and agree that any liability for loss, damages, death, personal injury, illness, emotional distress, mental suffering or psychological injury or loss of or damage to property associated with Optional Extras is the sole responsibility of the third party providing that service or activity.

24. LIABILITY

The Tour Operator and its parents, subsidiaries and their respective employees, affiliates, officers, directors, successors, representatives, and assigns shall not be held liable for (A) any damage to, or loss of, property or injury to, or death of, persons occasioned directly or indirectly by an act or omission of any other provider, including but not limited to any defect in any aircraft, watercraft, or vehicle operated or provided by such other provider; (B) any loss or damage due to delay, cancellation, or disruption in any manner caused by the laws, regulations, acts or failures to act, demands, orders, or interpositions of any government or any subdivision or agent thereof, or by acts of God, strikes, fire, flood, war, rebellion, terrorism, insurrection, sickness, quarantine, epidemics, theft, or any other cause(s) beyond their control; and (C) any loss due to default, cessation of operations, or bankruptcy of Third Party Suppliers. You waive any claim against the Tour Operator for any such loss, damage, injury, or death.

In the event that any loss, death, injury or illness is caused by the negligent acts or omissions of the Tour Operator or of the Third Party Suppliers of any services which form part of the booking contract then the Tour Operator limits its liability, where applicable by all applicable international conventions.

Carriage of passengers and their luggage by sea is governed by the Athens Convention relating to the Carriage of Passengers and their Luggage by Sea (PAL), as amended (the "Athens Convention") which is expressly incorporated into these Terms and any liability of the Tour Operator and the Carrier (as that term is defined in the Athens Convention) for death or personal injury or for loss or damage to luggage arising out of carriage by sea will be determined solely in accordance with this Convention. The Athens Convention limits the Carrier's liability for death or personal injury or loss or damage to luggage and makes special provision for valuables. It presumes that luggage has been delivered undamaged to the Guest unless written notice is given to the Tour Operator and/or the Carrier:

- (a) in the case of apparent damage, before or at the time of disembarkation or redelivery; or
- (b) in the case of damage which is not apparent or of loss, within 15 days from the date of disembarkation or redelivery or from the time when such redelivery should have taken place.

Any damage payable by the Tour Operator up to the Athens Convention limits will be reduced in proportion to any contributory negligence by you and by the maximum deductible specified in Article 8 (4) of the Athens Convention. Copies of the Athens Convention are available from the Tour Operator on request.

In so far as the Tour Operator may be liable to you in respect of claims arising out of carriage by sea, the Tour Operator is entitled to all the rights, defenses, immunities and limitations available, respectively, to the actual carrier and under the relevant Conventions, and nothing in these Terms will be deemed as a surrender thereof. To the extent that any provision in these Terms is made null and void by the Athens Convention or any legislation compulsorily applicable or is otherwise unenforceable, it shall be void to that extent but not further. The Tour Operator's liability will not at any time exceed that of the carrier under its Conditions of Carriage and applicable or incorporated conventions or other legislation. Any liability in respect of death and personal injury and loss of and damage to luggage by the Tour Operator may, however, whether under the contract with you in accordance with these Terms or otherwise, will always be subject to the limits of liability contained in the Athens Convention for death or personal injury.

Notwithstanding anything to the contrary elsewhere in these Terms, the Tour Operator will not in any circumstances be liable to you for any loss or anticipated loss of profit, loss of enjoyment, loss of revenue, loss of use, loss of contract or other opportunity nor for any other consequential or indirect loss or damage of a similar nature.

For claims not involving personal injury, death or illness or which are not subject to the Conventions referred to above, any liability of the Tour Operator may incur for the negligent acts or omissions of its suppliers will be limited to a maximum of the price which you paid for the applicable Tour, not including insurance premiums and administration charges. Where this relates to loss or damage to luggage and other personal possessions then the Tour Operator liability will not exceed \$1,000 CAD. The Tour Operator will not at any time be liable for any loss of or damage to valuables of any nature. You agree that you will be precluded from making a double recovery by making the same claims and seeking recovery against the Tour Operator and its suppliers, contractors or other third parties.

25. FORCE MAJEURE

The Tour Operator will not be liable in any way for death, bodily injury, illness, damage, delay or other loss or detriment to person or property, or financial costs both direct and indirect incurred, or for the Tour Operator failure to commence, perform or complete any duty owed to you if such death, delay, bodily injury (including emotional distress or injury), illness, damage or other loss or detriment to person or property is caused by an Act of God, war or war like operations, mechanical breakdowns, terrorist activities or threat thereof, civil commotions, labor difficulties, interference by authorities, political disturbance, hoaxes and where so ever any of the same may arise or be caused, riot, insurrection and government restraint, fire, extreme weather or any other cause whatsoever beyond the reasonable control of the Tour Operator; or an event which the Tour Operator and its Third Party Suppliers of services, even with due care, could not foresee and all of which, individually and collectively, constitute "Force Majeure".

26. GENERAL HAZARDS OF TRAVEL

We have no special knowledge regarding unsafe conditions, terrorism, health hazards, or weather hazards. For a worldwide terrorism alert affecting U.S. citizens, go to: <http://travel.state.gov/content/passports/en/alertswarnings/worldwide-caution.html>. For information about passports, visas, and possible dangers to your destinations, go to: <https://travel.state.gov/content/travel.html>, click on "Find International Travel Information, then click on "Country Information", and fill in the name of the destination country. For medical information, we recommend contacting the Centers for Disease Control at (877) FV-TRIP or go to <http://www.cdc.gov/travel>. You assume and accept complete responsibility for checking and verifying any and all conditions regarding health, safety, security, political stability, and labor or civil unrest at your destination and connecting points.

27. IMAGES AND MARKETING

You agree that, while participating in any Tour, images, photos or videos may be taken by other participants, the Tour Operator or its representatives, which may contain or feature you or your likeness. You consent to any such pictures being taken and grant a perpetual, royalty-free, worldwide, irrevocable license to the Tour Operator, its contractors, sub-contractors and assigns, to reproduce for any purpose whatsoever (including marketing, promotions and the creation of promotional materials by or with sub-licensees), in any medium whatsoever, whether currently known or hereinafter devised, without any further obligation or compensation payable to you.

28. PRIVACY POLICY

The Tour Operator must collect your personal information to deliver the Tour and any products or services booked. The Tour Operator collects, uses and discloses only that information reasonably required to enable the Tour Operator and its Third Party Suppliers to provide the particular Tour, products and/or services that you have requested as described in the Tour Operator's Privacy Policy, which can be accessed any time at <http://www.gadventures.com/terms-conditions/privacy/>. By submitting any personal information to the Tour Operator, you indicate your acceptance of the Tour Operator's Privacy Policy.

29. SEVERABILITY

If any provision of these Terms is so broad as to be unenforceable, such provision will be interpreted to be only so broad as is enforceable. The invalidity or unenforceability of any provision hereof will in no way affect the validity or enforceability of any other provision.

30. CONTRACT PARTIES & SUCCESSORS

These Terms will be deemed to be binding upon the parties and their respective heirs, legal and personal representatives, executors, estate trustees, successors and assigns.

31. COMPLAINTS

You agree to bring any complaints to the Tour Operator as soon as possible in order to provide the Tour Operator with the opportunity to properly address such complaint. You agree to inform your proper leader, another representative of the Tour Operator or the Tour Operator's customer service department directly. The Tour Operator assumes no liability for complaints that are not properly brought to the attention of the Tour Operator and cannot resolve or attempt to resolve complaints until proper notice is provided. Any complaint made after the completion of a Tour must be received in writing by the Tour Operator within 30 days of the last day of travel of the booking in question.

32. APPLICABLE LAW AND EXCLUSIVE JURISDICTION

The Contract and these Terms are subject to the laws of Ontario, Canada without regard to its conflicts of laws principles. YOU HEREBY CONSENT TO THE EXCLUSIVE JURISDICTION AND VENUE OF COURTS IN ONTARIO, CANADA, IN ALL DISPUTES ARISING OUT OF OR RELATING TO THESE TERMS.

33. WEBSITE OWNERSHIP RIGHTS

gadventures.com (the "Website") is owned and operated by G Adventures. The Website is protected by United States copyright law and international treaty provisions. You should assume that everything you see, read, or hear on the Website and third-party websites is copyrighted. You acknowledge that no title to the intellectual property in the Website is transferred to you. No material from the Website may be copied, reproduced, republished, uploaded, posted, transmitted or distributed in any way, except that you may download one copy of the materials on any single computer for your personal, non-commercial use only, provided that you keep intact all copyright and other proprietary notices appearing on such materials. You may not modify, or create derivative works based upon the Website or materials contained therein, in whole or in part. In the event you download software from the website, the software, including any files, images and data incorporated therein, are licensed to you by G Adventures. The collection, organization, and presentation of information and material on a Website and other linked sites are protected under applicable intellectual property laws. The trademarks, service marks, trade names and logos on the Website and third-party sites are G Adventures' intellectual property, whether registered or unregistered. All rights not expressly licensed hereunder are reserved by G Adventures or the respective property owners.

34. WARRANTY DISCLAIMER

THE WEBSITE AND ALL ELEMENTS THEREOF ARE PROVIDED ON AN "AS IS" BASIS WITHOUT ANY WARRANTY OF ANY KIND, EXPRESS OR IMPLIED. G ADVENTURES DISCLAIMS ALL WARRANTIES, EXPRESS OR IMPLIED, INCLUDING WITHOUT LIMITATION IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. G ADVENTURES DOES NOT WARRANT THAT THE FUNCTIONS CONTAINED IN THE WEBSITE WILL BE UNINTERRUPTED OR ERROR-FREE, THAT DEFECTS WILL BE CORRECTED, OR THAT THE WEBSITE OR THE SERVER THAT IT MAKES AVAILABLE ARE FREE OF VIRUSES OR OTHER HARMFUL COMPONENTS. G ADVENTURES DOES NOT ENDORSE, WARRANT, OR MAKE ANY REPRESENTATIONS REGARDING THE ACCURACY OR RELIABILITY OF ANY OF THE INFORMATION, PROMOTIONS, AND ADVERTISEMENTS ON THE WEBSITE (OR SENT TO YOU VIA E-MAIL) PROVIDED BY, ACCESSED FROM, DOWNLOADED FROM, EXTRACTED FROM, OR OTHERWISE ORIGINATING FROM PERSONS, ENTITIES, OR OTHER THIRD PARTIES, INCLUDING, WITHOUT LIMITATION, G ADVENTURES' USERS, TRAVEL AUTHORS AND EXPERTS, THIRD-PARTY WEBSITES,

DATABASES, TRAVEL AGENTS, VENDORS, AND MERCHANTS. YOU ACKNOWLEDGE AND AGREE THAT SUCH INFORMATION, PROMOTIONS, AND ADVERTISEMENTS MAY NOT BE ACCURATE, CORRECT, OR UP-TO-DATE. YOU (AND NOT G ADVENTURES) ASSUME THE RISK THAT SUCH INFORMATION IS INCORRECT. G ADVENTURES HAS NO RESPONSIBILITY TO AND ARE NOT LIABLE FOR FAILURE TO CHECK THE ACCURACY THEREOF PRIOR TO MAKING SUCH THIRD-PARTY INFORMATION AVAILABLE TO YOU. G ADVENTURES DOES NOT ENDORSE, WARRANT, OR MAKE ANY REPRESENTATIONS REGARDING THE QUALITY OF ANY PRODUCT, SERVICE, INFORMATION OR MATERIAL OBTAINED BY YOU FROM THE PARTIES PROVIDING ANY STATED INFORMATION, REPRESENTATIONS, WARRANTIES, OR RECOMMENDATIONS. SOME JURISDICTIONS DO NOT ALLOW LIMITATIONS ON IMPLIED WARRANTIES, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU. G ADVENTURES DOES NOT ENDORSE, WARRANT, OR MAKE ANY REPRESENTATIONS WITH RESPECT TO ANY OF THE PRODUCTS YOU MAY PURCHASE FROM A THIRD-PARTY VENDOR OR WEBSITE THROUGH THE WEBSITE. THE FOREGOING SHALL BE ENFORCEABLE TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW.

35. CORRECTION OF ERRORS

The information published on the Website may include inaccuracies or errors, including pricing errors. G Adventures does not guarantee the accuracy of, and disclaims all liability for, the errors or other inaccuracies relating to the information and description of the travel products displayed on the Website (including, without limitation, the pricing, photographs, lists of hotel amenities, and general product descriptions), much of which information is provided by G Adventures' suppliers. In addition, G Adventures expressly reserves the right to correct any pricing errors on the Website and/or on pending reservations made under an incorrect price. In such event, if available, G Adventures will offer you the opportunity to keep your pending reservation at the correct price or will cancel your reservation without penalty.

36. AMENDMENTS

The Tour Operator reserves the right to update or alter these Terms at any time, and will post the amended Terms on the Tour Operator's website at <http://gadventures.com/terms-conditions/>. Any amendment will take effect 10 days after being posted to the Tour Operator's website. An up to date copy of these Terms, as amended, may be accessed at any time on the Tour Operator's website and will be sent to you upon written request to the Tour Operator. You are deemed to have accepted any amendments to these Terms on the date that is 10 days after their posting on the Tour Operator's website. The Tour Operator recommends that you refer to the Terms prior to travel to familiarize themselves with the most up-to-date version available.

37. MISCELLANEOUS

These Terms are personal to you, and you may not assign these Terms or your rights or obligations hereunder to a third party without G Adventures' written consent. G Adventures' rights under these Terms may be assigned, and its duties may be delegated. You consent to G Adventures' recording of phone calls for quality control and fraud-prevention purposes. Any rights not expressly granted herein are reserved.

38. ADDITIONAL TERMS APPLICABLE TO CERTAIN TRAVEL STYLES

(A) FAMILY TOURS

The following terms and conditions will only apply if you are booking or traveling on Family Tours with the Tour Operator:

Family Tour Requirements: In order to book a Tour designated as a "Family Unit" by the Tour Operator, you must be travelling as part of a "Family Unit." A "Family Unit" is a group of two or more persons travelling and booking together, where at least one person is a minor in the care of at least one of the accompanying adults. One minor may accompany one or more adults for the purposes of being considered a Family Unit. The Tour Operator reserves the right to cancel the booking of anyone travelling or planning to travel on a Family Tour who, in the Tour Operator's sole discretion, do not properly constitute a Family Unit in accordance with this section or otherwise does not meet the Tour Operator's requirements for participation in a Family Tour.

(B) 18-TO-THIRYSOMETHINGS TOURS

The following terms and conditions will only apply if you are booking or traveling on 18-to-Thirtysomethings Tours with the Tour Operator:

To travel on a "18-to-Thirtysomethings" Tour, you must be at least 18 years of age as of the date of first travel and comply with any other age restrictions as may be promulgated from time to time by G Adventures.

(C) EXPEDITION

The following terms and conditions will only apply if you are booking or traveling on Expedition Tours with G Adventures:

Payment and Cancellation: Payment for the full amount due for any Expedition Tour is due 120 days before the departure date of the first product of service on your booking. If full payment is not received by the due date, the Tour Operator may change the rate payable or may treat the booking as cancelled and may, in its sole discretion, retain the deposit paid on booking as a cancellation fee. If a Tour is booked less than 120 days before the departure date, the first scheduled departure on your itinerary where an Expedition Tour is included, then the full amount is payable at the time of booking. If payment terms differ from those outlined in this section, the applicable terms will be communicated to you prior to booking and will also be detailed on your invoice.

You may cancel your booking by notifying the Tour Operator. Cancellation fees, if any, will be determined with reference to the date on which notice of cancellation is received by the Tour Operator and are expressed as a percentage of the total price paid for the cancelled Tour, product or service (excluding any insurance products).

Cancellation Terms for Expedition Trips:

- (a) Cancellation 90 days or more before first departure on relevant booking: Lifetime Deposit will be held by the Tour Operator in accordance with these Terms and the remainder of the payments to the Tour Operator for the cancelled Tour will be refunded.
- (b) Cancellation 60-89 days before first departure on relevant booking: Lifetime Deposit will be held by the Tour Operator in accordance with these Terms and an amount equal to 50% of the remainder of the payments made to the Tour Operator for the cancelled Tour will be refunded.
- (c) Cancellation less than 60 days before first departure on relevant booking: Lifetime Deposit will be held by the Tour Operator in accordance with these Terms and no further refund will be payable.

Cancellation of Pre and Post Cruise Accommodations, Add-On Packages, Kayaking, Camping, and Theme Packs:

- (a) Cancellation 60 days or more before first departure on relevant booking: 30% deposit will be held by the Tour Operator in accordance with these Terms and the remainder of the payments to the Tour Operator for the cancelled Tour will be refunded.
- (b) Cancellation less than 60 days before first departure on relevant booking: no refund is payable.

Expedition Service Providers:

The vessel used in Expedition Tours carries onboard service providers, including but not limited to medical staff, son, personal or entertainers who operate as independent contractors. Their services and products are charged as Optional Extras and they

contract directly with you to provide any products and services you request. Neither the Tour Operator nor the Carrier is responsible for these Optional Extras and will not be liable for the acts or omissions of these service providers.

Shore excursions on Expedition Tours ("Shore Excursions") are subject to their own set of terms and conditions, separate and apart from these Terms, and may be reserved after an Expedition Tour has been booked and confirmed. It is your responsibility to ensure that you are fit to participate in Shore Excursions.

(D) NATIONAL GEOGRAPHIC JOURNEYS WITH G ADVENTURES AND NATIONAL GEOGRAPHIC FAMILY JOURNEYS

The following terms and conditions will only apply if you are booking or traveling on a National Geographic Journeys with G Adventures or a National Geographic Family Journeys Tour:

National Geographic Partners, LLC (for purposes of these Terms, collectively "NGP") will provide editorial enrichment as outlined in its catalog and on its website (nationalgeographicjourneys.com) and has licensed G Adventures to organize and administer National Geographic Journeys tours. The Tour Operator is solely responsible for arranging and providing all the services and accommodations offered to you in connection with the Tour.

By booking or traveling on a Tour, you certify that you do not have any mental, physical, or other condition that would create a hazard for yourself or other participants. NGP and the Tour Operator reserve the right in their sole discretion to accept, decline or remove any person on a Tour. NGP and the Tour Operator reserve the right, without penalty, to make changes in the published itinerary whenever, in their judgment, they deem it necessary for your comfort, convenience, or safety and in accordance with these Terms.

NGP, ITS PARENTS, SUBSIDIARIES AND THEIR RESPECTIVE EMPLOYEES, AFFILIATES, OFFICERS, DIRECTORS, SUCCESSORS, REPRESENTATIVES AND ASSIGNS (COLLECTIVELY DEFINED AS "NATIONAL GEOGRAPHIC") ARE NOT LIABLE AND WILL NOT ASSUME RESPONSIBILITY FOR ANY CLAIMS, LOSSES, DAMAGES, COSTS OR EXPENSES ARISING OUT OF INCONVENIENCE, LOSS OF ENJOYMENT, UPSET, DISAPPOINTMENT, DISTRESS OR FRUSTRATION, WHETHER PHYSICAL OR MENTAL, RESULTING FROM THE ACT OR OMISSION OF ANY PARTY.

National Geographic shall not be held liable for (A) any damage to, or loss of, property or injury to, or death of, persons occasioned directly or indirectly by an act or omission of any other provider, including but not limited to any defect in any aircraft, watercraft, or vehicle operated or provided by such other provider; and (B) any loss or damage due to delay, cancellation, or disruption in any manner caused by the laws, regulations, acts or failures to act, demands, orders, or interpositions of any government or any subdivision or agent thereof, or by acts of God, strikes, fire, flood, war, rebellion, terrorism, insurrection, sickness, quarantine, epidemics, theft, or any other cause(s) beyond their control. You waive any claim against National Geographic for any such loss, damage, injury, or death.

The following terms and conditions will only apply if you are booking or traveling on a National Geographic Family Journeys Tour:

In order to book a National Geographic Family Journeys Tour, you must be travelling as part of a "Family Unit." A "Family Unit" is a group of two or more persons travelling and booking together, where at least one person is a minor in the care of at least one of the accompanying adults. One minor may accompany one or more adults for the purposes of being considered a Family Unit. The Tour Operator reserves the right to cancel the booking of anyone travelling or planning to travel on a National Geographic Family Journeys Tour who, in the Tour Operator's sole discretion, do not properly constitute a Family Unit in accordance with this section or otherwise does not meet the Tour Operator's requirements for participation in a National Geographic Family Journeys Tour.

(E) TAILORMADE

The following terms and conditions will only apply if you are booking or travelling on TailorMade Tours with the Tour Operator:

Price Validity: Upon receipt of your TailorMade booking request the Tour Operator will provide you with a quote for the chosen Tour. Prices quoted for all TailorMade Tours are valid until the date indicated on the quote, after which time the Tour Operator reserves the right to provide you with a revised quote. Any modifications to a TailorMade itinerary, including dates or number of people travelling, will be subject to a revised quote.

Payment and Cancellation: Payment for the full amount due for any TailorMade Tours is due 90 days before the departure date of the first product of service on your booking. If full payment is not received by the due date, the Tour Operator may issue a new quote, including a change to the rate payable or may treat the booking as cancelled and may, in its sole discretion, retain the deposit paid on booking as a cancellation fee. If a Tour is booked less than 90 days before the departure date of the first product or service on your itinerary where TailorMade is included, then the full amount is payable at the time of booking.

In addition to the deposit, certain elements of your TailorMade Tour may be subject to higher or different charges (including different cancellation charges). These charges will be applicable solely when required by our suppliers. If this situation arises, the Tour Operator reserves the right to ask you to make payment of the requested sum within a certain period and prior to balance due date. These terms, if applicable, will be communicated to you prior to booking and will also be detailed on your invoice.

You may cancel your booking by notifying the Tour Operator. Cancellation fees, if any, will be determined with reference to the date on which notice of cancellation is received by the Tour Operator and are expressed as a percentage of the total price paid for the cancelled Tour, product or service (excluding any insurance or air products).

Deposit Terms for TailorMade:

At the time of booking, a non-refundable deposit in the amount of 30% of the Tour price, per person per Tour is due to the Tour Operator. If the booking is made 90 days or less prior to departure, full payment is due the time of booking. The non-refundable deposit should be sent to the Tour Operator or authorized agent, as applicable. Deposits paid in respect of a TailorMade trip will not be held as a Lifetime Deposit.

A Lifetime Deposit held in full with the Tour Operator may be applied toward the 30% deposit required for TailorMade, however, in the event of a cancellation that results in the loss of deposit the Lifetime Deposit will not be refunded or reinstated.

Cancellation Terms for TailorMade:

- (a) Cancellation 90 days or more before first departure on relevant booking: 30% deposit will be held by the Tour Operator in accordance with these Terms and the remainder of the payments to the Tour Operator for the cancelled Tour will be refunded.
- (b) Cancellation 60-89 days before first departure on relevant booking: An amount equal to 50% of the Tour price of the cancelled Tour will be refunded.
- (c) Cancellation less than 60 days before first departure on relevant booking: No refund will be payable

TailorMade



Angkor Wat's ancient history comes alive with a G Adventures CEO by your side.



Every bite's a delight in Sarapiquí, Costa Rica.

Create your own private adventure from a selection of unique itineraries that can be tailored to exactly what you like and how you want to see the world.



We herd you like spotting elephants in South Africa's Kruger National Park.

TailorMade features

- › Pick from our selection of customizable tours in 11 destinations
- › Travel by yourself, with a friend or a group
- › Choose your pace, tour length, and date
- › Make the tour yours by customizing activities, your preferred method of transportation, and where you stay
- › Be your own guide or let one of our skilled Chief Experience Officers (CEOs) lead the way
- › For groups of eight or more some exceptions may apply

Learn more about how TailorMade works.

Visit gadventures.com/tailormade



Looking for some of Quito's best art? Take to the streets!



Day Tours

A day in the life of our world.

When it comes to small group travel, we like to think bigger. That's why every experience you'll have with us offers more meaning — each is created to bring you closer to our world.

And on a G Adventures Day Tour, it's no different.

Designed to be one-day-or-less introductions to our world, we've created and curated Day Tours to bring you the very best of our planet — whether or not it's part of a multi-day tour.

Start your trip off on the right foot by adding one before your tour, or extend your journey by taking one at the very end. And when you want the G Adventures experience without committing to a multi-day trip, book one on its own. It's time to experience our world, one day at a time.



It doesn't get any fresher, or more local, than market eats when you're in Bangkok.

Choose from seven unique types of Day Tours:

City Highlights

Skip straight to local best-ofs, and see some you've never even heard of.

Food & Wine

Discovery starts with your taste buds on these culinary-based tours.

Hiking & Cycling

Stay off the sidewalk and see another side to these incredible destinations.

History & Culture

Uncover what they skimmed over in school — no textbooks required.

Nature & Wildlife

Experience the best of Mother Nature, camera in tow.

Shopping & Shows

Tours that bring you to your feet, whether it's to browse market stalls or watch local live entertainment.

River Cruises

Slow it down and learn about life on our world's most beautiful waterways.

To learn more visit gadventures.com/day-tours.



Black tie optional, penguin suits mandatory in Cape Town.

Having the time of your life, made easy.



In India, airport transfers are done by Women on Wheels, a G Adventures-supported program that employs women from resource-poor communities.



We'll take care of your whole trip and then some.

There's more to a G Adventures tour than just the itinerary. We have little ways you can personalize and enhance your once-in-a-lifetime experience. From erasing your map-reading stress to helping you get the right coverage for any "oops" situation, we've got you covered with the click of a button or quick chat on the phone. By taking care of these things before you go, conveniently all in one place, you get some extra peace of mind. Plus, you can stay in your bunny slippers.



We can book flights that work for you — whether they match your tour dates, let you extend your stay, or even take you to a different city.

Personalize your tour

Throughout these pages, you'll find our tips for extra activities you can pre-book. No duds. No risky harnesses. No disappointments — because every suggestion is approved by G Adventures. From hot-air balloon rides to local cooking classes, there's a lot out there. Just look for "Personalize your tour" to make your adventure feel a little more yours.

Extend your stay

There's lots to see on all of our itineraries. But if you want an extra day to explore Bangkok before your tour kicks off, or another night to unwind in Lima at the end, you can book your pre- and post-trip accommodation at your start or end hotel. More free time, less packing.

Arrival transfer

Who wants to have to flag down taxis or wrangle local transit after a six-hour flight? We can help arrange your airport transfer in destination so you can get to your hotel easily and get exploring sooner.

Travel insurance

If there's one thing any sage traveller will recommend, it's to purchase travel insurance. We can find you the best coverage for your tour requirements and budget. Get just what you need by booking with us before you go.

Flights? We can book those, too.

Why book with us?

COMPETITIVE RATES

We work with more than 80 airlines worldwide so we can find you the right flight for the right price.

CONVENIENCE

Trip, flights, and insurance. Book it all with G Adventures and save yourself time and the hassle. Our dedicated experts are always ready to lend a hand. If you need extra nights booked at hotels or last-minute assistance, we can help.

COLLECT POINTS?

Just give us your frequent flyer information when you book and the points are yours.

UPGRADES

Don't be shy. Need that extra legroom? Really want to treat yourself to premium or business class? Just ask.

Book your flight with your tour online, or call us 24/7.



Looking to get more out of your Antarctic adventure? Sign up for kayaking ahead of your departure.



Unforgettable sunsets at Wadi Rum, Jordan.

Small group travel makes your world bigger.



The ultimate trekking challenge: Kilimanjaro.

Discover more when you're on
a tour that's right for you.

All G Adventures tours share a common love of adventure, but life-altering experiences come in a variety of flavours. To help you find your best fit faster, we bring common themes together into Travel Styles and special collections. No matter what kind of traveller you are, we've got an adventure that'll fit you just right.



Exploring the rainforest around Pacuare River in Costa Rica.

National Geographic Journeys

National Geographic Journeys with G Adventures takes you deeper into the cultures of the world's greatest places for meaningful encounters, interactions with knowledgeable local guides, and the freedom to roam, all within the structure and security of travelling in a small group.

National Geographic Family Journeys

Your family can now discover the world together, on the new National Geographic Family Journeys with G Adventures collection of trips. Featuring itineraries with pre-trip and on-trip activities inspired by National Geographic's expertise in photography and storytelling, wildlife, culture, history, and geography, these trips let families connect with the world and each other.

Classic

Looking for that sweet spot between independent backpacking and organized group tours? Congratulations; you found it. Classic tours combine the support and security of group travel, unbeatable variety, and the flexibility to go off-script when fate says, "Hey, let's do this."

Marine

There's adventure aplenty out there beyond the shore, but unless you've got gills or flippers, you'll need a ship to find them. Marine tours are designed for travellers of all stripes, from experienced cruisers and sailors to landlubbers who've never set foot on a boat. And they go just about everywhere there's water. If you can float there, you can go there.

18-to-Thirtysomethings

Youth is a limited-time offer. Get more out of yours with our 18-to-Thirtysomethings tours — fast-paced and affordable adventures designed for young travellers. Explore the world by day, stay up all night, and do it all again tomorrow someplace new with friends you'll want to hang on to forever. You've got the rest of your life to take it slow. Live fast now.

Active

Active adventures get you closer to the destination by letting you hike, bike, and multisport your way through it. We provide the equipment, the experts, and the opportunity, you provide the energy. On your mark. Get set. Go Active.

Rail

Before we took to the skies, we rode the rails. The steam locomotive connected the world like no technology that came before it, linking isolated communities to the big cities. The magic of train travel hasn't diminished with time, yet most of us have forgotten it. Climb aboard and see your world in a new way all over again.

Family

Open up the world of adventure travel for kids ages six and up by letting them experience their planet on their own terms. Everything is new and exciting when you're a kid; travel with yours and discover your world for the first time all over again.

Local Living

Always dreamed of getting deep inside one of the world's greatest or most out-there destinations? You can now. Unpack once on a Local Living tour and go undercover in some of the world's most interesting places in search of life as it's lived every day.

Wellness

Travel connects us — to our planet, to its people, and to ourselves. Wellness travel was created to recharge the body and nourish the mind. Our new Wellness tours offer the perfect balance of awe-inspiring destinations, rejuvenating activities, and healthy food experiences, helping you return home feeling even better than when you left.



Finding serenity in Chile.



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A jaw-dropping view of Yangshuo's famous limestone karst formations.

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Top sellers



The Inca Trail

7 days • From \$1079 • See page 28



Costa Rica Active Adventure

13 days • From \$1729 • See page 54



Mt Kilimanjaro Trek — Machame Route (8 Days)

8 days • From \$2899 • See page 110



New Zealand Multisport

22 days • From \$5149 • See page 102



Everest Base Camp Trek

15 days • From \$1499 • See page 84



Northern Thailand Hilltribes Trek

5 days • From \$369 • See page 97



Trekking Mont Blanc

10 days • From \$1849 • See page 70



Inca Discovery

8 days • From \$1329 • See page 30



Let's connect.

Connect with your group before you leave home, and get that ready-to-go feeling. Chat with your fellow travellers before, during, and after your trip, and prepare with packing lists, offline maps, and more. The G Adventures App lets you take care of the small stuff so you can feel ready to take on our big world.

Get to know your group.

Chat with your fellow travellers before, during, and after the trip — without having to share your personal information. And on tour, use the chat feature to connect with your CEO too.

Leave the paperwork at home.

Confirm details, like passport numbers and visas, ahead of time so you can leave more time for the fun stuff.

See what's to come.

Get excited for your upcoming trip with day-by-day breakdowns of your itinerary, including optional add-ons.

Don't forget your toothbrush.

Packing lists, available for every tour, help make sure you're ready to go wherever you're travelling.

MORE HANDY FEATURES:

- › Weather forecast
- › Exchange rate calculator
- › Offline maps
- › Visa requirements
- › Share photos and videos with your group

Download today from your phone's app store. For the latest features, visit gadventures.com/app.

Tour page reference

We stuff a lot of information into our tour pages so you'll know as much about your tour as possible. While browsing this brochure, check this foldout for quick explanations of our terms and ratings.

- 1 A quick at-a-glance summary of highlights you'll experience on this tour.
- 2 Included Your Moments (see page 8), meals, accommodations, and modes of transport.
- 3 A day-by-day breakdown of what you'll be doing on your tour. For full itineraries, visit our website or ask your travel agent.
- 4 Look here for suggestions on how to personalize your adventure with add-on options.
- 5 We guarantee all of our departures for every single tour. Once you've booked, paid, and received confirmation, your tour is locked-in to run. The bar chart indicates how frequently itineraries run monthly.
- 6 Each Active tour is classified according to the primary activity travellers will engage in. To learn more, check out the Hiking & Trekking (page 14), Cycling (page 16), and Multisport (page 18) FAQ's in this brochure.
- 7 How many days a tour runs as well as where it picks you up and drops you off.
- 8 The starting price of your adventure, excluding any options, add-ons, or extras. The "My Own Room" option. This indicates the additional price you'll pay to get your own room throughout the tour. (Some exceptions may apply.)
- 9 Use this code to find out more details online or from your travel agent.
- 10 Map and route. Starting point is indicated with an "S" and the end with an "E."
- 11 Indicates you will visit a G for Good project on this tour.
- 12 The Ripple Score lets you know the local impact of your trip by showing you a percentage of how often we've chosen a local business or service to create this tour.

AFRICA & THE MIDDLE EAST > KILIMANJARO, TANZANIA 115



Mt Kilimanjaro Trek — Lemosho Route

TREKKING

1 Highlights
> Marvel at the stunning scenery from Africa's highest mountain
> Camp along the trail
> Summit to Uhuru Peak at sunrise

2 What's Included
Your Moments: G for Good: Mochi Women's Cooperative Visit, Mochi: Welcome! Meet Your CEO and Group. [\(to learn more, see page 8\)](#)
8-day guided group trek up Mt Kilimanjaro's Lemosho Route with local guides, cooks and porters. Additional "acclimatization day" during ascent. All permits and fees. All transport between destinations and to/from included activities. **ACCOMMODATIONS** Simple hotel (2 nts), full-service alpine camping (7 nts). **TRANSPORT** Private minibus, trekking. **GROUP LEADER** Certified mountain guide, local representative, cook, porters. **MEALS** 9 breakfasts, 8 lunches, 7 dinners. Allow USD70-95 for meals not included.

3 ITINERARY
Take the challenging and less-travelled Lemosho route, considered by many to be the most beautiful path up the western branch of the mountain, to the Shira Plateau. This adventure starts off with a 4-day long days as you gain altitude, and has several days built in to help you acclimatize, improving your chances of making the summit. Enjoy the climb through unspoiled forests and meadows, and escape from high-alpine deserts as you enjoy spectacular views along the way to the summit.

4 DAY 1 AFRIQUE MOSHI Arrive at any time. **DAY 2 LONDOPOSSHI GATEWAY** **MUENBA CAMP** Begin the Lemosho trail of Mt Kilimanjaro, ending the day at the Mt Mkuu Campsite. (1B, 1L, 1D) **DAY 3 MTI MUKUUBWA CAMP** **SHIRA 1 CAMP** Climb into the moorland over the Shira ridge and down to the plateau and Shira 1 Camp. (1B, 1L, 1D) **DAY 4 SHIRA 1 CAMP** **SHIRA 2 CAMP** Travel across the Shira Plateau, with time for short acclimatization walks. (1B, 1L, 1D) **DAY 5 SHIRA 2 CAMP/BARANCO CAMP** Climb through rocky scree to the Lava Tower. Descend into the Great Baranco Valley to acclimatize and camp. (1B, 1L, 1D) **DAY 6 BARANCO CAMP/KARANGA CAMP** Tackle the Great Baranco trail up into the alpine desert of Karanga Valley. (1B, 1L, 1D) **DAY 7 KARANGA CAMP/BARAFU CAMP** Trek through the alpine desert up to Barafu Camp. Prepare for the midnight start of the summit attempt. (1B, 1L, 1D) **DAY 8 BARAFU CAMP/UMITATWASA CAMP** Begin the summit trek at midnight. Conquer the rim of the main crater, then cross the scree and snow to Uhuru Peak. Descend to Mweka Camp. (1B, 1L, 1D) **DAY 9 MWEKA CAMP/MWEKA GATE/MOSHI** Descend the slopes to Mweka Gate and receive a summit certificate. Continue to Mweka village, then on to Mochi. Opt for a massage after your trek. (1B, 1L, 1D) **DAY 10 MOSHI** Depart at any time. (1B)

5 PERSONALIZE YOUR TOUR
MOSHI MASSAGE: Let the Mochi Massages help you relax with a 30-minute massage right at your hotel. See [Personalize your tour](#) on page 111.

6 Guaranteed Departures
IF YOU'RE BOOKED, YOU'RE GOING
Number of departures / month.
Bar chart showing 12 departures per month.

7 10 DAYS — MOSHI TO MOSHI
Price: **\$3999**
Valid for Jan 5, 2020 departure.
OPTIONAL MY OWN ROOM: **\$319**
TOUR CODE: DTKL

8 IS THIS TOUR FOR ME? See back foldout.
TRAVEL STYLE: ACTIVE
TYPE: SMALL GROUP — MAX 12, AVG 8
SERVICE LEVEL: CAMPING
PHYSICAL RATING: 5 — CHALLENGING

9 Map and route. Starting point is indicated with an "S" and the end with an "E."

10 This tour supports a G FOR GOOD PROJECT
Ripple Score: 100

For all dates, pricing, availability, booking, and detailed itineraries, consult your travel agent or check online.

13 IS THIS TOUR FOR ME?

This section contains vital information about your tour. Check here to see if you've found your match.

Service Level

Camping:

- > Excellent value, amazing prices, quality experiences
- > Camping most nights with some hotel stays to start and throughout
- > Affordable public and private transport for maximum cultural interaction

Basic:

- > Excellent value, amazing prices, quality experiences
- > Simple and clean hotels, guesthouses, and hostels chosen for location and character
- > Affordable public and private transport for maximum cultural interaction
- > Plenty of optional activities tailored to your interests and budget

Standard:

- > Great value, reasonable prices, quality experiences
- > Comfortable and varied tourist-class accommodations chosen for location and character
- > Mix of public and private transport for the best overall experience
- > All the top highlights included, plus plenty of time to explore on your own

Upgraded:

- > All the adventure you want, with a softer landing
- > Handpicked, character-rich accommodations with upgraded amenities and services
- > Upgraded and private transport, including flights to maximize time
- > More included meals, activities, and transfers

Tour Type

Small Group: Group tours average about 12 travellers per departure. The maximum is usually no more than 16 (although aboard the *G Expedition*, it could be over 100).

Independent: Independent tours are either entire tours you take privately or solo extensions added onto a group tour. Local staff are available on standby 24/7.

Physical Demand

1 - Easy: You'll have to walk around on your own, climb some stairs, and carry your own bag. Easy does it.

2 - Light: There'll be some light walking and hiking. Suitable for most fitness levels. Nothing too challenging.

3 - Average: Tours may include activities like hiking, biking, rafting, or kayaking. No sweat, right?

4 - Demanding: You might encounter a few high-altitude hikes or other more strenuous activities. Pro tip: Put down that pastry, buster.

5 - Challenging: These tours include serious high-altitude treks, cycling, or other heavy exercise. For superhumans only. (Remember to pack your cape.)

G Adventures trips are generally not suitable for those with limited mobility, accessibility needs or restrictions. Please speak with a G Adventures representative to determine if a particular trip is suitable for you.

More information about the accommodation included in each trip is available on the G Adventures website (gadventures.com). While we strive to provide comprehensive descriptions, accommodation standards and ratings systems vary from country to country and may be different from those you are familiar with. If you have questions regarding accommodation, you can reach out a G Adventures representative at any time, 24/7.

Call us, we're open 24/7.

1877 390 9050
gadventures.com

Or contact your preferred travel agent.

G Adventures Inc.*

179 South St, 1st flr
Boston MA
02111 USA

Get social



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USD